

Trek Peru's Iconic Santa Cruz and Climb Alpamayo's Summit

This journey through the heart of Peru's Cordillera Blanca offers a blend of high-altitude trekking, impressive natural formations, and time among some of the Andes' most renowned peaks. The adventure begins with a gradual acclimatisation in Huaraz, where travellers prepare for the demanding trails ahead. The Santa Cruz Trek is the first significant stretch, guiding travellers through deep valleys, rugged paths, and the renowned Punta Union Pass, where clear skies reveal sweeping views of jagged mountains, glaciers, and the famous Alpamayo summit.

With acclimatisation complete, the route heads to the base of Alpamayo, where a challenging ascent awaits. Scaling the French route presents steep ice walls and rugged climbs, and those who reach the top are met with views across the valleys and towering ranges, with Quitaraju and Huascarán standing proudly nearby. Support from experienced local guides and porters allows climbers to focus on each step as they take in the stark beauty around them.

Following the Alpamayo climb, the final phase of the trip takes travellers to the towering Chopicalqui peak. As they traverse icy ridges and navigate through glacial passages, climbers encounter a landscape shaped by ice and time. The ascent demands focus and strength, but the sense of accomplishment that awaits on the summit is well worth it. With each stage of the journey, the Cordillera Blanca's rugged charm and Peru's mountain culture come alive, leaving travellers with an authentic taste of the Andes' untamed spirit.

Highlights

- Trek across Punta Union Pass, where views of the Cordillera Blanca's highest peaks stretch out across the horizon
 - Climb to the Alpamayo summit via the French route, scaling steep ice walls with Quitaraju and Huascarán visible from the top
 - Camp under the stars in the Santa Cruz Valley, surrounded by quiet mountain vistas and fresh Andean air
 - Traverse glacial crevasses and rugged ice fields on the challenging ascent to Chopicalqui's remote summit
 - Discover Huaraz's mountain culture with options for rock climbing and hot spring visits on rest days
- 20 Days/ 19 Nights
 - May to June
 - Difficult - demanding

Difficulty Condition

[More Info](#)

Travel Program

[Day 1: Explore Lima's Vibrant Atmosphere and Relax](#)

Your adventure begins as you land in Lima, Peru's bustling capital and the largest city in South America. With a vibrant mix of history and modern energy, Lima invites you to take in its unique charm. After a long journey, you'll have the chance to rest and settle in at your hotel, ideally for an accessible introduction to

the city.

Lima offers many things to see if you wish to explore. Stroll through the colourful streets, perhaps visiting the historic Plaza Mayor, known for its stunning architecture and lively atmosphere. Lima is also celebrated as a food destination for those curious about Peru's culinary scene, with a range of local and international options nearby.

Tonight, recharge at your hotel and prepare for the adventure ahead. Tomorrow, the journey moves toward the Andes, where you'll begin your high-altitude trekking experience in the scenic Cordillera Blanca.

Day 2: Discover the Route to Huaraz and the Cordillera Blanca

Today, you'll leave the bustling coastal city of Lima behind and travel north to Huaraz, nestled in the Andes at 3,100 metres above sea level. This scenic eight-hour bus ride takes you along the Pan American Highway, where you'll see Peru's striking desert coast before ascending into the mountains.

As the bus winds through the Cordillera Negra, keep your eyes open for your first glimpses of the towering peaks of the Cordillera Blanca. Passing through Conococha Pass at 4,020 metres, the journey offers a taste of what's to come with its rugged landscapes and dramatic vistas.

Once you arrive in Huaraz, relax and acclimate to the altitude. Your hotel in Huaraz provides a comfortable base as you prepare for the treks and climbs ahead in one of the world's premier highland adventure destinations.

Day 3: Explore Cordillera Negra on a Scenic Acclimatisation Hike

Begin your acclimatisation with a hike to Laguna Wilcacocha, a serene lake situated in the Cordillera Negra. At an altitude of 3,725 metres, this trek offers both a gentle challenge and spectacular views of the Cordillera Blanca. The surrounding landscapes provide a peaceful setting, perfect for adjusting to the higher altitude.

As you trek, enjoy panoramic views of iconic peaks like Huascarán, Chopicalqui, and Copa. Wildlife enthusiasts will appreciate the sight of native birds, including wild ducks that often inhabit the lake area, adding to the natural beauty of this scenic hike.

After your time at Laguna Wilcacocha, return to Huaraz for another restful night. This acclimatisation trek lays the groundwork for the challenging climbs ahead, easing your body into the altitude and offering a taste of the landscapes to come.

Day 4: Challenge Yourself on the Laguna Churup Hike

Today's adventure takes you on a challenging hike to Laguna Churup, located at 4,450 metres and known for its clear, turquoise waters and spectacular setting. You'll begin the journey with a private transfer to Pitec, followed by a hike along an ancient Inca trail leading through narrow, rugged paths with steep sections and fixed ropes.

Laguna Churup sits beneath its namesake peak, a stunning sight with towering cliffs and snowy glaciers. The climb is an ideal way to acclimatise further while taking in one of the most breathtaking lakes in the Cordillera Blanca region.

After exploring the lake and taking time to enjoy the crisp mountain air, you'll head back to Huaraz for a

comfortable night at your hotel, feeling ready for the days of trekking and climbing ahead.

Day 5: Ascend Nevado Mateo for Alpine Views

Embark on your first guided ascent with a climb to Nevado Mateo. This 5,150-metre peak offers a fantastic introduction to high-altitude mountaineering. Starting with an early morning transfer to Punta Olimpica Pass, you'll be guided along a route that provides sweeping views of neighbouring peaks and glacial landscapes.

This ascent, though challenging, is accessible for beginners and offers an excellent opportunity to gain experience at higher elevations. Accompanied by experienced guides, you'll be supported every step of the way, ensuring a safe and rewarding experience.

Return to Huaraz after your descent, where you can reflect on your first successful climb and prepare for the iconic treks and ascents.

Day 6: Cross Portachuelo Pass to Reach Amapampa Camp

Today, journey deeper into the heart of the Andes as you travel from Huaraz to Amapampa Camp, a scenic spot at 4,250 metres. The route takes you through the Santa Valley and past Yungay before ascending the Portachuelo Pass at 4,650 metres, where you'll enjoy sweeping views of the Cordillera Blanca.

From here, the trek leads toward the small village of Vaqueria, where pack animals will join the team, ready to assist with carrying equipment for the days ahead. A short trek then brings you to Amapampa Camp, where you'll spend your first night surrounded by impressive mountain vistas.

Settle in at camp, enjoy a warm meal, and prepare for the adventure of traversing the Santa Cruz Valley in the coming days.

Day 7: Reach New Heights at Punta Union and Alpamayo Camp

Today, the trek continues through the Santa Cruz Valley, leading to the iconic Punta Union Pass at 4,750 metres. This pass offers unmatched views over the valley, providing a spectacular vantage point for photos and a brief rest before you descend toward Taullipampa Camp.

From Taullipampa, the trail brings you closer to Alpamayo Base Camp, where you'll catch your first close-up of the striking Alpamayo peak, known for its sharp lines and towering presence. You'll camp here overnight, soaking in the atmosphere of this high-altitude base.

Enjoy the quiet of the mountains as you prepare for the climb to Alpamayo in the days ahead, where the challenge and rewards will intensify.

Day 8: Journey to Moraine Camp with the Alpamayo in Sight

Leaving Alpamayo Base Camp, you'll prepare for the next phase of your journey with a trek to Moraine Camp, situated at 4,900 metres. This ascent requires teamwork and support from local porters and guides, ensuring you can focus on the rugged trail ahead.

As you make your way across the moraine—a steep stretch of loose rock at the glacier's edge—you'll feel

the increasing elevation and isolation of the setting. The moraine provides a unique landscape shaped by glacial movement and erosion, offering a dramatic perspective.

Upon arrival at Moraine Camp, settle in for the night and prepare yourself mentally and physically for the challenges of the coming summit attempt.

Day 9: Position Yourself for Summit Day at High Camp

Today's climb to High Camp at 5,300 metres brings you face-to-face with the iconic Alpamayo peak. The route is steep and challenging, following glacier paths with spectacular views of the surrounding range.

As you approach High Camp, you'll sense the anticipation building for the summit attempt. The environment is stark and raw, with towering ice formations and the surrounding silence broken only by the sound of crampons on ice.

Settle in early for the night, as an early start is essential to make the summit push tomorrow. Your guides will review the final preparations, ensuring everyone is ready for the climb.

Day 10: Climb to the Top of the Alpamayo Ice Wall

The highlight of your journey has arrived as you set out before dawn to climb Alpamayo's towering ice face. Using the French route, you will ascend a challenging ice wall with angles ranging from 60 to 80 degrees. This exhilarating climb demands focus and determination.

As you approach the summit, a narrow ridge opens to panoramic views of Quitaraju and the expansive Cordillera Blanca. The climb is demanding, but the sense of achievement at the top is unparalleled, with breathtaking views stretching across the Andes.

Day 11: Rest and Recharge at the Base of Alpamayo

Today is a reserve day, allowing you time to rest or make adjustments due to weather conditions. This day provides flexibility, whether it's to relax after the Alpamayo summit or to adjust plans if conditions required an extra night at High Camp.

Enjoy the peaceful surroundings of Alpamayo Base Camp and use the time to fully recover. This additional day can also be used to re-acclimatise before the next part of the journey. Your guides will ensure you are prepared for the descent through the Santa Cruz Valley as you look ahead to the remainder of the expedition.

After taking in the sights, begin your descent back to High Camp. You can stay overnight or continue further down based on the group's energy levels.

Day 12: Return from Base Camp through Scenic Valleys

Today, you'll begin the journey back to civilisation with a scenic descent through the Santa Cruz Valley toward Cashapampa. The trail winds through lush landscapes, alpine meadows, and rocky trails, offering a new perspective on the route taken during the ascent.

As you move down to lower elevations, take in the flora and fauna of the valley, with the chance to spot

local wildlife and appreciate the distinct change in landscape. This leg of the trek takes around six hours, concluding at the village of Cashapampa.

A private transfer will be waiting to take you and your team back to Huaraz for a well-deserved night of comfort and relaxation at your hotel.

Day 13: Optional Rock Climbing and Hot Springs in Huaraz

Enjoy a relaxing day in Huaraz to recover from the physical demands of the Alpamayo expedition. This is an opportunity to rest, explore the town, or engage in optional activities designed to ease sore muscles and revitalise your spirit.

For those seeking a little more adventure, Huaraz offers nearby rock climbing at the well-known Chancas walls, with routes of varying difficulty levels set against a beautiful Andean backdrop. Alternatively, visit the local hot springs, which are perfect for soothing tired muscles in a tranquil natural setting.

Whatever you choose, this day provides the perfect balance between relaxation and exploration as you prepare for the final climb of your expedition.

Day 14: Transfer to Chopicalqui and Set Up Camp

Your next adventure begins as you depart from Huaraz and travel to the base of Chopicalqui, one of the region's most notable peaks. The journey starts with a scenic drive along Quebrada Llanganuco, offering stunning views of turquoise lakes and rugged mountain terrain.

Once at the trailhead, you'll begin a steady ascent toward Moraine Camp at 4,900 metres, a challenging trek that introduces you to the rugged terrain of Chopicalqui. As you climb, you'll pass through diverse landscapes, from rocky outcrops to patches of snow.

Settle in at Moraine Camp, where you'll prepare your gear and enjoy a meal under the Andean sky, ready for the climb ahead.

Day 15: Climb to Chopicalqui High Camp on the Glacier

Today, the journey takes you higher as you ascend to Chopicalqui High Camp, 5,350 metres. This stage of the climb crosses the rocky moraine and enters onto the glacier, where you'll navigate around crevasses and tackle the icy terrain with the guidance of your experienced team.

This ascent requires careful footwork and steady progress, with breathtaking views that expand with every step. The high camp provides a dramatic setting beneath the peak of Chopicalqui, surrounded by ice fields and towering ridges.

Spend the evening at High Camp, mentally and physically preparing for tomorrow's summit push. The early morning climb will be challenging, so rest well and enjoy the calm of the mountains.

Day 16: Reach Chopicalqui's Summit and Return to Base

Today is the ultimate test of endurance as you reach the summit of Chopicalqui at 6,354 metres. The climb begins early, requiring you to cross icy slopes, navigate steep crevasses, and tackle technical sections with

the support of fixed ropes.

The final stretch includes a steep 75-80° ice wall, a thrilling climb that will bring you to the summit, where sweeping views of the Cordillera Blanca and surrounding peaks await. Standing atop Chopicalqui, you can reflect on the journey and the effort that brought you to this moment.

After taking in the sights, descend to High Camp and continue down to Base Camp, where you'll spend the night celebrating the successful climb with your team.

Day 17: Descend to Huaraz for a Night of Rest

Today marks the end of your mountain adventure as you descend from Chopicalqui Base Camp back to the main road. The path takes you through Quebrada Llanganuco, retracing the journey taken days earlier, with one last opportunity to enjoy the towering peaks and deep valleys of the Cordillera Blanca.

Once you reach the valley, a private bus will be waiting to take you back to Huaraz. As you drive through the Andean landscapes, you'll have time to reflect on your climbs' experiences, challenges, and rewards to Alpamayo and Chopicalqui.

Upon arriving in Huaraz, settle into your hotel for a well-deserved night of rest, with the vibrant town providing a welcoming end to your expedition in the Peruvian Andes.

Day 18: Final Journey Back to Lima from Huaraz

Your time in Huaraz ends today as you begin the return trip to Lima. You have two options for the journey: a scenic eight-hour bus ride through Peru's diverse landscapes or a quick 50-minute flight that offers aerial views of the Andes.

Whether by bus or plane, the route back allows you to relax and enjoy a final look at Peru's contrasting scenery, from high mountains to coastal plains. Upon arrival in Lima, you'll transfer to your hotel, where you can unwind and enjoy the amenities of the city.

Tonight, take the opportunity to experience more of Lima's culinary and cultural highlights or rest after the long journey, savouring the memories of your time in the mountains.

Day 19: Free Day in Lima and Departure Preparation

With a free day in Lima, you can explore the city's rich heritage or relax before your departure. Consider visiting iconic sites like the historic Plaza Mayor or the artistic district of Barranco, known for its colourful murals and vibrant energy.

For those with an interest in Peru's history, the Larco Museum offers fascinating artefacts from pre-Columbian civilisations. At the same time, the city's renowned restaurants serve up dishes inspired by traditional flavours and local ingredients.

As the day winds down, prepare for your journey home with any last-minute shopping or a relaxing evening at your hotel. This final day allows you to leave Peru with a full appreciation of its diverse culture and unforgettable landscapes.

Day 20: Final Departure from Lima

Today, it's time to say goodbye to Peru as you prepare for your flight home. A transfer will take you from your hotel to the airport, where you'll check-in for your flight back to Europe or your next destination.

As you board, reflect on the extraordinary landscapes, memorable climbs, and experiences that marked your journey through the Cordillera Blanca. This adventure has offered physical challenges and moments of quiet beauty, leaving you with lasting memories of Peru's high mountains and rich culture.

Included meals: **B**=breakfast; **L**=lunch; **D**=dinner

What's Included

Services included in the prices:

- Pick up and drop-off from the airport
- Hotel stay in Lima at a 3-star central hotel
- Hotel stay in Huaraz at Hotel Valery or similar
- Bus transport between Lima and Huaraz with Cruz del Sur
- Certified high mountain guide with a 1:2 client ratio
- Trekking and climbing guide for the entire trip
- Experienced climbing porters for the expedition
- Donkeys and drivers for carrying gear
- All meals during the trek, including snacks and tea
- Dining tent with table and chairs at Base Camp
- Kitchen tent and toilet tent for Base Camp use
- Personal tents for clients and crew at Base Camp
- Option for single tents upon request at Base Camp
- All cooking equipment, plates, cups, and utensils
- Private transport during the tour per itinerary
- Guided acclimatisation tours as per the itinerary
- Entrance fees to Huascarán National Park

Not included:

- International flights to and from Peru
- Meals and drinks in Lima and Huaraz city restaurants
- Personal climbing equipment like boots and ice axes
- Extra hotel nights for program changes
- Tips for guides and porters at trip's end
- Travel accident and health insurance
- Airport departure tax in Lima
- Insurance for luggage and trip cancellations
- Personal expenses during the trip
- Optional rock climbing or hot springs on rest days
- Rental costs for equipment in Huaraz

Would you like to customize this trip?

Build your tailor made trip in South America with our experts.

Our travel experts will help you plan the trip of your dreams. Customizing every aspect of your holidays in South America to your specific preferences.

[We Provide Satellite Internet access during Treks or Expeditions](#)

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- [Visit Iguazu Falls & Rio](#)
- [Climb Mount Orizaba](#)
- [Visit Rainforests and Volcanoes](#)
- [Climb Volcano Tolima](#)

Accordion #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

Accordion #2

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15° to 20°C)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fibber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participantFirst-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lips

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

[See More](#)

Equipment Mountain

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves(Good gloves) for expeditions over 6000meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks - Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

→ If you need to rent mountain equipment click here:

Prices & Dates

FROM/TO

PRICE (USD)

TRAVEL STATUS

23 MAY 2026 / 11JUN 2026

\$ 4950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

30 MAY 2026 / 18 JUN 2026

\$ 4950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUN 2026 / 20 JUN 2026

\$ 4950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

08 JUN 2026 / 27JUN 2026

\$ 4950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

06 JUL 2026 / 25 JUL 2026

\$ 4950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

03 AUG 2026 / 22 AUG 2026

\$ 4950

[Join Now](#)

- Single Supplement (I want my own room and tent) – \$000 on request.

Please note: Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

- » Additional dates available upon request
- » Rates may vary from July 26th to 31th for the national holidays

Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
7,920 USD	4,950 USD	4,650 USD	4,450 USD	4,250 USD	3,960 USD	3,960 USD	3,960 USD

Deposit for reservations: * 1.000,00 USD (900,00 EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

Places: *Available

Trip-code: Number ►PE-000

Duration: 20 days

Participants: Minimal: 2 Maximal: 12

Members: We don't have an open group to join – We can open a new group – [Contact us!](#)

Country / Location: Northern Peru

Mountain Guide: Juventino Albino Caldua

Other dates / additional info: [Contact us!](#)

3% early bird discount when booking 6 months prior to departure 2026

Legend Booking-information:

EZZ Single room supplement

On this trip, places are still available.

On this trip, only a few places left.

This trip is sold out / closed.

Juventino Albino Caldua

Expert guide certified by IVBV - UIAGM - IFMGA
Co-Founder, Peru Expeditions

- **WhatsApp:** [+51 943 081 066](tel:+51943081066)
- **E-Mail:** office@peru-expeditions.org

[Read more](#)

Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49073449291440)

[More information](#)

We are a Private Company with a Specialized Peruvian Andean Rescue Team “Socorro Andino Peruano”, offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** [+1 \(617\) 459-4200](tel:+16174594200)

[More information](#)

Only \$1000 deposit to book

Pay over time, interest free

No booking fee, no change fee

24/7 support

Accommodations

Scroll through our exclusive accommodations for this trip below. Although very unlikely, we will be able to make substitutions when necessary. The comfortable accommodations that guests stay in every night offer comfort, the level that these options are are 3 stars and some hostels in some towns of first class quality to make your stay very pleasant.

****These exact accommodations are not guaranteed. In some cases, alternative accommodation of similar quality and location can be used.***

[3 stars Hotel](#)

[Peru: Hotel Conde de Lemos Arequipa](#)

Peru Expeditions

[Tents](#)

[Best Mountain Tents - Luxury Service - Premium Overnight in Camping](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Rumi Wasi in Chivay](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Conde de Lemos Puno](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Inca Wasi Plaza Cuzco](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Puma](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Rubi](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Churup](#)

Peru Expeditions

[2 stars Hotel](#)

[Peru: Hotel Valery](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Kamana](#)

Peru Expeditions

Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

Suggested FAQs

[What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)

For our mountain climbing trips: If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

Regarding the preparation of children: Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

Regarding older people: It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?](#)

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?](#)

Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19. Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners -Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?](#)

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[How far in advance should I start training and what kind of training do you suggest?](#)

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What is the average distance and altitude gain that we will hike each day?](#)

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Will there be porters to help to carry group and personal equipment?](#)

In our trips, either hiking or mountaineering: Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

Who are the porters? They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[How will accommodation and meals be handled during the trek?](#)

About accommodation or meals during the tour: Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

If the tour is with camps and trekking: During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

If the trip is at altitude or in the mountains: We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

[What is the guide-to-client ratio to climb this mountain?](#)

In mountains above 5000 meters: A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local

guide

In technical mountains: In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What is the best time of the year to climb this mountain?

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Do I have what it takes to succeed on this expedition?

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

How can I get to the trailhead/meeting point?

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What is the best time of the year for this hike?

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What happens in the event of bad weather?

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips the complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our

passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Can I join a group?](#)

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

Why go in a private trip: For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Additional information

We help in the purchase of air tickets: we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → **[More information click here](#)**

About a Satellite Phone or inReach® Messenger - GARMIN: On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → **[More information click here](#)**

Many of the participants or clients of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → **[More information click here](#)**

Our mountain guides or tour leaders: All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → **[More information click here](#)**

VISA

CURRENCY

VACCINATIONS

FIRST AID KIT

WHY CHOOSE US?

JOIN A GROUP

VISA

VISA NEEDED

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days**.

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world**, for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, [→ contact us!](#)

CURRENCY

CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:

Local money | \$1 = 000 | **EUR 1** = 000 = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → [E-mail](#), or by [WhatsApp](#).

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

ATMs are available in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

VACCINATIONS

VACCINATIONS BEFORE YOU LEAVE

Compulsory vaccinations:

- They are not required

Recommended vaccinations:

- Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)
- Tetanus
- Diphtheria
- Typhoid fever
- Yellow fever (yellow fever)
- Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

FIRST AID KIT

TRAVEL FIRST AID KIT

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

ATTENTION! Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

WHY CHOOSE US?

WHO ARE WE AND WHY CHOOSE US?

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are "Registered Travel and Tourism Agency". To know more about → [US click here please!](#)

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shirts, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents**.

We provide the best living and eating conditions. We take into account the peculiarities of nutrition (**you can order a vegetarian menu**).

Free conferences in the office with **own videos material and photographs**

JOIN A GROUP

ARE YOU LOOKING FOR A TRAVEL PARTNER?

Join a group with us: Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share you experience with on an unforgettable journey. (« Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100% ») WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! → [JOIN A TRIP WITH US!](#)

Why Travel with us

Your Safety is Our Priority

Expert Guides

Sustainable Tourism

Andean Chefs

Food on the Trail

Small Groups

- Recommended Tours
-

[Nevado Tocllaraju 5](#)

[Huaraz Full day](#)
[Recommended](#)

[Nevado Artesonraju 5](#)

[Huaraz Full day](#)

[Nevado Alpamayo 5](#)

[Huaraz Full day](#)

[Recommended](#)

[Nevado Quitaraju 5](#)

[Huaraz Full day](#)

Reviews

Leave a Reply

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Alpamayo Expeditions 2026: The ultimate Andean ascent is calling.