

Biography – Natalia Kulawińska

Adventurer | Aspiring High-Altitude Mountain Guide | International Tour Leader

Natalia Kulawińska is a Polish adventurer, international tour leader, and aspiring high-altitude mountain guide with a deep passion for mountaineering, cultural exploration, and outdoor leadership.

Her journey began in Poland, where she completed two years of medical school before making the life-changing decision to take a sabbatical and travel through South America. What was intended to be a temporary adventure soon became a lifelong passion for the mountains and the people who call them home.

During her travels, Natalia spent six months living in Colombia, including two extraordinary months in the Amazon rainforest with the **Ticuna Indigenous community** in the village of **Arara**. Immersed in the local culture, she gained invaluable experience in wilderness living, resilience, and intercultural understanding.

Her travels eventually led her to **Huaraz, Peru**, internationally recognized as the gateway to the spectacular **Cordillera Blanca**. Inspired by its breathtaking landscapes and world-class climbing opportunities, Natalia dedicated herself to developing her mountaineering skills and guiding experience in the Peruvian Andes.

Today, Natalia works as an **International Tour Leader**, accompanying travelers from around the world on trekking, cultural, and mountaineering expeditions throughout Peru. She is committed to providing safe, professional, and unforgettable experiences while sharing her enthusiasm for the Andes, local cultures, and responsible adventure tourism.

Selected Climbs & Ascents

PL Poland – Tatra Mountains

 **Rysy** – 2,499 m / 8,199 ft (*Winter Ascent*)

 **Świnica** – 2,301 m / 7,549 ft (*Winter Ascent*)

 **Kozi Wierch** – 2,291 m / 7,516 ft (*Winter Ascent*)

 **Mięguszowiecki Szczyt Wielki** – 2,438 m / 7,999 ft (2 ascents
– Summer via the "Surdel" Route, UIAA V- / 5.7)

 **Mięguszowiecki Szczyt Czarny** – 2,410 m / 7,907 ft

 **Żabi Mnich** – 2,146 m / 7,041 ft (Solo Ascent)

PE Peru – Cordillera Blanca & Volcanic Range

 **Nevado Ishinca** – 5,530 m / 18,143 ft

 **Nevado Uta** – 5,875 m / 19,275 ft

 **Nevado Yanapaccha** – 5,460 m / 17,913 ft

 **Nevado Pisco** – 5,752 m / 18,871 ft

 **Nevado Vallunaraju** – 5,686 m / 18,655 ft

 **Misti Volcano** – 5,822 m / 19,101 ft

PE Peru – Cordillera Huayhuash Range

 **Nevado Pumarinri** – 5,330 m / 17,487 ft

 **Nevado Diablo Mudo** – 5,330 m / 17,487 ft

 **Huayhuash Trek – 11-Day Classic Program**

CL Chile – Patagonia

 **Torre Norte (Torres del Paine)** – 2,260 m / 7,415 ft

 Climbed the **Homenaje Route** (6a+ / 5.10a)

Areas of Expertise

 High-Altitude Trekking

 Alpine & Rock Climbing

 Mountaineering Expeditions

 International Tour Leadership

 Wilderness Safety

 Cultural Exchange & Sustainable Tourism

 Adventure Travel

Professional Focus

- ✓ International Tour Leadership
- ✓ High-Altitude Trekking
- ✓ Alpine Climbing
- ✓ Expedition Logistics
- ✓ Wilderness Safety
- ✓ Cultural & Adventure Travel

"The mountains are more than a destination—they are a way of life, a place of continuous learning, respect, and inspiration."

Personal Philosophy

"Every mountain teaches humility, every expedition builds character, and every journey creates connections that last a lifetime. My goal is to inspire others to explore the world's most beautiful landscapes safely, responsibly, and with respect for nature and local cultures."