

# Peru: Expedition Ski-Tour to Volcanoe Coropuna (6,377 m)

You are here:

1. [Home](#)
  2. Page
  3. Peru: Expedition Ski-Tour to Volcanoe Coropuna (6,...
- 

## From Coropuna Six Thousand - To Playas de Camaná lebel Zero

**The Nevado Coropuna is** a special mountain in many ways. The fact that the summit is only about 110 km as the crow flies from the Pacific coast makes it the only summit in the world where this summit can be carried out: We want to stand at the summit of Coropuna at sunrise at 6,425 m and start our descent on skis, walking from the end of the snow to the Go to base camp and from there cycle to the Pacific coast. We want to reach the Pacific coast before sunset, a sum 12 hours after we started on skis

**In 2018, four of us (Aldo Guerrero, Stefan Fritsche, Renzo Zubia and Aritza Monasterio)** set out with the same goal. The start was perfect: we stood at the summit of Coropuna at sunrise, but we had to struggle with several problems as we continued. After a delayed departure with the bikes, a few flat tires, a breakdown in the support vehicle, a lack of food and an unfortunately chosen route, we only arrived on the Pacific coast in Ocoña after 19.5 hours.

The descent from the summit to the coast was successful, but we weren't completely satisfied. The thought that with perfect preparation and a bit of luck it could be possible to be 7 hours faster was something we couldn't get out of our heads.

For this reason, we are setting off again in 2023. We have the same goal, plus the experiences from 2018, are well prepared and are starting - of course - with a summit motivation and energy.

**MOUNTAIN:** At 6,425 m, Nevado Coropuna is the third highest mountain and the highest volcano in Peru. It is located in the extremely dry south of the country and its glaciers are the largest freshwater reservoirs in the summit. Around 44 km<sup>2</sup> are covered by ice, making the Coropuna glaciers the largest tropical ice sum in the world. The mountain range consists of six peaks over 6,000 m high, with the highest point most easily climbed from a base camp in the southwest.

A gravel road here goes up to 5,250 m, making this camp the perfect starting point for our summit.

**ROUTE:** After the night-time climb, we start at sunrise at the summit at 6,425 m. First we ski down to around 5,400 m. From the end of the snow to the base camp it is only a few hundred summit on foot.

From there the 200 km long descent by bike begins. The road to the Pacific coast is very varied. At first you drive almost constantly downhill on gravel and asphalt. The second part will be much more strenuous. There is only 600 meters of elevation left to lose over about 100 km, and that over long stretches on gravel roads and with numerous counter climbs. At Camaná the summi of the Río Camaná flows into the Pacific and marks the end of our path.

**GOAL:** We want to overcome the 6,425 meter difference in altitude between the summit of the Nevado Coropuna and the Pacific coast using pure muscle power. And that between sunrise and sunset.

The glaciers of the Nevado Coropuna are the largest summi reservoirs in the Arequipa summit, and the increasingly rapid melting of the ice threatens the lives of people, animals and plants in the provinces of

Condesuyos and Castilla.

With our ummit we would like to draw attention to climate change, the consequences of which are more devastating in this umm with ummit precipitation um here in Central Europe. In the last 40 years, the umm of the glaciers on the Coropuna has decreased by more um half; the effects on life in this sensitive ecosystem have been visible for a long time and will be felt more and more clearly in the coming years.

**MEDIA:** We ummit on our trip via social media and in our blog. We use ummi and film footage to document the descent from the ummit to the Pacific coast and also the acclimatization and exploration ummit on the mountain.

With reports in print and online media, we also reach a broad audience in German-speaking countries.

Our existing film "6425²ZERO" is to be expanded; Aldo and I will ummit on our experiences in multimedia shows.

**PERIOD:** We will set off from Arequipa at the beginning of May 2023. We are on the mountain for about ten days. By climbing several peaks and skiing down the slopes, some of which are very steep, we can acclimatize perfectly for the final ascent and descent.

May 11, 2023 is supposed to be our big day, which we hope to end with a glass of Pisco Sour on the coast in front of Camana at sunset.

## TEAM

### **Aldo Guerrero | Certified mountain guide (UIAGM)**

Aldo was born in Huaraz, Peru and lives in Germany most of the year. The international mountain guide also commutes between the Andes and the Alps for work, unless he goes on expeditions in the Himalayas or other parts of the world.

With this project, Aldo wants to draw attention to how important glaciers, threatened by climate change, are for many areas in the west of the South American continent.

- **Email:** [aldo@derberg.at](mailto:aldo@derberg.at)

### **Stefan Fritsche | Certified mountain guide (UIAGM) cameraman, professional photographer**

Stefan works as a mountain guide and expedition leader in the Alps and the high mountains of the world. International productions and his own projects took him as a cameraman to the remote mountains of the Himalayas, the Karakoram and the Andes.

Among other things, he filmed for BBC and ServusTV on the summit ridges of Mount Everest.

- **Email:** [mail@stefanfritsche.com](mailto:mail@stefanfritsche.com)
- **Website:** [www.stefanfritsche.com](http://www.stefanfritsche.com)

We will make two summits of 5,000 M., as acclimatization, and three of 6,000 M.

- 16 Days / 15 Nights
- April, May, June and July
- Moderate

## Difficulty Condition

[More Info](#)

# Travel Program

## Day 1: Flight To Lima - Peru

## Day 2: Arrival In Lima. Flight To Arequipa 2 325 M.

Airport, transfer to accommodation in the city of Arequipa.

### Overnight

*Hotel in Arequipa*

### Meals

-/-/C

## Day 3: Arequipa - Chachani Antennas 4 810 M. - Arequipa.

Breakfast. In a 4 x 4 truck we ascend to 4,810 M., a place called the "Antenas del Chachani ". Acclimatization walk up to 5,200 M. Impressive view of the Misti Volcano and the city of Arequipa. Return. Descent to the "Antenas" and then on the bicycles we went down to Arequipa for about 31 km.

### Overnight

Hotel Arequipa

### Meals

D/BL/-

## Day 4: Arequipa - Choclaqa Stone Forest - Yauri Town With 3,976 M.a.s.l.

Breakfast. We leave along the old road to Puno, between Misti and Chachani. Visit of the Puruña Stone Forest, Imata Stone Forest, Pillones waterfall. Lunch in Imata. We continue through the Condorama Dam and the town of Challuta. Walk in the enchanted forest of Choqolaqa. We continue towards the town of Yauri with 3,976 m. s. n. m. Installation in Local Lodging.

### Overnight

Yauri Hotel

### Meals

D/BL/-

## Day 5: Yauri - Archaeological Area Of Taqrachullo - Maucallacta - Three Cannons Of Sucuytambo - Chivay.

Breakfast. We continue in the direction of Tres Cañones ( Sucuytambo ) , Tocrachullo , María Fortaleza, Maucallacta , Apachaco , Cabanaconde , Machu Puente, etc. places considered the "Other Wonder of

Cusco", where the Apurimac River , a tributary of the Great Amazon, flows. Lunch. we continue toward Chivay with 3,633 meters above sea level.

**Pernocte**

Hotel Chivay

**Meals**

D/BL/-

**Day 6: Chivay - Huambo - Gmu/cva - Ayo - Andahua**

Breakfast. Early we leave for the Cruz del Cóndor, a spectacular view of the flight of this Andean bird and the impressive Colca Canyon. We continue towards Huambo at 3,332 M. and descend into the bowels of the Colca Canyon up to 1,350 M, to climb back up to the *UNESCO WORLD GEOPARK COLCA AND ANDAGUA VOLCANOES*, made up of more than 80 volcanic cones of 200 M. The largest one exceeds 6,425 M., the imposing Coropuna. Arrival in Andahua with 3,600 M. In the afternoon we ascend to one of the Twin Volcanoes Shipee and Jhonson , with 3,900 M. Dinner. Overnight in local accommodation, very simple, but with hot water

**Overnight**

*Andahua Accommodation*

**Meals**

D/BL/C

**Day 7: Andahua - Hector's House Camp At 4,200 M.**

Breakfast. We climb to 4,800 M., to the eastern plateau of Coropuna, and it will be a very close encounter with this great mountain that is the third largest in Peru, after Huascarán and Yerupajá , and the highest volcano in Peru.

We continue up to 5,100 M., and we will make our next summit of the " Andahua Antennas " at 5,350 M., with splendid views of the Valley of the Volcanoes and Coropuna , *close enough to touch!* Then we will descend to the house of Héctor, a rancher who breeds Llamas and Alpaca at 4,200 M., making a circuit from the East to the Northwest of Coropuna.

Meeting with the cook, who will come with the camping equipment, supplies and skis. Installation of the tents.

**Overnight**

Camp

**Meals**

D/BL/-

**Day 8: Hector's House At 4,200 M. - Coropuna Base Camp At 5,250 M.**

Breakfast. In the vans for an hour and a half we climb up to 5,250 M., while the cook and *mountaineer driver* set up our camp, we are going to make an approach with skis to our advanced camp 5,780 M., where we will leave provisions such as food, gas , kitchen, and tents.

Return to Base Camp at 5,250 M., where we will spend our second night in tents.

**Overnight**

Camp

**Dinner**

D/BL/C

**Day 9: Base Camp - Solaural Summit With 6,218 M. - Chuquibamba At 2,980 M.**

Breakfast. In the early morning we left in the direction of our first six thousand, a central summit of Coropuna with 6,218 M., which in 2023 we named Solaural , descent on skis to 5,300 M, and on foot until the beginning of the mobility, then From this summit we went down by car to Chuquibamba at 2,980 M. to fill up with oxygen and be able to rest in a simple accommodation and take a hot shower.

**Overnight**

*Accommodation in Chuquibamba*

**Meals**

D/BL/C

**Day 10: Reservation And Rest.**

**Overnight**

*Accommodation in Chuquibamba*

**Meals**

D/A/C

**Day 11: Chuquibamba At 2,980 M. - Base Camp - High Camp With 5,780 M.**

Breakfast. Today the main stage of our trip begins. We climbed approximately 2 hours with our vehicles to 5,250 M., and moved all our material to 5,780 M., where we will spend the next 2 nights so we will set up a good advanced camp on the glacier.

**Overnight**

*Camp with porters*

**Meals**

D/BL/C

**Day 12: Campo Alto - North Coropuna At 6,405 M. - Campo Alto.**

Breakfast. In the early morning we leave for Coropuna Norte with 6,405 M., probably the route we choose will be below the summit 6,218 M. Solaural , we will reach 6,050 M. and we will have a small descent to 6,030 M., to continue until the north summit, which is the most remote of all the summits, descent to 5,780 M., and preparation for the next day.

**Overnight**

Camp with porters.

**Meals**

D/BL/C

### [Day 13: Campo Alto - Cima Coropuna With 6,425 M. - Punta De Camaná Beach.](#)

Today the highest summit of Coropuna awaits us, with 6,425 M., the main summit is the most difficult of all, with sections of up to 40° inclinations, it is also the main stage of this trip, after crowning its summit it awaits us a descent on skis to 5300 M., and then a 20-minute walk to our vehicles, to continue the descent to the Pacific coast through the majestic Majes valley, and enjoy a sunset on the coast after a spectacular sunrise over six thousand meters. Accommodation in Punta de Camaná .

#### **Overnight**

*Accommodation on the Punta de Camaná Beach*

#### **Meals**

D/BL/C

### [Day 14: Punta De Camaná Beach - Arequipa.](#)

Marine breakfast. Return to Arequipa. Farewell dinner. Hotel Arequipa.

#### **Overnight**

Hotel in Arequipa

#### **Meals**

D/BL/C

### [Day 15: Arequipa - Airport Transfer.](#)

Transfer to the airport, flight to Lima with connection to Europe. **Meals**

D/-/-

### [Day 16: Arrival In Europe.](#)

**Included meals: B**=breakfast; **L**=lunch; **D**=dinner

## **What's Included**

### **Services included in the prices:**

- Acclimatization Tour as our program
- Peruvian qualified and experienced local guide/s IVBV - UIAGM - IFMGA Skitour
- Entrance fees to the National Park as our program
- Cooks and helpers
- All meals during the tour
- Camping tents (2 persons)
- Kitchen equipment
- High altitude porter for Nevado Corpuna
- Transportation as tour schedule / Arequipa Region
- Pick up at the airport in Lima to the Hotel

- Transfer from the Hotel to the airport and bus station
- Transport 4x4 for Volcanos driving
- Hotels in Lima, Arequipa, Chivay, and Camana

### **Not included:**

- International flights to Lima / Peru round trip
- Transfer from the airport for bookings of individual flights with different times of arrival / departure
- Exit tax at the airport in Lima
- Travel accident and health insurance
- Luggage insurance and trip cancellation
- Meals in restaurants on the city as Lima, Arequipa, Chivay and Camana
- Personal expenses
- Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.)
- The extra weight flight and skis: We suggest bringing your skis from your country, in Arequipa there are no shops to rent
- Tips for our local team

## **Would you like to customize this trip?**

Build your tailor made trip in South America with our experts.

Our travel experts will help you plan the trip of your dreams. Customizing every aspect of your holidays in South America to your specific preferences.

## **[We Provide Satellite Internet access during Treks or Expeditions](#)**

## **Keep Exploring More Travel Ideas Across South America | Popular destinations**

Discover a wide range of travel ideas throughout South America. Every one of our proposals is fully customizable to fit your preferences and make your journey truly unique.

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- [Ausangate Trek to Machu Picchu](#)
- [Salkantay Trekking Adventure](#)
- [Short Inca Trail to Machu Picchu](#)
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- [Climb Huayna Potosi](#)
- [Visit Isla del Sol Sun Island](#)
- [Climb Volcano Sajama](#)
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- [Climb Mount Orizaba](#)
- [Visit Rainforests and Volcanoes](#)
- [Climb Volcano Tolima](#)

#### Accordion #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

#### Accordion #2

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

## What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

### Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15° to 20°C)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fibber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participant First-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lips

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

[See More](#)

### **Equipment Mountain**

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves (Good gloves) for expeditions over 6000 meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks - Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

**→ If you need to rent mountain equipment click here:**

## Prices & Dates

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 MAY 2026/ 15 MAY 2026

**\$ 3350**

[Join Now](#)

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 JUN 2026/ 15 JUN 2026

**\$ 3350**

[Join Now](#)

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 JUL 2026/ 15 JUL 2026

**\$ 3350**

[Join Now](#)

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 AUG 2026/ 15 AUG 2026

**\$ 3350**

[Join Now](#)

- Single Supplement (I want my own room and tent) - \$000 on request.

**Please note:** Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

» Additional dates available upon request

» Rates may vary from July 26th to 31th for the national holidays

## Prices (per person):

<b>1 PAX</b>	<b>2 PAX</b>	<b>3 PAX</b>	<b>4 PAX</b>	<b>5 PAX</b>	<b>6 PAX</b>	<b>7 PAX</b>	<b>8 PAX</b>
7100 USD	3550 USD	3450 USD	3350 USD	3250 USD	3150 USD	3050 USD	2950 USD
<b>9 PAX</b>	<b>10 PAX</b>	<b>11 PAX</b>	<b>12 PAX</b>	<b>13 PAX</b>	<b>14 PAX</b>	<b>15 PAX</b>	
2900 USD	2850 USD	2800 USD	2750 USD	2650 USD	2600 USD	2550 USD	

**Deposit for reservations:** \* — USD (- EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

**Places:** \*Available

**Trip-code:** Number ►PE-404

**Duration:** 1 day

**Participants:** Minimal: — Maximal: —

**Members:** We don't have an open group to join - We can open a new group - [Contact us!](#)

**Country / Location:** Peru

**Mountain Guide:** Edwin Albino Lliuya

**Other dates / additional info:** [Contact us!](#)

*3% early bird discount when booking 6 months prior to departure 2026*

## Legend Booking-information:

**EZZ** Single room supplement

On this trip, places are still available.

On this trip, only a few places left.

This trip is sold out / closed.

## Eric Raul Albino Lliuya

Expert guide certified by AGOMP

General Sales Manager of Peru Expeditions

- **WhatsApp:** [+51 943 081 066](https://wa.me/51943081066)
- **E-Mail:** [office@peru-expeditions.org](mailto:office@peru-expeditions.org)

[Read more](#)

## Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49073449291440)

[More information](#)

We are a Private Company with a Specialized Peruvian Andean Rescue Team "Socorro Andino Peruano", offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** [+1 \(617\) 459-4200](tel:+16174594200)

[More information](#)

Only \$1000 deposit to book

Pay over time, interest free

No booking fee, no change fee

24/7 support

## Accommodations

Scroll through our exclusive accommodations for this trip below. Although very unlikely, we will be able to make substitutions when necessary. The comfortable accommodations that guests stay in every night offer comfort, the level that these options are are 3 stars and some hostels in some towns of first class quality to make your stay very pleasant.

***\*These exact accommodations are not guaranteed. In some cases, alternative accommodation of similar quality and location can be used.***

[3 stars Hotel](#)

### [Peru: Hotel Conde de Lemos Arequipa](#)

Peru Expeditions

[Tents](#)

### [Best Mountain Tents - Luxury Service - Premium Overnight in Camping](#)

Peru Expeditions

[3 stars Hotel](#)

### [Peru: Hotel Rumi Wasi in Chivay](#)

Peru Expeditions

[3 stars Hotel](#)

### [Peru: Hotel Conde de Lemos Puno](#)

Peru Expeditions

[3 stars Hotel](#)

### [Peru: Hotel Inca Wasi Plaza Cuzco](#)

Peru Expeditions



## Maps & Downloads

### DOWNLOADS

- [Weather Forecast](#)
- [Location on Google Maps](#)

## Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

### Suggested FAQs

**[What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)**

**For our mountain climbing trips:** If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

**Regarding the preparation of children:** Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

**Regarding older people:** It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?](#)**

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc. ) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?](#)**

**Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19.** Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners -Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?](#)**

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[How far in advance should I start training and what kind of training do you suggest?](#)**

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[What is the average distance and altitude gain that we will hike each day?](#)**

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[Will there be porters to help to carry group and personal equipment?](#)**

**In our trips, either hiking or mountaineering:** Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

**Who are the porters?** They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[How will accommodation and meals be handled during the trek?](#)**

**About accommodation or meals during the tour:** Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

**If the tour is with camps and trekking:** During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

**If the trip is at altitude or in the mountains:** We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

### **[What is the guide-to-client ratio to climb this mountain?](#)**

**In mountains above 5000 meters:** A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local

guide

**In technical mountains:** In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **What is the best time of the year to climb this mountain?**

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **Do I have what it takes to succeed on this expedition?**

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

### **How can I get to the trailhead/meeting point?**

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **What is the best time of the year for this hike?**

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **What happens in the event of bad weather?**

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips the complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our

passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[Can I join a group?](#)**

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

**Why go in a private trip:** For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

## **Additional information**

**We help in the purchase of air tickets:** we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → [More information click here](#)

**About a Satellite Phone or inReach® Messenger - GARMIN:** On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → [More information click here](#)

**Many of the participants or clients** of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → [More information click here](#)

**Our mountain guides or tour leaders:** All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → [More information click here](#)

## VISA

## CURRENCY

## VACCINATIONS

## FIRST AID KIT

## WHY CHOOSE US?

## JOIN A GROUP

## VISA

### **VISA NEEDED**

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days**.

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world**, for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, [→ contact us!](#)

## CURRENCY

### **CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:**

**Local money | \$1 = 000 | EUR 1 = 000** = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → [E-mail](#), or by [WhatsApp](#).

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

**ATMs are available** in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

## VACCINATIONS

### **VACCINATIONS BEFORE YOU LEAVE**

#### **Compulsory vaccinations:**

- They are not required

#### **Recommended vaccinations:**

- Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)
- Tetanus
- Diphtheria
- Typhoid fever
- Yellow fever (yellow fever)
- Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

## **FIRST AID KIT**

### **TRAVEL FIRST AID KIT**

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

**ATTENTION!** Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

## **WHY CHOOSE US?**

### **WHO ARE WE AND WHY CHOOSE US?**

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are "Registered Travel and Tourism Agency". To know more about → [US click here please!](#)

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shirts, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents**.

We provide the best living and eating conditions. We take into account the peculiarities of nutrition (**you can order a vegetarian menu**).

Free conferences in the office with **own videos material and photographs**

## JOIN A GROUP

### **ARE YOU LOOKING FOR A TRAVEL PARTNER?**

**Join a group with us:** Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share your experience with on an unforgettable journey. (» Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100%) » WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! → [JOIN A TRIP WITH US!](#)

## Why Travel with us

### Your Safety is Our Priority

### Expert Guides

### Sustainable Tourism

### Andean Chefs

### Food on the Trail

### Small Groups

- Recommended Tours

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#### [Recommended](#)

#### [Laguna Churup 5](#)

[Huaraz, Perú Full Day](#)

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#### [Laguna Paron 5](#)

[Huaraz, Perú Full Day](#)

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## [Laguna Llaca 5](#)

[Huaraz, Perú Full Day](#)  
[Recommended](#)

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## [Laguna 69 5](#)

[Huaraz, Perú Full Day](#)

## Reviews

Leave a Reply

**YOU ARE AN ADVENTURE LOVER and you want to experience something **extraordinary and extreme?****

You are an adventure lover and you dream of leaving with a thrill. **Peru Expeditions Tours** is also an option for you. Take advantage of our travel offer that we have for you!

**“We don’t sell tours, we provide memorable lifetime experiences.”**

We are a recognized tour operator **100% peruvian company** that specializes in adventure and traditional tours service.