The Salkantay Trek to Machu Picchu

The Trekking Salkantay: This amazing trek runs beneath the magnificent Salkantay mountain (6.271m/20569ft), one of the highest and most stunning in the Peruvian Andes. Your first two days are dominated by the impressive “Apus” of Salkantay and Huamantay, as you pass through the high puna landscape. On the third day you descend to the warm cloud forest, to reach Aguas Calientes on the fourth day.

The impressive Sacred Inca city of Machupicchu is visited on the last day of the program. This tour is an interesting alternative for those not having found spaces on the Inca Trail trek to Machu Picchu. The Salkantay Trek (or Salcantay Trek),was recently named among the 25 best Treks in the World, by National Geographic Adventure Travel Magazine.

Salkantay trek – A brief overview: The Salkantay trek (sometimes referred to as the Salcantay trail) is the most popular alternative trek to Machu Picchu, and for good reason – it offers hikers an incredibly diverse trekking experience, is relatively easy to access from Cusco and unlike the Classic Inca Trail, there are no permit limitations. In fact, the Salkantay trek can be completed without the use of a guide or tour agency (see DIY treks at the end of this article) The trail sojourns through incredible landscapes where lowland jungle gives way to highland alpine settings and glaciated mountains, the most impressive of which is Nevada Salkantay (more on this below). National Geographic Adventure Magazine rated the Salkantay trek as one for the 25 Best Treks in the World. The trek is typically completed on a 5 Day /4 Night itinerary; however it is possible to do the trek on a 4 Day / 3 Night itinerary or to combine the trek with the Classic Inca Trail (see Salkantay / Inca Trail Combo below).

Nevado Salkantay: One of the key features of the Salkantay trek is the mountain that gives it’s name to the trail. Mount Salkantay (or Nevada Salkantay / Salcantay) is one of the most iconic mountains in the Cusco region and the highest mountain on the Willkapampa range. Trekkers on the Salkantay trail spend a day approaching the mountain from the south and then another day in close proximity to the mountain as they scale the Salkantay Pass, which at 4,600m provides amazing vistas into the valley below. Situated 60km North-west of Cusco city, Salkantay which stands at 6,271m, is the 12th highest mountain in Peru and the 38th highest in the Andes. For mountaineers, Salkantay has a reputation of being a very tough summit. In fact the Quechua name, Sallqantay, means ‘Savage’ or ‘Wild’. Although it was first successfully climbed in 1952 by a French-American expedition, the mountain is not often conquered. The easiest summit assault passage is around the North-east ridge – which won’t be visible on the Classic Salkantay trail but is visible for trekkers on the Salkantay / Inca Trail combo. Machu Picchu is directly north of Salkantay. Although the mountain is not visible from Machu Picchu, the Southern Cross star formation, when viewed from Machu Picchu’s sundial appears directly above Salkantay summit during rainy season. It is for this reason that the Incas considered Salkantay to be one of the principal deities controlling weather in the region. Even today, Salkantay features very prominently in the local beliefs of the people who live in the Cusco region.

Best time to do the Salkantay trek: There are two main seasons in the sub-tropical Peruvian Andes – a dry season that runs from late April through to early October, and a wet season that starts mid to late October and draws to a close in April. The peak trekking season to Machu Picchu occurs during the dry season and is busiest between May and September. The Classic Inca Trail is very busy during these months and permits sell out months in advance. Those who don’t get permits for the Inca Trail typically overflow onto the Salkantay trail, which means that between May and September the route can be busy. That being said, you will not get a sense of overcrowding that can be the case on the Inca Trail. The Salkantay trek can technically be completed all year round, although we highly recommend avoiding the months of December, January and February when rainy days are the norm. The best trekking months run from the shoulder wet months March / April all the way through to the shoulder dry months October / November. Temperatures throughout the year follow a very consistent pattern. Days are warm, in the high

twenties Celsius (70/80 Fahrenheit), and cold at night and in the early mornings (single digits Celsius and sometimes below zero degrees). Temperature fluctuation is further exasperated by the micro-climates that dominate as you ascend and descend in altitude. Key to staying comfortable throughout the trek is layering (see our equipment packing list section below for details on ideal clothing requirements).

- 05 Days/04 Nights
- April to December
- Moderate

Difficulty Condition
More Info

Travel Program

Day 01: Cusco - Mollepata - Challacancha - Soraypampa (Humantay Lake)

Walking Distance – 12km / 7.45 miles
Starting Elevation – 3350 meters ASL / 10990 feet ASL
Highest Elevation – 4600 meters ASL / 15091 feet ASL
Campsite Elevation – 3920 meters ASL / 12861 feet ASL
Difficulty: Moderate
Meals: Lunch and Dinner (Plus snacks and afternoon tea time)
Adventure: Moderate-High! (Especially the trek to **Humantay Lake**!)

Today's Highlights: Walk from Challacancha to Soraypampa with very few tourists. Relish in an afternoon visit to the absolutely whimsical Humantay Lake nestled at the base of Apu Humantay mountain. Take in your first views of the enigmatic Apu Salkantay. Spend the night in our glass-topped Sky Camp, and stargaze from your bed in our exclusive campsite!

We start the day by picking you up from your hotel at approx 04:00 AM. We will drive for around 4 hours, crossing Anta and Mollepata and ending up at Challancha. Through the windows of the bus you can clearly see the white, snowcapped mountains of Apus Salkantay and Humantay: two colossal gods of the Incas. You will also see spectacular scenery of high peaks and low valleys in a colorful and contrasting panorama filling every direction you turn your eyes! After the first two hours of driving, we will stop quickly in Mollepata to take advantage of the toilet facilities, souvenir shops, and an optional, short breakfast. We will then continue to Challacancha, the starting point for our trek. We will meet our support staff, and they will organize all of the equipment and cargo mules. Around 09:30 AM, we will begin trekking to Soraypampa (3850 MASL – 12631 FASL), the first campsite on our journey.

The first section of the path takes us over a few deep valleys along the side of a mountain. At some parts of the trail, an old aqueduct can still be seen which still supplies water to farmers in the lower valleys. We will travel 7 km (4.35 miles) in 3 hours to Soraypampa where we will have our lunch at the base camp of Salkantay. After lunch and a short rest, we hike up to the unforgettable Humantay Lake (4200 MASL – 13779 ft). This is a 5 km (3.1miles) round-trip which we will walk in a total of 3 hours. This place one of the most beautiful sights in all the Andes with unbelievable blue-green water reflecting the mountain glaciers of Apu Humantay. It seems like something out of a dream or fairy tale! Back at our camp, the background of the valley at sunset creates the most peaceful scene with an energy that can only be felt and not described! Because Soraypampa (our camp) is located in the middle of the glacier valleys, the sky is so immensely clear at night that you can truly appreciate the stars, constellations, and even comets shooting across the pitch blackness, uninterrupted by the hustle, bustle, or lights of the city. Take a moment this night to re-center your spirit and consider all the deep things of life in the profound silence and tranquility of Soraypampa!

Overnight
Camping
Drive
4 Hours approx
Hiking/Tour
7 Hour approx.
Meals
-/L/D

Day 02: Soraypampa - Salkantay Pass - Huayracmachay - Chaullay

Walking Distance – 22 km / 13.7 miles
Starting Elevation – 3800 meters ASL / 12467 feet ASL
Campsite Elevation – 2750 meters ASL / 9022 feet ASL
Maximum Altitude: 4650 meters ASL / 15255 feet ASL
Difficulty: Challenging
Meals: Breakfast, Lunch, and Dinner (Plus snacks and afternoon tea time)
Adventure: Absolutely, 100%! The raw and breath-taking beauty of this day's hike along with its challenging nature will quench any wanderlust you've been trying to cure!

Today's Highlights: Hike along the winding Salkantay trail with the mountain's tallest peak in front of your eyes all morning! Challenge yourself as we make our way up some steep slopes while looking out on the valley far below until we reach the base of Apu Salkantay. Around midday, you will be standing in the middle of the Andes mountain range! In the afternoon, we make our way into the incredible cloud forest and tropical jungle around Chaullay. This is your most challenging day but also your most rewarding!

After an early wake-up with the first daylight at 05:30 AM and a quick but energizing breakfast, we will start trekking up to the highest point of the trail: the Salkantay Pass (4650 MASL – 15255 FASL). The distance is a 7 km (4.34 miles) of difficult ascent in 3 hours between the rocky valley base and the magnificent Salkantay Mountain (6271 MASL– 20574 FASL). When we reach the top of the pass, we will appreciate the spectacular views of the surrounding valleys and the imposing snowy peaks of Salkantay, Humantay, Tucarhuay and Pumasillo mountains. Salkantay Mountain is the second highest mountain in the Cusco region and one of the Inca gods called "Apu". Continuing from this climax of today's trek, there is a 5 km (3.1 mile) downhill walk to the site for lunch. The walk downwards is on a serpent-shaped, rocky, gravel path which leads to the Huayracmachay lunch campsite. To rest on the way down, there is a perfect valley outlook that is absolutely stunning! In the afternoon after our meal, we will enter the upper part of the Amazon jungle, which is also called "the cloud forest". This is a 10 km (6.2 mile) hike completed in 3 hours on a wide trail in the thick and magical tropical forest. During this part of the trek, you will notice a dramatic change in landscape and the earth's energy as we move from Andes to Amazon! This hike is truly beautiful; the hills are decorated with colorful scenery, wildlife, and native plants. The forests are warm and tropical most of the year with temperate climates. At the end of this outstanding hike, we arrive at Chaullay Village (2900 MASL – 9514 FASL) for a much-deserved reward of rest from our long day of trekking! This is our base camp in the jungle as we continue to make our way to Machu Picchu.

Overnight
Camping
Hiking/Tour
7 Hour approx.
Meals
B/L/D

Day 03: Chaullay - Collpapampa - La Playa - Lucmabamba

Walking Distance – 18km / 11.2 miles
Starting Elevation – 2750 meters ASL / 9022 feet ASL
Campsite Elevation – 2400 meters ASL / 7874 feet ASL
Difficulty: Easy
Meals: Breakfast, Lunch, and Dinner (Plus snacks and afternoon tea time)
Adventure: Absolutely! You will be in the middle of the tropical forest you have dreamt about!

Today's Highlights: We leave our camp early today to enjoy a serene and empty trail and appreciate landscape, scenery, and wildlife, including the roaring river below us in the valley us for much of the day. While trekking through the luscious jungle, you will find countless wild fruits such as banana, avocado, passion fruit, and granadilla. There are also waterfalls and streams where you can refresh your feet and cool off! After having lunch in the small town of La Playa, we will take a short hike to our base camp at Lucmabamba and visit organic plantations of coffee, oranges, and avocados!

At 06:00 AM, we will start our trek to the small town of La Playa through the Santa Teresa valley. You will be able to soak up this new, lush landscape during our 6 hours of hiking today! During the hike we will see rivers, waterfalls, wild orchids, and plantations of coffee, banana, and avocado. You can taste the famous passion fruit and granadilla fruit along the way! We will see a village called Colpapampa, also called the "brow of the cloud forest," where waterfalls, birds, hot springs, fruit-bearing trees, and flora and fauna can be observed. If we are lucky, we will even be able to see the beautiful bird called "The Cock of the Rocks," the national bird of Peru! After a hearty lunch at La Playa, we will hike for approximately 1 hour to our base camp called Lucmabamba (2400 MASL – 7874 FASL). We will explore the tropical forest for a little while and visit at an organic coffee farm. If you are a coffee lover, this will be especially heavenly for you – you can taste coffee freshly prepared by the local people! If not, you can still enjoy the decadent aroma of freshly roasted and ground coffee wafting through the air! Coffee is the main farming industry of the local people here in the jungle, and they farm many acres of coffee to export to the USA, Asia, and Europe. Coffee was first discovered in Ethiopia, but it wasn't until the Spanish invaded Cusco that it was brought to this region. We will also explore an orange plantation and an avocado plantation this afternoon.

Overnight
Camping
Hiking/Tour
7 Hour approx.
Meals
B/L/D

Day 04: Lucmabamba - Llactapata - Hidroelectrica - Aguas Calientes

Walking Distance – 18 km / 11.2 miles
Starting Elevation – 2450 meters ASL / 8038 feet ASL
Campsite Elevation – 2000 meters ASL / 6561 feet ASL (Aguas Calientes hostel)
Difficulty: Moderate to Challenging
Meals: Breakfast, Lunch, and Dinner (Plus snacks and afternoon tea time)
Accommodation: Comfortable Hostel
Adventure: Moderate-High! How could it not be an adventure travelling back in time to visit with the Incan people?!

Today's Highlights: Today something particularly special happens – we get to travel along part of the famous Inca Trail! On this path, we will come to the impressive archeological site of Llactapata right in front of its more well-known big brother, Machu Picchu. You will meet some of the native people who live

their day-to-day lives in the area. Along the path you will have the opportunity to harvest several fruits while relishing in one of the best views of the Urubamba valley! Don't forget to turn around and see Apu Salkantay again in the background before you look forward to have your first glance at the glorious Machu Picchu!

Like previous mornings, the chef of the trek will wake you up early with a hot cup of coca tea served in your bed. You will get ready for today's activities while enjoying your last prepared breakfast by the talented trek chef. We will begin the hike early, and you will have the opportunity to enjoy a small part of the famous and highly-acclaimed Inca trail! After a climb of 2 hours with amazing views of the Santa Teresa valley we will arrive at the Llactapata Inca site right in front of Machu Picchu. This will be the first archaeological site we will see of the mysterious Lost City of the Incas! It is a very special place to enjoy together and spend time learning a bit more about this land's roots and history. We will be able to see not only the ruins of Machu Picchu from this spot, but also Huayna Picchu and Machu Picchu Mountain. We will explore this Inca site with the guide, and he will continue telling the history of the Incas who used and worshipped this land. Of course, you will have plenty of time to take as many photos as you want to capture these memories and share with your friends back home!
After the Llactapata ruins, we will continue our trek with a 2-hour downhill hike. On this part of the trail, you are always able to view Machu Picchu until we arrive at the Hidroelectrica train station to have lunch. One of the most impressive sites in this area is the 300-meter-tall natural waterfall which generates electricity for the entire region of Cusco! After lunch, we will arrive at Intiwatana, a famous ancient rock used as a sundial in the Incan era. According to history, Intiwatana worked together with the famous sundial stone in the Machu Picchu site. The people used these two stones to measure and read the winter solstice, which was the beginning of the new farming season for the Incas. After passing this interesting Inca site, we will reach train tracks which lead to the town of Aguas Calientes. Here you will have two options: 1) If you are exhausted, you may take the train to Aguas Calientes ($31.00 extra). 2) If you are still eager to hike, you may walk from Hidroelectrica to Aguas Calientes for about 3 hours along the train track. Next to the tracks, there is a nice path we will through the warm paradise of the cloud forest. This is the same trail used by the American professor Hiram Bingham who rediscovered Machu Picchu after centuries of it being lost to the outside world!

Note: During the rainy season, the hike up the Llactapata Trail is not 100% guaranteed due to safety concerns. When heavy rains are frequent, this trail becomes very dangerous.

Overnight
Hotel
Drive
2 Hours approx
Hiking/Tour
4 Hour approx.
Meals
B/L/-

Day 05: The Most Important Day - Machu Picchu!

Activity Overview: Touring Machu Picchu with optional hike
Activity Level: Touring: easy, hike: strenuous
Activity Length: 2-5 hours exploring and optional 2-3 hour strenuous hike; Machu Picchu is at 7,972' elevation

Today's Highlights: Your excitement for our rendezvous at Machu Picchu will rise as we are hiking early in the morning through the forest to reach the site before most other tourists – even the Inca Trail trekkers!! You will have plenty of time to explore this truly magnificent World Wonder while you enjoy the beautiful sunrise from this once-in-a-lifetime viewpoint. Your group will learn about this mystical place in a two-hour

guided tour of the ruins. Afterwards, you can opt to climb Huayna Picchu or Machupicchu Mountain (if you have pre-booked tickets) or walk to the Sun Gate (without extra tickets).

Today we arrive at the long-awaited finale of our trek, one of the New 7 Wonders of the World and a UNESCO World Heritage Site – Machu Picchu! We will wake up early after a refreshing night at our hostel to beat the crowds to the top of Machu Picchu and enjoy its serenity in the soft morning light. The Machu Picchu entrance check point is open from 06:00 AM until 17:00 PM. We will hike up to Machupicchu (a bus ride is optional for $12.00) and enter the hidden Royal Citadel of the Incas. Here we will have a 2-hour guided tour through this incredible ancient city to visit temples, terraces, palaces, priest's houses, the sundial, the industrial sector, and the farming fields. Be amazed at the engineering ingenuity of the Incas which was so far ahead of their time and still partially a mystery today! Without having modern tools or even steel and iron to work with, the people who built this city were genius in organizing this community in a sustainable and beautiful way on the side of a mountain, even bringing water in canals through its streets for the people to use. When a Peruvian guide showed this site to Hiram Bingham, it was almost unrecognizable, covered in thick vegetation and in a state of disrepair. It has since been cleaned and restored and is now protected and treasured by the world at large!

After this tour, you are free to climb up to Huayna Picchu or Machu Picchu Mountain (Be sure to book in advance to get tickets for these!). Each mountain takes approximately 3 hours to hike up and down. Another lower-impact option for which you do not need an extra ticket is to trek to the Sun Gate, the main entrance from the Inca Trail (this takes about 2 or 2.5 hours round-trip). Another option is walking to see the Incan Bridge. You will be able to stay and enjoy this magical city for more than 7 hours before hiking back down to Aguas Calientes for the train ride at 16:22 hrs (subject to availability) to Ollantaytambo. A private bus will pick up our group and drop you off at your hotel in Cusco at about 20:00 hrs. Rest your feet and your body now, but we can assure you your heart will still be soaring for weeks and years to come!

Overnight
Hotel
Drive
5 Hours approx
Hiking/Tour
4 Hour approx.
Meals
B/L/-

Included meals: B=breakfast; **L**=lunch; **D**=dinner

What's Included

Services included in the prices:

- **Professional guides:** All of our guides studied English and Tourism at University. They all grew up in this region and have a true passion to teach others about their heritage. They are all a lot of fun to be around, but know when they need to be professional and will always look after you to make sure you are safe and happy – enjoying the tour.
- **Briefing:** The night before your trek, you will come to our office for your briefing with your guide. It is at the briefing that you will receive your duffel bag that will be with the porters while you hike. This bag should not exceed 7kg/14 lbs and does need to include your sleeping bag and air matt if you have chosen to rent/bring one. Don't worry, there is plenty of room for your things for the trek. Remember layers are key.
- **Porters & Horsemen:** We include your personal porter who is responsible for carrying your duffel

with your personal items. There is no additional fee for this. We will give you your duffel bag at your briefing the night before and this should be filled with the things you need for night and the next day. You will not have access to your duffel until your evening campsite.

- **Emergency horse:** All of our alternative treks include an extra horse for our clients to use if they need a little break from trekking. Due to the path conditions, this horse is only available for the first day and a half, so please save your energy. If you are feeling unwell, there is a possibility to take a car to the second campsite with the porters.
- **Hotel:** The trek will include 3 nights of camping and 1 night in a hotel in Aguas Calientes, the town below Machu Picchu. We include a 3 star hotel, typically at Inti Punku Inn (or similar) if available. Your booked hotel will be listed on your confirmed invoice. Upgrades are always possible.
- **Transportation:** All your transportation is included in this trek. You will be picked up directly from your hotel around 4:30 AM (unless you are staying in Ollantaytambo before the trek) and brought to the trailhead to begin your trek. Your train returning after Machu Picchu is Expedition class and can be upgraded on your way home to the Vistadome train for $65 per person. Once you arrive to the train station, you will be brought back to your hotel in Cusco. Your roundtrip bus ticket from Aguas Calientes to Machu Picchu is also included.
- **Equipment:** Tika Trekking has the best equipment. We use 4 man, Eureka Timberline tents that only need to be shared by 2 people. This allows some room to spread out and keep your duffels safely with you. You will have a spacious dining tent to enjoy your meals.
- **Food:** Many of our past trekkers have commented about the wonders of the Tika Trekking chefs. They make magic happen on the trail in a small tent over a single flame. We honor all food restrictions – but make sure you remind your guide at the beginning of the trek. Food is served family style and there will be plenty of options for everyone – and always food left over. Do not worry – nothing goes to waste. Our porters will make sure to eat every bite.You will enjoy breakfast, lunch and dinner each day of the trek along with a happy hour of some tea and snacks. You will also be provided a snack each morning for you to bring with you and enjoy along the hike. Lunch the last day is not included.
- **Water:** Beginning from your first lunch until your last breakfast, Tika Trekking will supply all the water you need for your trek. This water will be boiled, filtered and then cooled down before distributing. You must supply your own water bottles or camelback and we recommend carrying about 3L. We will refill at each meal and encourage you to drink as much as possible as you hike. Hydration is key to feeling great in the mountains.
- **First aid:** Your safety is our number 1 concern. All our guides are trained and re-trained every single February with a medical doctor. They all will have first aid kits and full oxygen tanks in case anything happens. We will get you off the trail as quickly and comfortably as possible, if needed and will make sure you get directly to a clinic for treatment. This is not something to worry about – but if something happens, we will be there for you.
- **Extras:** We believe its the attention to small details that separates us from other outfitters. Every trekker receives a small pillow to sleep with, a foam matt to insulate them from the cold ground, a daypack cover to protect their things while hiking, a rain poncho (slightly thick to keep in good shape). We want this to be your best vacation and will work very hard to make sure this happens.

Not included:

- Rentals: Every trekker needs a sleeping bag when you choose the camping option
- Inflatable air matts are optional, but do help in getting a good night sleep
- Walking sticks are definitely encouraged and must have a rubber tip when bringing your own
- If you don’t have or want to bring any of the above, they are all available for rent: Sleeping Bag: $25 US Inflatable Air Matt: $20 US Walking Sticks (Pair): $20 USHUAYNAPICCHU: Huaynapicchu is the mountain that stands next to Machu Picchu and has beautiful views from the top of Machu Picchu from above
- It takes 45 minutes to get to the top and then 45 minutes back down and is quite steep for those scared of heights

- This is done after your tour of Machu Picchu and is $25 per person to hike
- This is extremely popular and needs to be arranged at least a month or two prior to your trek
- Please understand that we can’t control weather and cloudy days will prevent perfect pictures

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Build your tailor made trip in South America with our experts.

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- Visit Machu Picchu
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- Backpacker trips to Cusco
- Choquequirao Trek
- Ausangate Trek to Machu Picchu
- Salkantay Trekking Adventure
- Short Inca Trail to Machu Picchu
- Lares Trek to Machu Picchu
- Vilcabamba Trekking
- Climb Volcano Chachani
- Visit Salar de Uyuni
- Bolivian Highlands
- Climb Huayna Potosi
- Visit Isla del Sol Sun Island
- Climb Volcano Sajama
- Climb Cotopaxi & Chimborazo:
- Climb Volcano Ojos del Salado
- Visit Torres del Paine
- Climb Mount Aconcagua
- Visit Iguazu Falls & Rio
- Climb Mount Orizaba
- Visit Rainforests and Volcanoes
- Climb Volcano Tolima

Accordion #1
Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

Accordion #2
Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15º to 20ºC)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fibber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participantFirst-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lips

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

See More

Equipment Mountain

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves(Good gloves) for expeditions over 6000meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks – Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

See More

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

→ If you need to rent mountain equipment click here:

Prices & Dates

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 MAY 2027/ 05 MAY 2027

$ 950

Join Now

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUN 2027/ 05 JUN 2027

$ 950

Join Now

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUL 2027/ 05 JUL 2027

$ 950

Join Now

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 AUG 2027/ 05 AUG 2027

$ 950

Join Now

- Single Supplement (I want my own room and tent) – $000 on request.

Please note: Insurance for emergency evacuation is required for this trip. Call for more details.

» Additional dates available upon request
» Rates may vary from July 26th to 31th for the national holidays

Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
2900 USD	1450 USD	1350 USD	1250 USD	1150 USD	1000 USD	980 USD	950 USD

Deposit for reservations: — USD (– EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

Places: *Available
Trip-code: Number ►PER-
Duration: 05 days
Participants: Minimal: 4 Maximal: 12
Members: We don't have an open group to join – We can open a new group – Contact us!
Country / Location: Peru

Mountain Guide: Eric Albino Lliuya
Other dates / additional info: Contact us!

3% early bird discount when booking 6 months prior to departure 2027

Legend Booking-information:
EZZ Single room supplement
 On this trip, places are still available.
 On this trip, only a few places left.
 This trip is sold out / closed.

Eric Albino Lliuya

Expert guide certified by AGOMP
Tour-guide of Peru Expeditions

- **WhatsApp:** +51 943 081 066
- **E-Mail:** office@peru-expeditions.org

Read more

Items to have:

- **Daypacks:** Daypacks are not provided by as. You must bring your own, but nothing too large as you don't want it to be too heavy while your trekking. Plus, Machu Picchu will not allow you to bring in a bag larger than 25L so if you have a large backpack it will need to be stored before your tour. Only essentials while trekking are needed to be on your back: water, snack, camera, sunhat, warm layer, rain layers, insect spray, sunscreen, and first aid kit
- **Headlamps:** It is strongly encouraged to bring a headlamp for your night camping. There will be no lights at the camping site and hard to get to your dining tent or bathroom without. Flashlights are ok if you don't have a headlamp, but not as easy to use when you are changing for bed in your tent
- **Packing list:** We do have a suggested packing list on the side of this trek to print for packing. But please remember, that layers are key to keeping things light. A few wicking t-shirts, fleece and hiking/yoga pants is all you need for the hike. A warm jacket, hat and gloves and comfortable shoes are good for the campsites and then something lovely for Machu Picchu day and pajamas. Please remember strong insect repellant with Deet for the ruins, they are quite buggy. And your passport needs to be on you at all times – you will need to enter the trail, the citadel and the train. Please also bring your customs card you received on the plane to the office, we will need a copy for our taxes

Commonly asked:

- **Flights:** Flights do need to be arranged on your own and flying to Cusco can be a little tricky. Delays happen often and it is not uncommon for flights to be cancelled for no reason. Please make sure you arrive in the city at least 2 days before your trek start date. LAN Peru is the most reliable of the airlines that fly between Lima and Cusco with many time options, but Avianca and Peruvian Airlines are good companies as well. You will not be back from your trek until around 8PM on day 2, so make sure your flight is not until the next day when leaving Cusco
- **How many day before your trek:** There are no rules to how many days you need to be in Cusco, but it is highly recommended to spend at least 2 days in the mountains before you start any trek. This can be in Cusco, Lake Titicaca or even Arequipa, but resting in the mountains and allowing your body to adjust slowly is the key to successfully and comfortably doing any trek in the Andes

- **Gratuities:** We go out of our way to make sure our team is well taken care of with a proper salary, but tipping is always appreciated. This should be based completely on your satisfaction. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels
- **Charging your devices:** At the second campsite, there is an opportunity to plug any of your devices low on charge. The local family charges 5 soles per device. Otherwise, we recommend bringing an extra charge supply to keep your music and camera going
- **Storage:** All hotels in the Cusco area are equipped to keep your larger bags safe while you are trekking with us. If you prefer, you can always keep your bags with us. We will keep at our equipment deposit and will make sure they are safe
- **Travel insurance:** This is not required, but always a good idea. For those of you used to living at sea-level, landing in Cusco will be a little different. Most people need 1 – 2 days to adjust, but in case you can't get used to the altitude, having some protection for missed tours, which will all be due in full, is a very good idea
- **Vaccinations:** There are no needed vaccinations for Cusco other than your routine vaccinations, but other areas of Peru, most commonly the Amazon, do require additional treatment

Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** +49(0)7344 929144-0

More information

We are a Private Company with a Specialized Peruvian Andean Rescue Team "Socorro Andino Peruano", offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** +1 (617) 459-4200

More information

Only $1000 deposit to book

Pay over time, interest free

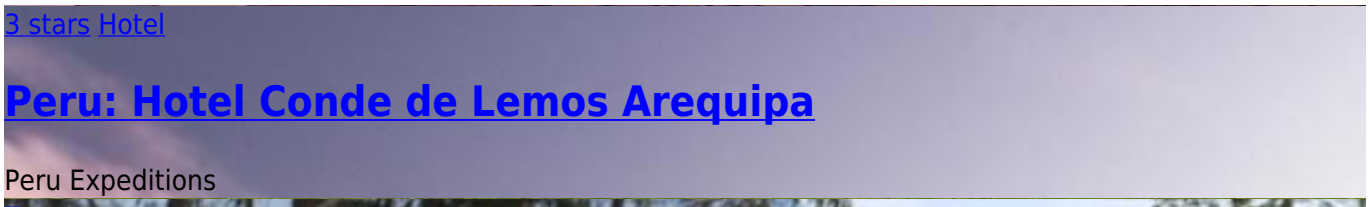
No booking fee, no change fee

24/7 support

Accommodations

Scroll through our exclusive accommodations for this trip below. Although very unlikely, we will be able to make substitutions when necessary. The comfortable accommodations that guests stay in every night offer comfort, the level that these options are are 3 stars and some hostels in some towns of first class quality to make your stay very pleasant.

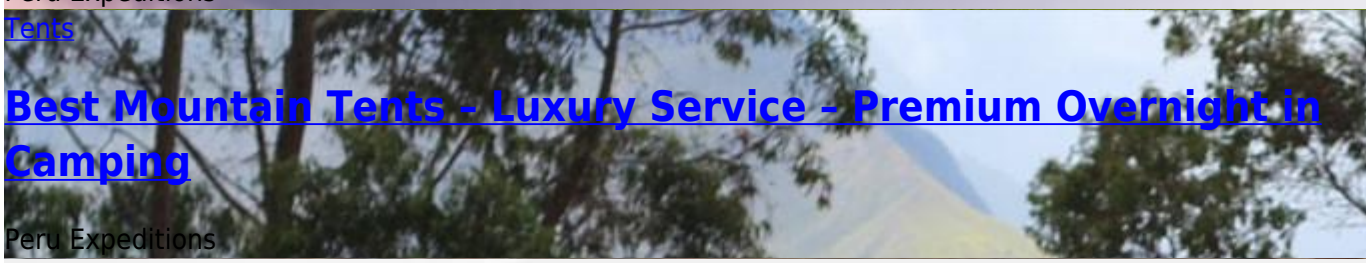
These exact accommodations are not guaranteed. In some cases, alternative accommodation of similar quality and location can be used.



3 stars Hotel

Peru: Hotel Conde de Lemos Arequipa

Peru Expeditions



Tents

Best Mountain Tents – Luxury Service – Premium Overnight in Camping

Peru Expeditions



3 stars Hotel

Peru: Hotel Rumi Wasi in Chivay

Peru Expeditions



3 stars Hotel

Peru: Hotel Conde de Lemos Puno

Peru Expeditions



3 stars Hotel

Peru: Hotel Inca Wasi Plaza Cuzco

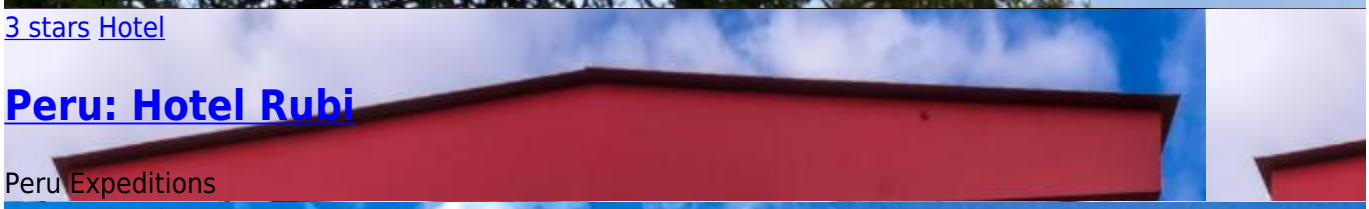
Peru Expeditions



3 stars Hotel

Peru: Hotel Puma

Peru Expeditions



3 stars Hotel

Peru: Hotel Rubi

Peru Expeditions



3 stars Hotel

Peru: Hotel Churup

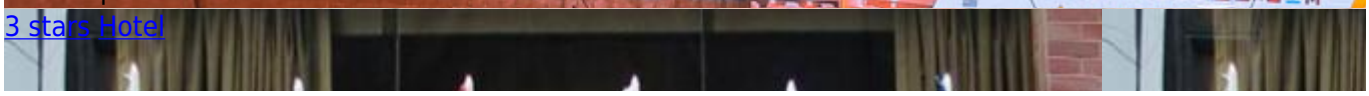
Peru Expeditions



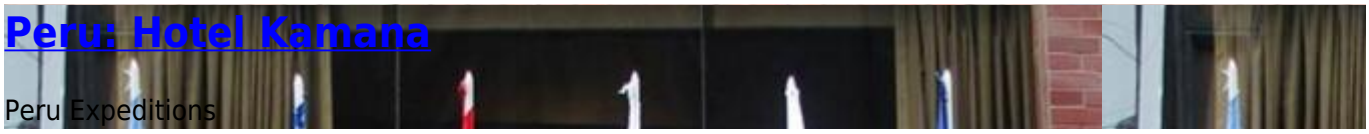
2 stars Hotel

Peru: Hotel Valery

Peru Expeditions



3 stars Hotel



Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

Suggested FAQs

What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?

For our mountain climbing trips: If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

Regarding the preparation of children: Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with they.

Regarding older people: It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: +51 943 081 066**

Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: https://peru-expeditions.org/equipment-rental/ . **For calls or inquiries to this number: +51 943 081 066**

Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?

Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19. Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners –Global Rescue.** If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: +51 943 081 066**

What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: +51 943 081 066**

How far in advance should I start training and what kind of training do you suggest?

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: +51 943 081 066**

What is the average distance and altitude gain that we will hike each day?

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if If you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: +51 943 081 066**

Will there be porters to help to carry group and personal equipment?

In our trips, either hiking or mountaineering: Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

Who are the porters? They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: +51 943 081 066**

How will accommodation and meals be handled during the trek?

About accommodation or meals during the tour: Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

If the tour is with camps and trekking: During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

If the trip is at altitude or in the mountains: We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

What is the guide-to-client ratio to climb this mountain?

In mountains above 5000 meters: A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

In technical mountains: In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: +51 943 081 066**

What is the best time of the year to climb this mountain?

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: +51 943 081 066**

Do I have what it takes to succeed on this expedition?

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

How can I get to the trailhead/meeting point?

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a A representative of our company will pick you up and then ship you to your transport to

continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: +51 943 081 066**

What is the best time of the year for this hike?

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: +51 943 081 066**

What happens in the event of bad weather?

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even is good season we can have bad weather, in this case on hiking or treks trips The complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: +51 943 081 066**

Can I join a group?

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

Why go in a private trip: For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: +51 943 081 066**

Additional information

We help in the purchase of air tickets: we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the

countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → **More information click here**

About a Satellite Phone or inReach® Messenger - GARMIN: On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → **More information click here**

Many of the participants or clients of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → **More information click here**

Our mountain guides or tour leaders: All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → **More information click here**

VISA

CURRENCY

VACCINATIONS

FIRST AID KIT

WHY CHOOSE US?

JOIN A GROUP

VISA

VISA NEEDED

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days.**

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world,** for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, **→ contact us!**

CURRENCY

CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:

Local money | $1 = 000 | **EUR 1** = 000 = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → **E-mail,** or by **WhatsApp.**

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

ATMs are available in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

VACCINATIONS

VACCINATIONS BEFORE YOU LEAVE

Compulsory vaccinations:

– They are not required

Recommended vaccinations:
– Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)
– Tetanus
– Diphtheria
– Typhoid fever
– Yellow fever (yellow fever)
– Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → **E-mail** or **WhatsApp** and we will provide you with more detailed information.

FIRST AID KIT

TRAVEL FIRST AID KIT

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

ATTENTION! Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → **E-mail** or **WhatsApp** and we will provide you with more detailed information.

WHY CHOOSE US?

WHO ARE WE AND WHY CHOOSE US?

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are “Registered Travel and Tourism Agency”. To know more about → **US click here please!**

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shits, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents.**

We provide the best living and eating conditions. We take into account the peculiarities of nutrition **(you can order a vegetarian menu).**

Free conferences in the office with **own videos material and photographs**

JOIN A GROUP

ARE YOU LOOKING FOR A TRAVEL PARTNER?

Join a group with us: Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share you experience with on an unforgettable journey. (» Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100%) » WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! **→ JOIN A TRIP WITH US!**

Why Travel with us

Your Safety is Our Priority

Expert Guides

Sustainable Tourism

Andean Chefs

Food on the Trail

Small Groups

- Recommended Tours

Inca Trail to Machu Picchu 5

Perú 07 Days/06 Nights

Choquequirao Trek Adventure 5

Perú 04 Days/03 Nights
Recommended

Rainbow Mountain, Vinicunca 5

Perú Full Day
Recommended

Vilcabamba Trek to Machu Picchu 5

Perú 05 Days/04 Nights

Reviews

Leave a Reply

YOU ARE AN ADVENTURE LOVER and you want to experience something extraordinary and extreme?

You are an adventure lover and you dream of leaving with a thrill. **Peru Expeditions Tours** is also an option for you. Take advantage of our travel offer that we have for you!

“We don’t sell tours, we provide memorable lifetime experiences.”

We are a recognized tour operator **100% peruvian company** that specialists in adventure and traditional tours service.