

Mexico: High Cultures and Aatural Beauties

This Mexico round trip leads to colonial cities and Mayan ruins, to small villages and to scenic regions. The tour starts in Mexico City and we dive into this colorful and vibrant metropolis of millions. Experience Teotihuacan with the mighty Pyramid of the Sun and Moon. Through the highlands, past the snow-capped peak of Popocatepetl, we travel to the city of Puebla with its magnificent colonial architecture. We visit Monte Albán near Oaxaca: the ruins are impressive on an artificially flattened ridge and were the religious center of the Zapotecs. During a boat trip we experience the grandiose Sumidero Canyon. San Cristóbal de las Casas enchants with colorful colonial buildings. Palenque, the most beautiful ruined city in Mexico, is hidden in the dense jungle. In Yucatan we visit Campeche.

Diverse Mexico tour with highlights from the bustling capital to the Caribbean peninsula of Yucatan

- Experience the vibrant metropolis of Mexico City
 - Visit to the world famous Anthropology Museum in Mexico City
 - UNESCO World Heritage Site Teotihuacan
 - Visit famous archaeological sites such as Monte Albán, Palenque, Uxmal and Chichen Itzá
 - Magical colonial cities of Oaxaca, San Cristobal de las Casas and Mérida
 - Boat ride in the mighty Sumidero Canyon
 - On the trail of ancient advanced cultures from the Aztecs, Toltecs, Mixtecs, Zapatecas and Maya
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- 13 Days/12 Nights
 - January to December
 - Easy

Difficulty Condition

[More Info](#)

Travel Program

[Day 1: Mexico City \(Mexico City\)](#)

Individual arrival in Mexico City.

Upon arrival at Mexico City Airport, you will be met and greeted by our local representative. Afterwards transfer to the hotel. The rest of the day is free to rest from the long journey and to discover the heart of the Mexican metropolis on your own.

Accommodation: Hampton Inn & Suites Centro Historico (or similar)

Overnight

Hotel

Flight

Arrival to Mexico

Driving

1 hours aprox.

Hiking

1 hours aprox

Meals

-/-

Day 2: Sightseeing tour of Ciudad de México

Our journey through Mexico begins with one of the largest cities in the world. Mexico City is the political, social and cultural center of the country with numerous universities, museums and monuments. Surrounded by the snow-covered twin volcanoes Popocatepétl and Ixtacíhuatl, today more than 25 million people live in the metropolitan area. Our tour takes us to the center, to the Zócalo. The presidential palace is enthroned here on the east side and the cathedral on the north side, which we will visit. In between are the remains of the former Aztec capital Tenochtitlán, whose main temple, the Templo Mayor, we visit. It was only discovered in 1978 when an enormous stone disc with the image of the moon goddess was found during excavation work.

The district of Xochimilco in the south of Mexico City is known for its floating gardens, which the Aztecs created several hundred years ago on Lake Texcoco to supply their capital. The canals of the “huertos flotantes” have a total length of more than 150 km and were declared a UNESCO World Heritage Site in 1987; they are a popular destination for the population and tourists, as well as a lifeline in the mega-metropolis. On a small boat tour you will get to know the gardens.

- **Activities included:**

- Visit to the historic center, the Templo Mayor and Xochimilco

- **Accommodation:** Hampton Inn & Suites Centro Historico (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 3: Sightseeing tour of Ciudad de México

Our day starts with a visit to the Ministry of Education in Mexico City (Secretaría de Educación Pública) with murals by Diego Rivera, which contributed a significant part to the painter’s success. The neo-colonial building encloses two courtyards, which he called “Patio del Trabajo” and “Patio de las Fiestas”. Between March 1923 and September 1928, Rivera created numerous frescoes here on a total area of approx. 1,500 square meters, including depictions from the Passion of Christ, battle scenes from the revolution, traditions of the people as well as landscape paintings.

Only a few blocks away from the Zócalo you can explore the fascinating “Plaza Santo Domingo”, the spiritual center of the city during the colonial period. The center of the square features a fountain with a statue commemorating Josefa Ortiz de Domínguez, a heroine of the Mexican War of Independence. An endearing feature of the square is the “Portal de los Evangelistas,” an arcade where scribes and writers offered their services to illiterate people for many decades, helping them fill out forms and draft letters—often love letters, too. Today fewer typewriters clatter here, but the writing guild continues to do good business.

The famous Anthropological Museum is Mexico's most visited museum. It consists of twelve exhibition halls, each dedicated to a different pre-Columbian cultural group of Mexico - a total of almost 80,000 m² of exhibition space. Designed in 1964 under the leadership of the architect Pedro Ramírez Vázquez, the monumental building is particularly impressive with a mighty column in the courtyard that supports a huge concrete screen. Discover the cultures of the Olmec, Toltec, Aztec and Maya, among many others.

Continue to the impressive Chapultepec Park. The complex was once only a forest area and a sacred place for the Aztecs; today it is a green oasis in the middle of the capital with old shady trees, dreamy lakes, a sculpture garden, several museums and monuments (like the Altar a la Patria in memory of the Niños), a zoo and beautiful market stalls. Above the park is the palace, which was rebuilt in 1864 by the Habsburg Emperor Maximilian of Mexico in the style of his Italian villa.

As a landmark in the heart of Mexico City, the "Torre Latinoamericana" rises with its striking yet filigree steel frame construction; a technical and architectural masterpiece that successfully defies the geological conditions of the former swamp area and the location on an active tectonic fissure with 361 pile columns placed underground. The project was designed and implemented by the Zeevaert brothers - civil engineers who were already conducting intensive studies on earthworks mechanics and thus made the Torre Latinoamericana one of the safest buildings in Mexico. Built as the headquarters of an insurance company between 1948 and 1956, the building weighs around 25,000 tons and is 181 meters high. The viewing platform on the top, 44th floor,

- **Activities included:**

- Visit to the Anthropological Museum

- Visit Chapultepec Park and Torre Latinoamericana

- **Accommodation:** Hampton Inn & Suites Centro Historico (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 4: Mexico City - Teotihuacan - Puebla

We now leave Mexico City and drive to the mighty pyramid complex of Teotihuacán. On the way we stop at the Basílicas de Guadalupe. At the Plaza de las Américas, the old and the new basilica stand side by side. During a short tour we can visit the churches and the gardens behind them. The church, which can accommodate more than 20,000 believers, is the most important place of pilgrimage in Latin America. It is dedicated to the Virgin of Guadalupe, one of Mexico's most important patron saints.

After this spiritual experience we continue.

In the plateau surrounded by mountains, the Pyramids of the Sun and the Moon stand out like natural peaks. In 1988, Teotihuacán was added to the list of cultural assets particularly worthy of protection by UNESCO. Between 250 B.C. 125,000 to 250,000 people lived in around 2,300 residential complexes at the time of its heyday. Only when you walk along the mighty - 1 km long - "Street of the Dead" do you become aware of the dimensions of this complex. It was once a thriving commercial metropolis and religious center. It is still a mystery today why the city was burned down.

A colorful colonial city is next on the program: Puebla, whose architecture is characterized in particular by the colorful Talavera tiles. The most beautiful sights of Puebla are not far from the Zócalo and can be

reached on foot in a short time. You will first visit the Plaza de la Constitución – one of the largest and most beautiful squares in Mexico, surrounded by many arcades. Of course you will also find the city’s cathedral here, which was built expressively in the style of the Mexican baroque. You can also try the famous pier. Once created by nuns countless decades ago for bishops to visit, the thick chocolate sauce “mole poblano” is a delicacy made from countless spices, herbs and chocolate. The original recipe is a well-kept secret to this day.

- **Activities included:**

- Visit to the Basílicas de Guadalupe

- Visit to Teotihuacán

- Visit to Puebla

- **Accommodation:** Hotel Colonial de Puebla (or similar)

- **Meals:** 1x breakfast

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

[Day 5: Puebla - Monte Alban - Oaxaca](#)

The botanical garden in Zapotitlán Salinas is not a garden in the usual sense, rather a natural landscape awaits us, which we can explore via stairs and paths. The path leads us past meter-high columnar cacti, palm trees and elephant foot trees to the top of the hill, where we get a wonderful view of the surroundings.

Our next visit brings us into the world of the Zapotec and Mixtec – the mighty Monte Albán. Even when there are many visitors, there is still a strange stillness about this enchanting place. The ruins, magnificently situated on an artificially flattened ridge, are surrounded by a ring of terraces, houses, temples and tombs on the slopes of the mountain. In its heyday (500-800 AD) the center is said to have had around 50,000 inhabitants. The mighty Temple Mount was inhabited for more than 1,000 years before it was abandoned around 900 by the Zapotecs, also due to the advancing Mixtecs.

- **Activities included:**

- Visit to the botanical garden in Zapotitlán Salinas

- Excursion Monte Albán

- **Accommodation:** Casa Conzatti (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 6: Oaxaca

Small, colorful alleys and a mixture of colonial and indigenous heritage characterize Oaxaca, whose center we are visiting today. First up is the magnificent church of Santo Domingo and the regional museum in the imposing Dominican monastery. The monastery with its magnificent staircase, the traces of wall frescoes and the remains of the generously covered fountain in the inner courtyard now houses the museum. Certainly the most impressive finds include the gold work from Tomb 7 (1250-1480) at Monte Albán, which is one of the outstanding masterpieces of Mixtec goldsmithing. After the treasure chambers of the museum, we stroll through the romantically laid out streets of Oaxaca and can browse the colorful market Mercado Juárez.

- **Activities included:**
Oaxaca city tour
- **Accommodation:** Casa Conzatti (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 7: Oaxaca - Tehuantepec

Our journey now takes us further towards the Pacific coast. Along the way, we marvel at the mighty Tule, an Ahuehuete tree that has grown to over 120 feet in circumference over the course of its approximately 2,000 years of life. In Mitla, on the other hand, we puzzle over what meaning the “place of the dead” might have had.

A famous spirit, on the other hand, awaits us on our next visit, because we are going to a Mezcal distillery. We learn how the “schnapps with the worm” is made and that the worm, the Gusano del Maguey, is actually a caterpillar.

After the many impressions, it’s now down to the Pazifikstrand. Stretch your legs or sample some seafood before reaching today’s accommodation in Tehuantepec.

- **Activities included:**
Tule, Mitla and Mezcal distillery
- **Accommodation:** Hotel Calli (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 8: Tehuantepec - Sumidero Canyon - San Cristóbal de las Casas

A boat trip through the grandiose Sumidero Cañon awaits us today. The journey leads through the deeply incised gorge of the Río Grijalva. Looking at the sheer walls that rise up to 1,000 meters, we are reminded of Nordic fjords. High waterfalls with lush overgrown ferns and mosses surprise with their variety. Tropical vegetation and exotic animals such as mini alligators, toucans, pelicans and herons live in Sumidero National Park. After this impressive excursion we will return to the pier and continue to San Cristóbal de las Casas.

- **Activities included:**
Sumidero Cañon boat trip
- **Accommodation:** Hotel Mansion del Valle (or similar)
- **Meals:** 1x breakfast

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 9: San Cristóbal de las Casas

Today we discover the picturesque colonial town in the mountains of Chiapas. From the Zócalo the path leads through the old town to the cathedral and the most beautiful building in San Cristóbal, the church Iglesia del Convento Santo Domingo.

Then we drive into the mountains, where descendants of the Maya still live today. We reach the village of San Juan Chamula, the ceremonial center of the Chamula and Zinacantán. The Church of Chamula impressively combines Catholicism and ancient Mayan rituals in an unusual but impressive way. The church has no chairs, the floor is covered with pine needles and straw. Families with healers invoke the spirits, while before the figures of the twelve apostles, men and women kneel and pray in deep spirituality. The local men are known for their special costumes with their pink robes over short white trousers and their hand-woven straw hats decorated with colorful ribbons. These, but also colorfully embroidered blouses, fruits and vegetables are offered for sale along the way, because the valley of Zinacantán is known for its artisans. The region is very fertile and our path takes us past fields of spices, citrus plants, flowers and cucurbits.

- **Activities included:**
City tour
Visit to the villages of Chamula and Zinacantán
- **Accommodation:** Hotel Mansion del Valle (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 10: San Cristóbal de las Casas - Palenque

From the mountains of Chiapas we now drive down into the subtropical jungle. About 40 km south of Palenque we reach the rushing waterfalls of Roberto Barrios. The turquoise-blue water pours over several terraces over a distance of several hundred meters into small rock pools that invite you to swim. We relax a bit before we return to Palenque.

- **Activities included:**
Roberto Barrios waterfalls
- **Accommodation:** Ciudad Real Palenque (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 11: Palenque - Campeche

We start today with the ruins of Palenque. Around 300 BC Founded in the 7th and 8th centuries AD, Palenque flourished. It was one of the first cities of the Classic Maya period, but was inexplicably abandoned. We visit the "Temple of Inscriptions" with more than 620 hieroglyphs that tell the story of King Pacal – but also the Palace, the Sun Temple and the North Temple with its stucco remains and warlike scenes.

After visiting what are probably the most beautiful ruins in Mexico, we can relax on the drive to Campeche. Once there, a tour takes us through the small streets of the important port city. The city of Campeche is surrounded by a wall that used to protect against pirates. Within this wall we marvel at the most beautiful, restored colonial buildings, the Zócalo and the La Concepción Cathedral and let ourselves be taken back to the time of the Spanish conquerors.

- **Activities included:**
Visit to Palenque and Campeche
- **Accommodation:** Plaza Campeche (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 12: Campeche - Merida

After the classic Maya architecture in Palenque, we delve into the late classic Maya era in Uxmal. Built around 600 - 950 AD in several construction phases, the significance of many buildings has not yet been fully deciphered. The ruins impress with beautifully decorated facades, huge terraces and squares, columns and archways.

After visiting Uxmal we continue our journey to Mérida. Founded in 1542, the colonial city is the economic and cultural center of the Yucatán to this day. During a tour we get to know the cathedral, the Palacio Municipal and the house where the founder of the city was born - the Casa de Montejo. Mérida impresses with colonial charm, narrow streets and romantic horse-drawn carriages. The influence of Spain and France can be felt throughout the city. For example, the Champs-Elysees served as a model for the boulevard Paseo de Montejo.

- **Activities included:**

- Visit to Uxmal City
 - Tour of Mérida

- **Accommodation:** Holiday Inn Express Merida Centro (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 13: Merida - Cancun

We saved one more highlight for last: the visit to the cult site Chichén Itzá. The ruins are gigantic! To date, almost 30 of the many buildings that have been buried and overgrown by the jungle have been uncovered and restored. These include, for example:

“El Castillo”, the most impressive building (30 meters high!), rises far above the complex and dominates the ruins.

“El Caracol” is reminiscent of a snail shell.

The observatory was used by the Maya, among other things, to observe Venus and its orbit.

After the detailed tour, our trip ends in Cancún in the late afternoon (approx. 5 p.m.). Transfer to the

airport is included.

Would you like to stay a little longer and relax on the beach with the sound of the Caribbean Sea? We would be happy to organize your extension in a beach hotel on the Riviera Maya between Cancún and Tulum.

- **Activities included:**
Visit to Chichén Izta

Overnight

Hotel

Driving

1 hours aprox.

Hiking

1 hours aprox

Flight

Go back home by plane.

Meals

B/-/-

Included meals: **B**=breakfast; **L**=lunch; **D**=dinner

What's Included

Services included in the prices:

- Mexico round trip according to program
- All transport and transfers as described
- Excursions, activities and visits as per itinerary
- All entrance fees according to the program
- Parking and highway fees
- Gratuities for maids and porters (1 piece of luggage per person)

Not included:

- Meals and drinks not mentioned
- Optional excursions and activities
- Personal expenses, tips

Would you like to customize this trip?

Build your tailor made trip in South America with our experts.

Our travel experts will help you plan the trip of your dreams. Customizing every aspect of your holidays in South America to your specific preferences.

[We Provide Satellite Internet access during Treks or Expeditions](#)

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- [Climb Cotopaxi & Chimborazo:](#)
- [Climb Volcano Ojos del Salado](#)
- [Visit Torres del Paine](#)
- [Climb Mount Aconcagua](#)
- [Visit Iguazu Falls & Rio](#)
- [Climb Mount Orizaba](#)
- [Visit Rainforests and Volcanoes](#)
- [Climb Volcano Tolima](#)

Accordion #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

Accordion #2

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that

this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15° to 20°C)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fiber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participant First-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lips

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

[See More](#)

[Equipment Mountain](#)

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves(Good gloves) for expeditions over 6000meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks - Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

→ If you need to rent mountain equipment click here:

Prices & Dates

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 NOV 2026 / 13 NOV 2026

\$ 2950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 DIC 2026 / 13 DIC 2026

\$ 2950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JAN 2026 / 13 JAN 2026

\$ 2950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 FEB 2026 / 13 FEB 2026

\$ 2950

[Join Now](#)

- Single Supplement (I want my own room and tent) – \$000 on request.

Please note: Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

- » Additional dates available upon request
- » Rates may vary from July 26th to 31th for the national holidays

Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
5900 USD	2950 USD	2850 USD	2750 USD	2650 USD	2550 USD	2450 USD	2350 USD

Deposit for reservations: — USD (- EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

Places: *Available

Trip-code: Number ►MEX-

Duration: 13 days

Participants: Minimal: 4 Maximal: 12

Members: We don't have an open group to join – We can open a new group – [Contact us!](#)

Country / Location: Mexico

Mountain Guide: Eric Albino Lliuya

Other dates / additional info: [Contact us!](#)

3% early bird discount when booking 6 months prior to departure 2026

Legend Booking-information:

EZZ Single room supplement

On this trip, places are still available.

On this trip, only a few places left.

This trip is sold out / closed.

Eric Raul Albino Lliuya

Expert guide certified by AGOMP
General Sales Manager of Peru Expeditions

- **WhatsApp:** [+51 943 081 066](tel:+51943081066)
- **E-Mail:** office@peru-expeditions.org

[Read more](#)

Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49073449291440)

[More information](#)

We are a Private Company with a Specialized Peruvian Andean Rescue Team “Socorro Andino Peruano”, offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** [+1 \(617\) 459-4200](tel:+16174594200)

[More information](#)

Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

Suggested FAQs

[What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)

For our mountain climbing trips: If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

Regarding the preparation of children: Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

Regarding older people: It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have

any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?](#)

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?](#)

Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19. Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners -Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?](#)

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps if you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[How far in advance should I start training and what kind of training do you suggest?](#)

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What is the average distance and altitude gain that we will hike each day?](#)

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

[Will there be porters to help to carry group and personal equipment?](#)

In our trips, either hiking or mountaineering: Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

Who are the porters? They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](#)**

[How will accommodation and meals be handled during the trek?](#)

About accommodation or meals during the tour: Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

If the tour is with camps and trekking: During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

If the trip is at altitude or in the mountains: We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

[What is the guide-to-client ratio to climb this mountain?](#)

In mountains above 5000 meters: A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

In technical mountains: In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](#)**

[What is the best time of the year to climb this mountain?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](#)**

[Do I have what it takes to succeed on this expedition?](#)

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

[How can I get to the trailhead/meeting point?](#)

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

[What is the best time of the year for this hike?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](#)**

[What happens in the event of bad weather?](#)

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips the complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

[Can I join a group?](#)

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

Why go in a private trip: For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Additional information

We help in the purchase of air tickets: we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → [More information click here](#)

About a Satellite Phone or inReach® Messenger - GARMIN: On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → [More information click here](#)

Many of the participants or clients of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → [More information click here](#)

Our mountain guides or tour leaders: All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → [More information click here](#)

VISA

CURRENCY

VACCINATIONS

FIRST AID KIT

WHY CHOOSE US?

JOIN A GROUP

VISA

VISA NEEDED

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days**.

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world**, for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, [→ contact us!](#)

CURRENCY

CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:

Local money | \$1 = 000 | EUR 1 = 000 = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → [E-mail](#), or by [WhatsApp](#).

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

ATMs are available in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

VACCINATIONS

VACCINATIONS BEFORE YOU LEAVE

Compulsory vaccinations:

- They are not required

Recommended vaccinations:

- Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)

- Tetanus
- Diphtheria
- Typhoid fever
- Yellow fever (yellow fever)
- Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

FIRST AID KIT

TRAVEL FIRST AID KIT

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

ATTENTION! Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

WHY CHOOSE US?

WHO ARE WE AND WHY CHOOSE US?

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are "Registered Travel and Tourism Agency". To know more about → [US click here please!](#)

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shirts, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents**.

We provide the best living and eating conditions. We take into account the peculiarities of nutrition (**you can order a vegetarian menu**).

Free conferences in the office with **own videos material and photographs**

JOIN A GROUP

ARE YOU LOOKING FOR A TRAVEL PARTNER?

Join a group with us: Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share you experience with on an unforgettable journey. (« Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100% » WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! → [JOIN A TRIP WITH US!](#)

Why Travel with us

Your Safety is Our Priority

Expert Guides

Sustainable Tourism

Andean Chefs

Food on the Trail

Small Groups

- Recommended Tours
-

[Inca Trail to Machu Picchu 5](#)

[Perú 07 Days/06 Nights](#)

[Choquequirao Trek Adventure 5](#)

[Perú 04 Days/03 Nights](#)

[Recommended](#)

[Rainbow Mountain, Vinicunca 5](#)

[Perú Full Day](#)
[Recommended](#)

[Vilcabamba Trek to Machu Picchu 5](#)

[Perú 05 Days/04 Nights](#)

Reviews

Leave a Reply

YOU ARE AN ADVENTURE LOVER and you want to experience something **extraordinary and extreme?**

You are an adventure lover and you dream of leaving with a thrill. **Peru Expeditions Tours** is also an option for you. Take advantage of our travel offer that we have for you!

“We don’t sell tours, we provide memorable lifetime experiences.”

We are a recognized tour operator **100% peruvian company** that specialists in adventure and traditional tours service.