

Lima - Arequipa - Puno - Cusco - Lima

DISCOVER THE ANDES BY BIKE

Peru is the country that can completely satisfy all human tastes, preferences and energy! The people there are extremely earthy, humble and kind – a mentality too close to the senses of much of humanity. It is unique to Peru – Nature, mysticism and unparalleled world cultural and historical heritage!

Lima is the capital: of Peru located on the arid Pacific coast of the country. Although its colonial center is preserved, it is an overflowing metropolis and one of the largest cities in South America. The Larco Museum houses a collection of pre-Columbian art and the Museum of the Nation traces the history of the ancient civilizations of Peru. The Plaza de Armas and the 16th century cathedral are the core of the old center of Lima.

Mystic cultures and fantastic landscapes with Mountainbike in Peru

- Mountain bike crossing Peru, 17 days
- Well located hotels along the way
- Arequipa and the Inca city of Cusco
- The Condors at Colca Canyon
- Lake Titicaca: Boat trip to the Uru Indians
- With your own mountain bike to Machu Picchu
- Discover Peru on foot and by bike
- Lima – Plaza Mayor

10 driving days, 800 km, 5200 hm ↑ In Cusco at 3400 m you will discover the Inca ruins and colonial cultural sites at the beginning of the journey, partly on foot, partly by bike. Afterwards you'll cycle through the highlands, through fascinating Andean landscapes, through small isolated villages, to the salt pans of Maras and down into the Urubamba Valley, the sacred valley of the Inca. The next day, take a day trip from Ollanta before taking the Andean Railway to Machu Picchu. Still very mystical are the ruins of this Inca city and will remain so, as their secrets could not be revealed. Continue through the capital Lima, up to the Cordillera Blanca and start to circumnavigate this Cordillera. Once you pass the ruins of Chavín, you will hardly see tourists until the end of the bike tour. The route leads through the mountains, through the valleys, back up over the Andes passes to the foot of the highest mountain of Peru, the 6768 m high Huascarán. As you drive over the Portachuelo Llanganuco, a fantastic mountain panorama unfolds in front of you, down in the valley you will discover the green-blue lagoons of Llanganuco. Finally, you return to Huaraz, where this challenging bike tour ends.

Join an unforgettable trip with us "Peru Expeditions Tours"

- 18 Days/17 Nights
- May to November
- Moderate

Difficulty Condition

[More Info](#)

Travel Program

[Day 1: Flight from Europe, USA, Canada, etc - Country of origin to Peru - Flight to Arequipa](#)

Arrival to Lima and flight to Arequipa via Lima. A member of our local partner will be waiting for you at the

Arequipa airport to transfer you to the hotel. At 1pm you will meet your tour guide at the lobby for the next 2 weeks. On foot, we then go on an exploration tour. Arequipa, 2335 m, the magnificent colonial city built of white tuff, is framed by mighty volcanic cones. Including the 6076 m high, mostly covered with a snow cape Volcano Chachani. They will visit the Cathedral of Arequipa, which is unique because of its façade, as well as the monastic city of Santa Catalina. The Iglesia de la Compañía combines Mestizo and Baroque styles. The dinner together is time to get to know each other better.

Overnight

Hotel

Meals

B/L/-

Day 2: Our local guide - Bike Check Sightseeing Arequipa

The first exit of your Mountainbike Crossing Peru will take you from Arequipa to the Yura Valley on the western slope of the Chachani, 6075 m. The homonymous place – known for its hot springs – is the destination of the tour, which is mainly for acclimatization. The length of the route is therefore flexibly adapted to the group before you cycle back to Arequipa. Dinner together and hotel accommodation.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 3: Arequipa - Drive to Chivay

After a hearty breakfast start your mountain bike adventure Peru. They will be well looked after, a local guide will provide extra support and a support vehicle will be taking care of the group throughout the tour. From Arequipa it goes continuously, partly on paved secondary roads over the zona plana pampa, 4860 m, up to the Patapampa pass 4900 m. Part of the route is covered by bus, because you are at the beginning of your tour and you have to get used to the altitude. A magnificent descent brings you down to Chivay, 3660 m, the charming town at the foot of the Patapampa Pass is a popular destination for many tourists and the starting point for visiting the Colca Canyon, 4500 hm. The city's hot springs provide tired legs with adequate rest. Hotel accommodation in Chivay. 60 km, 650 m ↑ 1300 hm ↓.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 4: Chivay - Colca Canyon - Chivay

From Chivay you drive vehicles through the villages of Yanque and Maca up to the Colca Canyon, which is 1200 meters deep, the second deepest gorge in the world. Once at the top, the vantage point “Cross of the Condor” rewards you with unique views. Maybe you are lucky and can observe one of the majestic birds. Now it’s off to Chivay on a beautiful route high above the canyon. Hotel accommodation in Chivay. 50km, 950m ↑ 750m ↓.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 5: Chivay - Panoramic trip to Lake Titicaca - Puno

After the first three days of driving, enjoy a panoramic bus ride from Chivay via the Cruz Alto, 4528 m, to Puno, 3800 m (6 h / 280 km). You move into the rooms of your hotel, which is located in the center of Puno. In the afternoon you will visit the floating Urus-Idian Islands by motorboat.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 6: Puno - Biking Lampa

After a short bus ride you will marvel at the most navigable waters of the earth the Chullpas of Sillustani, tombs of the Collca and Inca. Well rested, get back on your bike and pedal on a relatively level track to Lampa, 3000 m. The sleepy city is also popularly known as “Pink City” because it was built of pink shimmering tufa. The overnight stay takes place in a former hacienda on the spot.

65 km 160 m ↑ 80 m ↓. Overnight stay Hotel.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 7: Lampa - Puya Raimondis - Tinajan Canyon - Ayaviri

The queen stage takes us on a lonely route into the untouched hinterland. On the dirt road it goes past small settlements to our current destination, the two double passports, 4600 m, up. We will then be

rewarded with a magnificent descent past the famous Puya Raimondis, bromeliads that can grow up to ten meters into the imposing landscape of the Tinajan Canyon. Now it is not far to Ayaviri, 3920 m, our today's destination. Overnight in a simple hotel.

90 km, 1100 hm ↑. Overnight stay Hotel.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 8: Ayaviri - Pass at (4550 m) - Laguna Langullayo - Sicuani

Today begins with a transfer away from the mainline. We start at an altitude of 4300 meters. In a pleasant slope we reach our current pass at 4550 meters. Now begins a fantastic downhill, past Lama – and Alpaca herd and colorful grain leather down to Laguna Langullayo. Along the lake shore it goes up to the main road. From here we let it pleasantly down to Sicuani, 3720 m. The night takes place in a small hotel.

78 km, 850 m ↑ ↓.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 9: Sicuani - The Raqchi Temple - Andahuaylillas

This stage takes you on a beautiful, flat stretch, into the Sacred Valley. The Raqchi Temple, one of the most important archaeological sites in Peru, is a welcome visitation stop. After a short ascent you go on asphalted branch line with wonderful views of the numerous lagoons along the way. A short bus transfer brings us to Andahuaylillas, where we admire the “Sistine Chapel of South America”. Overnight in a cozy hacienda in Andahuaylillas. 63 km, 550 m ↑ 700.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 10: Andahuaylillas - Pisac - Sacred Valley to Urubamba

A short leg takes us from Andahuaylillas to Pisac, a former Inca mountain fortress in Peru. On foot and by

bike we visit the historic walls of the impressive settlement. After a market visit, we continue to the Sacred Valley to Urubamba. The overnight stay takes place in a hotel. 42 km, 200 m ↑ 300 hm ↓.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 11: Pisac - Chincero - Moray - Urubamba valley - Ollantaytambo

A short transfer takes us up to Chincero today. A wonderful place known for its textile arts and crafts. After sightseeing, we take a scenic route past the giant Inca greenhouses in Moray back to the fertile Urubamba valley. In the most beautiful afternoon light we reach Ollantaytambo. The bustling city, whose planning is still from the Inca period, it is in the evening to explore. Your hotel is located just outside the village.

50km, 600m ↑ 1400m ↓.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 12: Ollantaytambo - Biking Pass Malaga Pass (4315 m) St. Maria - Santa Teresa

A transfer will take you to Abra Malaga Pass, 4315 m. Enjoy a 70 km long downhill in subtropical climes to St. Maria, 1430 m – 3000 meters are it from the pass to the village – small counter-rises included! The road meanders from snow-capped Andes mountains into the rainforest. Pineapples, mango and papaya plantations line the road and thrive alongside coffee, coca and tea. A rushing downhill, followed by a demanding ascent: At “crisp” slope, a good 700 meters in altitude are climbed, the thighs are challenged and you have reached the summit at 2100 meters. From here you roll comfortably downhill to Santa Teresa. An impressive bike day comes to an end.

100 km, 700 m ↑ 3500 hm ↓.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 13: Hydro Electrica - Walk or Train to Aguas Calientes - Nice Hotel

The wheels are packed and you walk with luggage for one night to the station “Hydro Electrica”. From here, trains start to Aguas Calientes, 2000 meters, at the foot of the UNESCO World Heritage Site of Machu Picchu. In the lively places you will find a variety of restaurants and souvenir shops. A market, near the train station, invites you to shop. Let yourself be enchanted by the hustle and bustle of the town, perhaps with a coffee in the Plaza. Overnight stay in a hotel in Aguas Calientes.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 14: Aguas Calientes - Visit Machu Picchu - Go back by train - Ollantaytambo private bus to Cusco

The walk through Machu Picchu in the early morning is an experience: you walk in the footsteps of the Incas through the first discovered in 1911 “Lost City”. Afternoon return by train to Ollantaytambo and continue by bus to Cusco. Arrival in the evening. The night takes place in a hotel, within walking distance to the city.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 15: Cusco - Sacsayhuaman, the water sanctuary Tampu Machay and the Qenco - Cusco

On the trail of the Incas, you will visit the fortress of Sacsayhuaman, the water sanctuary Tampu Machay and the Kenkko Amphitheater on a hike high above Cusco. There will be time for the Indian market in the afternoon. Street vendors, striking faces, a flood of colors and impressions.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 16: Cusco transfer to airport - Flight back to Lima

The return journey begins with the transfer to the airport of Cusco. With the LAN you first fly to Lima. There, an English-speaking city guide will welcome you and take a walk around the most beautiful sights in

the Plaza Mayor. You stay in a comfortable hotel in one of the most beautiful parts of Lima. Enjoy again the colorful nightlife of the interesting metropolis on the Pacific.

Overnight

Hotel

Mountainbiking

Biking

Meals

B/L/-

Day 17: Cusco transfer to airport - Flight back to home

After breakfast, the transfer will take you to Lima Airport. Departure return flight to Switzerland, USA, Canada, Europa, etc.

Overnight

Hotel

Meals

B/L/-

Day 18: Return flight - Arrival home

Go back home – end tour MTB in Peru / South America.

Overnight flight (-/-/-)

Upon request or petition of the client!

Included meals: **B**=breakfast; **L**=lunch; **D**=dinner

WHAT'S INCLUDED

Services included in the prices:

- Local English speaking bike guide
- Domestic flights Lima – Arequipa – Cusco – Lima
- Transfers according to the program
- 16 x overnight stays in hotels and guesthouses in a double room
- Entrance and guide for sightseeing according to the program
- Full board on the driving days, Puno, Cusco, Aguas Caliente half board
- Escort vehicle during the driving days
- English local bike-guide tour during the riding days
- Enter fees to Machu Picchu

- Peru Expeditions Tour leader

Not included:

- Restaurants in cities: Lima-Cusco-Huaraz
- Entrances to the thermal baths in Aguas Calientes
- Breakfast on the first morning
- Personal mountain bike
- Sleeping bag that can be rented at our office
- Tips for the guide and field staff recommended 200 USD
- Travel and medical insurance & emergency evacuation insurance
- Personal equipment and clothing
- International flight from USA, Europe, Canada, etc.
- Travel luggage and Travel cancellation insurance
- Not mentioned food and beverages
- Personal Spending

Would you like to customize this trip?

Build your tailor made trip in South America with our experts.

Our travel experts will help you plan the trip of your dreams. Customizing every aspect of your holidays in South America to your specific preferences.

We Provide Satellite Internet access during Treks or Expeditions

Keep Exploring More Travel Ideas Across South America | Popular destinations

Discover a wide range of travel ideas throughout South America. Every one of our proposals is fully customizable to fit your preferences and make your journey truly unique.

- [Visit Machu Picchu](#)
- [Inca Trail Trekking](#)
- [Sacred Valley Tour Cusco](#)
- [Rainbow Mountain Cusco](#)
- [Backpacker trips to Cusco](#)
- [Choquequirao Trek](#)
- [Ausangate Trek to Machu Picchu](#)
- [Salkantay Trekking Adventure](#)
- [Short Inca Trail to Machu Picchu](#)
- [Lares Trek to Machu Picchu](#)
- [Vilcabamba Trekking](#)
- [Climb Volcano Chachani](#)
- [Visit Salar de Uyuni](#)
- [Bolivian Highlands](#)
- [Climb Huayna Potosi](#)

- [Visit Isla del Sol Sun Island](#)
- [Climb Volcano Sajama](#)
- [Climb Cotopaxi & Chimborazo:](#)
- [Climb Volcano Ojos del Salado](#)
- [Visit Torres del Paine](#)
- [Climb Mount Aconcagua](#)
- [Visit Iguazu Falls & Rio](#)
- [Climb Mount Orizaba](#)
- [Visit Rainforests and Volcanoes](#)
- [Climb Volcano Tolima](#)

Accordion #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

Accordion #2

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15º to 20ºC)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fibber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants
Cotton short-sleeved shirts or t-shirts
Water bottle for hiking or trekking
Strong waterproof duffel bag
Flashlight with spare batteries and bulb
Towel for personal hygiene each participantFirst-aid kit
Regular and long underwear
Knife or multi-tool
Light cap and wool hat
Sunglasses with UV certification, Sun block, lips
The rest of the list Essentials as appropriate for your hike
Grooming and personal hygiene kit
One Hiking Buff per person

[See More](#)

Equipment Mountain

3 Locking carabiners, we recommended per person
We recommend 2 ice screws for each client
1 Daisy Chain (Life Line) per each person
2 Ice axes (per person) technical, we recommended GRIVEL company
1 ATC descender (Rappel), this is very necessary for technical mountains
2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)
Gloves(Good gloves) for expeditions over 6000meters
Harness for climbing
Sleeping pad / Mattress, we recommend with air or inflatable mattress
Crampons, we recommended GRIVEL company
Walking sticks - Trekking Poles (optional), a pair per person, we recommended GRIVEL company
Down Jacket for expedition
Very important to have personal clothing such as pants and jacket with GOROTEX certification
First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

→ If you need to rent mountain equipment click here:

Prices & Dates

Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49(0)7344 929144-0)

[More information](#)

We are a Private Company with a Specialized Peruvian Andean Rescue Team “Socorro Andino Peruano”, offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** [+1 \(617\) 459-4200](tel:+1(617) 459-4200)

[More information](#)

Only \$1000 deposit to book

Pay over time, interest free

No booking fee, no change fee

24/7 support

Accommodations

Scroll through our exclusive accommodations for this trip below. Although very unlikely, we will be able to make substitutions when necessary. The comfortable accommodations that guests stay in every night offer comfort, the level that these options are are 3 stars and some hostels in some towns of first class quality to make your stay very pleasant.

****These exact accommodations are not guaranteed. In some cases, alternative accommodation of similar quality and location can be used.***

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 MAY 2026 / 18 MAY 2026

\$ 3950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUN 2026 / 18 JUN 2026

\$ 3950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUL 2026 / 18 JUL 2026

\$ 3950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 AUG 2026 / 18 AUG 2026

\$ 3950

[Join Now](#)

- Single Supplement (I want my own room and tent) – \$000 on request.

Please note: Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

- » Additional dates available upon request
- » Rates may vary from July 26th to 31th for the national holidays

Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
7900 USD	3950 USD	3800 USD	3650 USD	3500 USD	3350 USD	3200 USD	3050 USD

Deposit for reservations: — USD (- EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

Places: *Available
Trip-code: Number ►PER-
Duration: 18 days

Participants: Minimal: 4 Maximal: 12

Members: We don't have an open group to join – We can open a new group – [Contact us!](#)

Country / Location: Peru

Mountain Guide: Jaime Minaya

Other dates / additional info: [Contact us!](#)

3% early bird discount when booking 6 months prior to departure 2026

Legend Booking-information:

EZZ Single room supplement

☐ On this trip, places are still available.

☐ On this trip, only a few places left.

☐ This trip is sold out / closed.

Jaime Minaya

Expert Mountainbike-guide certified - Champion winner of many competitions

Bike-guide of Peru Expeditions

- **WhatsApp:** [+51 943 081 066](#)

- **E-Mail:** office@peru-expeditions.org

[Read more](#)

[3 stars Hotel](#)

Peru: Hotel Conde de Lemos Arequipa

Peru Expeditions

[Tents](#)

Best Mountain Tents - Luxury Service - Premium Overnight in Camping

Peru Expeditions

[3 stars Hotel](#)

Peru: Hotel Rumi Wasi in Chivay

Peru Expeditions

[3 stars Hotel](#)

Peru: Hotel Conde de Lemos Puno

Peru Expeditions

[3 stars Hotel](#)

Peru: Hotel Inca Wasi Plaza Cuzco

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Puma](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Rubi](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Churup](#)

Peru Expeditions

[2 stars Hotel](#)

[Peru: Hotel Valery](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Kamana](#)

Peru Expeditions

- Recommended Tours

Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

Suggested FAQs

[What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)

For our mountain climbing trips: If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

Regarding the preparation of children: Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

Regarding older people: It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?

Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19. Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners -Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

How far in advance should I start training and what kind of training do you suggest?

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What is the average distance and altitude gain that we will hike each day?

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Will there be porters to help to carry group and personal equipment?

In our trips, either hiking or mountaineering: Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also. They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

Who are the porters? They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people. They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

How will accommodation and meals be handled during the trek?

About accommodation or meals during the tour: Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

If the tour is with camps and trekking: During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

If the trip is at altitude or in the mountains: We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

What is the guide-to-client ratio to climb this mountain?

In mountains above 5000 meters: A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

In technical mountains: In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What is the best time of the year to climb this mountain?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](#)**

[Do I have what it takes to succeed on this expedition?](#)

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

[How can I get to the trailhead/meeting point?](#)

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

[What is the best time of the year for this hike?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](#)**

[What happens in the event of bad weather?](#)

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips the complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

[Can I join a group?](#)

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

Why go in a private trip: For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Additional information

We help in the purchase of air tickets: we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → [More information click here](#)

About a Satellite Phone or inReach® Messenger - GARMIN: On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → [More information click here](#)

Many of the participants or clients of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → [More information click here](#)

Our mountain guides or tour leaders: All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → [More information click here](#)

VISA

CURRENCY

VACCINATIONS

FIRST AID KIT

WHY CHOOSE US?

JOIN A GROUP

VISA

VISA NEEDED

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days**.

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world**, for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, [→ contact us!](#)

CURRENCY

CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:

Local money | \$1 = 000 | EUR 1 = 000 = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → [E-mail](#), or by [WhatsApp](#).

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

ATMs are available in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

VACCINATIONS

VACCINATIONS BEFORE YOU LEAVE

Compulsory vaccinations:

- They are not required

Recommended vaccinations:

- Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)

- Tetanus
- Diphtheria
- Typhoid fever
- Yellow fever (yellow fever)
- Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

FIRST AID KIT

TRAVEL FIRST AID KIT

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

ATTENTION! Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

WHY CHOOSE US?

WHO ARE WE AND WHY CHOOSE US?

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are "Registered Travel and Tourism Agency". To know more about → [US click here please!](#)

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shirts, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents**.

We provide the best living and eating conditions. We take into account the peculiarities of nutrition (**you can order a vegetarian menu**).

Free conferences in the office with **own videos material and photographs**

JOIN A GROUP

ARE YOU LOOKING FOR A TRAVEL PARTNER?

Join a group with us: Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share you experience with on an unforgettable journey. (« Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100%) » WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! → [JOIN A TRIP WITH US!](#)

Why Travel with us

Your Safety is Our Priority

Expert Guides

Sustainable Tourism

Andean Chefs

Food on the Trail

Small Groups

- Recommended Tours
-

[**Mountainbike Cordillera Blanca**](#)

[**5**](#)

[Huaraz 16 Days/15 Nights](#)

[**Short Mountainbike Cordillera Blanca**](#)

[**5**](#)

[Huaraz 11 Days/10 Nights](#)

[Recommended](#)

[Discover Impressive Cordillera Blanca](#)

[5](#)

[Huaraz 05 Days/04 Nights](#)

[Recommended](#)

[Lima - Cusco - Huaraz - Cordillera Blanca - Lima](#)

[5](#)

[Huaraz 17 Days/16 Nights](#)

Reviews

Leave a Reply

YOU ARE AN ADVENTURE LOVER and you want to experience something **extraordinary and extreme?**

You are an adventure lover and you dream of leaving with a thrill. **Peru Expeditions Tours** is also an option for you. Take advantage of our travel offer that we have for you!

“We don’t sell tours, we provide memorable lifetime experiences.”

We are a recognized tour operator **100% peruvian company** that specializes in adventure and traditional tours service.