

# Colombia: Highlights of Colombia

In the Tatacoa Desert, wind, rain and erosion have sculpted the orange-red soil into a magnificent landscape sculpture.

On one day we indulge in the Caribbean lifestyle in Tayrona National Park, on the other we roam the orange-red soil of the Tatacoa Desert. In the Andes we breathe the fresh mountain air deep into our lungs.

## OVERVIEW

- Coffee-growing regions and colonial cities
  - The Red Tatacoa Desert
  - Mysterious San Agustín (UNESCO World Heritage Site)
  - Swim in the Caribbean in Tayrona National Park
  - Views of the world's highest coastal mountain range at Minca
  - Cartagena: for many the most beautiful colonial city in all of South America
- 
- 16 Days/15 Nights
  - January to December
  - Moderate

## Difficulty Condition

[More Info](#)

## Travel Program

### Day 1: Arrival in Bogotá (2,600 m)

Our guide welcomes us at the airport with a “Wandering the World” sign and we then drive to the hotel in the middle of the colonial old town of Bogotá.

### **Overnight stay in a hotel in the center of Bogotá**

#### **Overnight**

Hotel

#### **Flight**

Arrival to Colombia.

#### **Driving**

1 hour aprox.

#### **Hiking**

1 hour aprox

#### **Meals**

-/-/-

## **Day 2: Bogota city tour**

Today we visit all the important sights of the historic center of the Colombian capital: for example the Plaza de Bolívar with the government palace, the oldest district La Candelaria with the old colonial houses, the world-famous gold museum and the 3,152 m high local mountain Monserrate, which we reach by cable car. Below us stretches Colombia's capital, which has about as many inhabitants as all of Austria: 7.9 million people live in the greater Bogotá area! In terms of population, it is a highly dynamic and modern metropolis that houses many museums worth seeing and venerable colonial buildings. Bogotá has many very pretty corners, but is never smooth-brushed lovely or even touristy. "Poverty and prosperity are visible side by side here and create a somewhat rough, but very lively charm!" says WWW boss Christian Hlade about this city. "I've never felt unsafe in Bogotá or anywhere in Colombia."

### **Overnight**

Hotel

### **Driving**

4 hours aprox.

### **Hiking**

3 hours aprox

### **Meals**

B/-/-

## **Day 3: Parque Nacional Natural Chingaza (3,000 m), Páramo landscape**

We leave Bogotá early in the morning for a day trip hiking in the Andes. Not far from the metropolis it is suddenly very quiet and we immerse ourselves in a lonely, natural landscape. The mountains of Chingaza National Park northeast of Bogotá are a natural and cultural treasure of central Colombia. They protect the secrets of the Muiscas and Guayupes - both indigenous tribes who lived in this area. Today it is a refuge for the typical flora and fauna of the Andes. The dominant ecosystems here, the Andean forest and the tropical highland vegetation of the Páramo, are home to a variety of plant and animal species, including spectacled bear, white-tailed deer, mountain tapir and puma. In the air, the Andean Condor and Andean Cock-of-the-rocks can be found. The typical páramo vegetation includes El Frailejon (Espeletias).

There are some quiet mountain lakes on the well-developed circular route, which were important places of worship for the local Indians. This is where the legends of El Dorado, the land of gold, have their origins: a priest painted with gold performed rituals on a raft, during which gold figures were sunk in the lake. Above all, legends like these fueled the devastating gold rush of the Spanish conquerors. From a vantage point we have an impressive panorama of the wide high mountain landscape with its flora, which is strange to us: we are at over 3,000 m above sea level!

### **Overnight**

Hotel

### **Driving**

5 hours aprox.

### **Hiking**

4 hours aprox

### **Meals**

B/L/-

## **Day 4: Bogotá - Pitalito - San Agustín (1,620 m)**

We fly to Pitalito and after an approx. 1-hour drive we reach San Agustín – center of an ancient culture that flourished between 100 BC and 100 BC. and 900 AD. At that time, underground and aboveground tombs and figures were created from volcanic rock, in which priests and important members of the indigenous community were buried. The extensive places of worship with hundreds of sculptures, some of which appear very enigmatic, are now UNESCO World Heritage Sites. For many, this area is one of the most mystical places in all of South America. It is certainly the most important pre-Columbian site in the country.

In the afternoon we will visit the Archaeological Park of San Agustín on foot, starting with the small but very impressive museum. Afterwards we hike on easy paths through magical vegetation with bamboo forests, ferns, climbing plants and various tropical trees to the various mesitas, the cult places in clearings in the forest. We finally get to the holy spring of Lavapatos, where we get explanations of other figures and the historical cult activities.

### **Overnight**

Hotel

### **Driving**

5 hours aprox.

### **Hiking**

4 hours aprox

### **Meals**

B/L/-

## **Day 5: San Agustín and Alto de los Idolos**

This day is packed with other archaeological and natural highlights, including the Alto de los Idolos and Alto de las Piedras parks, the Rio Magdalena gorge. We experience the Salto del Mortiño waterfall and visit an ethnographic museum and hike back to San Agustín.

Tonight we're going to feel like Colombians and go play the Tejo. Tejo is a modern version of a South American Indian game called Turmequé, which was played in Colombia over 500 years ago. In 2000, Tejo, which is traditionally accompanied by alcohol, was officially declared the Colombian national sport. Let us surprise you and enjoy a different kind of evening...

### **Overnight**

Hotel

### **Driving**

5 hours aprox.

### **Hiking**

4 hours aprox

### **Meals**

B/L/-

## **Day 6: Archaeological sites El Tablon and coffee tour**

Today we can choose between hiking, horseback riding, mountain biking or rafting!

In the morning you go - depending on your preference - either on horseback, on mountain bikes or on foot (hike about 2-3 hours) to the archaeological sites of El Tablon and La Chaquira. For those looking for something more adventurous, there is (optional and additional payment) the opportunity to go rafting on the Rio Magdalena, one of the country's main rivers. Rafting here is a great adventure and an opportunity to see the landscape crowned by the Macizo Colombiano mountain range from a different perspective. In the afternoon we visit the coffee finca "La Cabaña". The coffees at this finca are among the best in the country. The family business conveys insights into how coffee is planted, harvested and processed in a personal way. Coffee and tropical fruits are produced organically here with enthusiasm. A prime example of sustainable agriculture!

### **Overnight**

Hotel

### **Driving**

5 hours aprox.

### **Hiking**

4 hours aprox

### **Meals**

B/L/-

## **Day 7: Tatacoa desert**

We drive from San Agustín via Neiva to Tatacoa. Together with our guide we take a hike through the photogenic Tatacoa Desert, where wind, rain and erosion have carved the orange-red soil into a magnificent landscape sculpture. The Tatacoa is only an hour's drive from Neiva and spreads out in the valley of the Rio Magdalena on about 330 km<sup>2</sup>. Strictly speaking, the desert belongs to the tropical dry forest. There are not only large cacti in the landscape, which is deeply crisscrossed with crevasses and gullies, but also sediments with fossil traces from different geological ages. Therefore, the Tatacoa is a popular travel destination, especially among geologists. The landscape is comparable to the canyons in the USA. It offers great contrasts for photographers, painters and all landscape lovers.

### **Overnight**

Hotel

### **Driving**

5 hours aprox.

### **Hiking**

4 hours aprox

### **Meals**

B/L/-

## **Day 8: We fly to Santa Marta**

We will go to Neiva Airport and fly to Santa Marta via Bogotá. Santa Marta is the oldest surviving settlement in Colombia. In 1525, this small colonial town was founded by the Spanish conquistador Rodrigo de Bastidas. Santa Marta is located directly on the sea. In the background rises the Sierra Nevada de Santa

Marta, the highest coastal mountain range in the world. In the evening, a small city tour through the streets of the old town is on the agenda. We stroll past the Cathedral of Santa Marta, which temporarily housed the bones of the liberator and folk hero of Colombia, Simon Bolivar, who died here. The city's old customs building was built in 1530, making it the oldest architect-designed building in Latin America. In 1543 pirates raided the city, conquered the building and stole, among other things, the charter of Santa Marta. We stroll along the promenade and end our city tour at a bar in the bay of Santa Marta with a view of the sea.

### **Overnight**

Hotel

### **Driving**

2 hours aprox.

### **Hiking**

4 hours aprox

### **Flight**

Go by plane.

### **Meals**

B/L/-

## **Day 9: Tayrona National Park**

In the Tayrona National Park, dreamy Caribbean bays with sand, palm trees and first-class bathing opportunities await us! The extraordinary location between the Sierra Nevada de Santa Marta, which lines up the country's highest peaks directly on the Caribbean Sea, the biodiversity and places of cultural and historical interest make this park a special place. We undertake a varied hike in the tropical dry and rain forest, crossing gorges and climbing over small rocks. The tropical vegetation with the giant trees, ferns and climbing plants as well as the rich birdlife make us think of paradise when we look at the sea from here!

The archaeological site of Pueblito in Tayrona National Park was closed to tourism in favor of the indigenous Koquí families living there and to protect the fragile nature, but our guide tells us about the indigenous people and the importance of the park. Finally we descend to the bay of Cabo San Juan. There we relax on the Caribbean beach and can swim in the sea. Swimming in the warm sea water we can enjoy the panorama of the Sierra Nevada de Santa Marta with the rainforest. We then return to the El Zaino park entrance, from where a car will take us back to Palomino.

### **Overnight**

Hotel

### **Driving**

5 hours aprox.

### **Hiking**

4 hours aprox

### **Meals**

B/L/-

## [Day 10: Minca \(650 m\) - El Dorado](#)

Today we drive to Minca, and on to the Aves El Dorado Reserve (approx. 2 hours). Minca, the gateway to the Sierra Nevada de Santa Marta, was declared a World Heritage Site and Biosphere Reserve by UNESCO in 1980. It has also been designated as a priority ecosystem of South America by the International Union for Conservation of Nature and Natural Resources (IUCN). Minca is particularly popular for bird watching and hiking through very original jungle vegetation. We visit the El Dorado Reserve, in the garden we can see flocks of hummingbirds fluttering around the sugar water dispensers. Perfect to be able to take a photo of these speedsters! We visit the surroundings of the reserve, which will also be our accommodation for tonight,

### **Overnight**

Hotel

### **Driving**

5 hours aprox.

### **Hiking**

4 hours aprox

### **Meals**

B/L/D

## [Day 11: Eldorado-Minca](#)

Today our day starts early with a hike to a viewpoint at 2,600 m. We hike through lush green vegetation with ferns, climbing ferns and giant trees. At the viewpoint we will have breakfast and marvel at the view of the peaks of the Sierra Nevada de Santa Marta (5,775 m) and down to the Caribbean Sea. A rather bumpy car ride brings us back to Minca. There we hike in about 1 hour through the valley of Marinka to the waterfall of the same name. Since we are now only 650 meters above sea level, the flora and fauna here is very different from that in the mountains - with crops such as mango or coffee and tropical bird species such as the toucan. We have lunch on the way at one of the fincas or in Minca. We can refresh ourselves at the waterfall

### **Overnight**

Hotel

### **Driving**

5 hours aprox.

### **Hiking**

4 hours aprox

### **Meals**

B/L/D

## [Day 12: Santa Marta-Cartagena de las Indias](#)

After breakfast we take our bus to the port city of Cartagena de las Indias. The core of the capital of the Bolivar department with a population of 1 million goes back to one of the best-preserved colonial settlements in South America. From here the South American continent was conquered by the Spaniards, here was one of the main hubs for the slave trade in America, and this is where the gold stolen from the

locals was finally stored and shipped to Europe. One of the mightiest fortifications of the time protected the city's fairytale wealth. Again and again pirates and buccaneers tried to get their hands on the gold stored here. The history of the city reads like a great adventure fairy tale. The almost completely preserved colonial old town with architecturally appealing patrician houses, palaces, squares, pompous inner courtyards, a mighty city wall and castle bears witness to all of this today. It has been a UNESCO World Heritage Site since 1984.

At the beginning of our city tour we visit the monastery of La Popa, situated on a hill 150 m above the bay, from where we have a perfect overview of the city. Then head to the Fortress of San Felipe de Barajas, the largest fortress ever built by the Spanish in South America. The tour takes us through narrow, colorful streets with numerous buildings built in the colonial style. Street musicians, great pubs and Caribbean flair in elegant old walls make up the special mix of Cartagena. An individual walk on the crown of the city wall may end in the late afternoon at the atmospheric "Cafe del Mar" with a drink and a view of the sun sinking into the sea.

### **Overnight**

Hotel

### **Driving**

3 hours aprox.

### **Hiking**

4 hours aprox

### **Meals**

B/L/-

## **Day 13: The fishing village of La Boquilla**

Early in the morning we drive to the small fishing village of La Boquilla on the outskirts of Cartagena, about 30 minutes from the city center. Full contrast program: On the beach of La Boquilla we will see the two facets of the city, because here - in one of the poorest parts of Cartagena - 5-star hotels and luxurious apartments are currently being built. Without a transition, poor meets super rich! Then the city merges - again with practically no transition - into an undeveloped natural landscape: We get into a canoe and cross mangrove forests and the Cienaga de Juan Polo lagoon. The mangroves form tunnels, they are called "Tunnel of Friendship", "Tunnel of Love" and "Tunnel of Happiness". Here birds, crabs, raccoons and green parrots cavort. During our subsequent stroll through the village and along the beach, our guide tells us about the daily life of the people who mainly live from fishing. We visit the La Vecina Foundation and learn more about the Colombian school system and the situation in La Boquilla. Full of new impressions we drive back to the city center to our cozy hotel.

The Caribbean nightlife in Cartagena de Indias is legendary. Don't miss dancing salsa here! Latin American sounds can be heard from every corner, underscored by a touch of African rhythms. A young team of dance teachers invites us to a salsa lesson. After a short time we master the basic steps, and now we can start - we start the evening with fiery music.

### **Overnight**

Hotel

### **Driving**

3 hours aprox.

### **Hiking**

4 hours aprox

## **Meals**

B/L/-

### **Day 14: Cartagena - Cooking Class with Market Visit & Rum Tasting**

Early in the morning we go to the Bazarto market, where tourists rarely get lost. We're here to get the ingredients for today's cooking class, among the locals stocking up on fresh fruit and veg, meat and fish, herbs and spices. Back in the center, we are welcomed in the kitchen with a cocktail and immediately after that we start preparing lunch under the guidance of local chefs.

In the afternoon we can relax in the hotel or stroll through the streets of Cartagena. On the last evening of our trip, we are invited to taste the most consumed alcoholic drink in Latin America: rum. We will learn about its history, its origins and the different production methods. We discover the aromas of the distillate made from fermented and distilled sugar cane, hear pirate stories and end the evening together.

## **Overnight**

Hotel

## **Driving**

3 hours aprox.

## **Hiking**

4 hours aprox

## **Meals**

B/L/-

### **Day 15: Farewell: Cartagena - Bogotá (2,600 m)**

In the morning we can once again enjoy the old town streets of Cartagena on our own and buy souvenirs in handicraft shops.

We will then be taken to the airport and fly to Bogotá, from where we will board our flight home to Europe.

## **Overnight**

Hotel

## **Driving**

3 hours aprox.

## **Hiking**

4 hours aprox

## **Meals**

B/L/-

### **Day 16: Arrival in Europe**

## **Overnight**

Hotel

**Driving**

1 hour aprox.

**Hiking**

1 hour aprox

**Flight**

Go by plane.

**Meals**

B/-/-

**Included meals:** **B**=breakfast; **L**=lunch; **D**=dinner

## What's Included

### Services included in the prices:

- International flights
- National flights Bogotá - Pitalito, Neiva - Santa Marta (via Bogotá), Cartagena - Bogotá
- Accommodation as indicated in the itinerary
- Meals as per the detailed itinerary
- German speaking guide
- Transfers in private jeeps and buses
- All entrance fees and national park fees as advertised

### Not included:

- vaccinations, insurance, etc.
- Additional costs in the event of illness, mountain rescue, change of route due to force majeure or flight time changes
- Expenses of a personal nature such as drinks, souvenirs, tips
- Departure fee (if necessary)
- Single supplement 620€ per person
- 100% single room surcharge for half a double room booking if no other participant(s) can be found

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- [Visit Rainforests and Volcanoes](#)
- [Climb Volcano Tolima](#)

## Accordion #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

## Accordion #2

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

## What to Bring

### What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

## **Equipment Trekking**

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15° to 20°C)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fiber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participant First-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lip balm

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

[See More](#)

## **Equipment Mountain**

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves(Good gloves) for expeditions over 6000meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks - Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

**→ If you need to rent mountain equipment click here:**

## **Prices & Dates**

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 JAN 2026 / 16 JAN 2026

**\$ 3650**

[Join Now](#)

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 FEB 2026 / 16 FEB 2026

**\$ 3650**

[Join Now](#)

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 JUN 2026 / 16 JUN 2026

**\$ 3650**

[Join Now](#)

**FROM/TO**

## PRICE (USD)

## TRAVEL STATUS

01 JUL 2026 / 16 JUL 2026

**\$ 3650**

[Join Now](#)

- Single Supplement (I want my own room and tent) - \$000 on request.

**Please note:** Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

- » Additional dates available upon request
- » Rates may vary from July 26th to 31th for the national holidays

### Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
7300 USD	3650 USD	3550 USD	3450 USD	3350 USD	3250 USD	3150 USD	3050 USD

**Deposit for reservations:** — USD (- EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

**Places:** \*Available

**Trip-code:** Number ►COL - 57

**Duration:** 16 days

**Participants:** Minimal: 4 Maximal: 12

**Members:** We don't have an open group to join - We can open a new group - [Contact us!](#)

**Country / Location:** Colombia

**Mountain Guide:** Eric Albino Lliuya

**Other dates / additional info:** [Contact us!](#)

*3% early bird discount when booking 6 months prior to departure 2026*

### Legend Booking-information:

**EZZ** Single room supplement

- On this trip, places are still available.
- On this trip, only a few places left.
- This trip is sold out / closed.

## Eric Raul Albino Lliuya

Expert guide certified by AGOMP

General Sales Manager of Peru Expeditions

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- **E-Mail:** [office@peru-expeditions.org](mailto:office@peru-expeditions.org)

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### **Hans Honold | Certified Mountain and Ski Guide**

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49073449291440)

[More information](#)

We are a Private Company with a Specialized Peruvian Andean Rescue Team “Socorro Andino Peruano”, offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** [+1 \(617\) 459-4200](tel:+16174594200)

[More information](#)

## **Frequently Asked Questions**

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

### **Suggested FAQs**

#### **[What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)**

**For our mountain climbing trips:** If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

**Regarding the preparation of children:** Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

**Regarding older people:** It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?**

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc. ) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?**

**Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19.** Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners -Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?**

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **How far in advance should I start training and what kind of training do you suggest?**

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### What is the average distance and altitude gain that we will hike each day?

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### Will there be porters to help to carry group and personal equipment?

**In our trips, either hiking or mountaineering:** Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

**Who are the porters?** They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### How will accommodation and meals be handled during the trek?

**About accommodation or meals during the tour:** Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

**If the tour is with camps and trekking:** During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

**If the trip is at altitude or in the mountains:** We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

### What is the guide-to-client ratio to climb this mountain?

**In mountains above 5000 meters:** A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

**In technical mountains:** In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### [What is the best time of the year to climb this mountain?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](#)**

### [Do I have what it takes to succeed on this expedition?](#)

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

### [How can I get to the trailhead/meeting point?](#)

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

### [What is the best time of the year for this hike?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](#)**

### [What happens in the event of bad weather?](#)

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips the complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

## [Can I join a group?](#)

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

**Why go in a private trip:** For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

## **Additional information**

**We help in the purchase of air tickets:** we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → [More information click here](#)

**About a Satellite Phone or inReach® Messenger - GARMIN:** On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → [More information click here](#)

**Many of the participants or clients** of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → [More information click here](#)

**Our mountain guides or tour leaders:** All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → [More information click here](#)

**VISA**

## CURRENCY

## VACCINATIONS

## FIRST AID KIT

## WHY CHOOSE US?

## JOIN A GROUP

## VISA

### **VISA NEEDED**

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days**.

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world**, for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, [→ contact us!](#)

## CURRENCY

### **CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:**

**Local money | \$1 = 000 | EUR 1 = 000** = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → [E-mail](#), or by [WhatsApp](#).

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

**ATMs are available** in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

## VACCINATIONS

### **VACCINATIONS BEFORE YOU LEAVE**

#### **Compulsory vaccinations:**

- They are not required

#### **Recommended vaccinations:**

- Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)

- Tetanus
- Diphtheria
- Typhoid fever
- Yellow fever (yellow fever)
- Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

## **FIRST AID KIT**

### **TRAVEL FIRST AID KIT**

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

**ATTENTION!** Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

## **WHY CHOOSE US?**

### **WHO ARE WE AND WHY CHOOSE US?**

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are "Registered Travel and Tourism Agency". To know more about → [US click here please!](#)

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shirts, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents**.

We provide the best living and eating conditions. We take into account the peculiarities of nutrition (**you can order a vegetarian menu**).

Free conferences in the office with **own videos material and photographs**

## JOIN A GROUP

### **ARE YOU LOOKING FOR A TRAVEL PARTNER?**

**Join a group with us:** Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share you experience with on an unforgettable journey. (« Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100% ») WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! → [JOIN A TRIP WITH US!](#)

## Why Travel with us

### Your Safety is Our Priority

### Expert Guides

### Sustainable Tourism

### Andean Chefs

### Food on the Trail

### Small Groups

- Recommended Tours
- 

### [Inca Trail to Machu Picchu 5](#)

[Perú 07 Days/06 Nights](#)

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### [Choquequirao Trek Adventure 5](#)

[Perú 04 Days/03 Nights](#)

[Recommended](#)

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## [Rainbow Mountain, Vinicunca 5](#)

[Perú Full Day](#)  
[Recommended](#)

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## [Vilcabamba Trek to Machu Picchu 5](#)

[Perú 05 Days/04 Nights](#)

## Reviews

Leave a Reply

**YOU ARE AN ADVENTURE LOVER and you want to experience something **extraordinary and extreme?****

You are an adventure lover and you dream of leaving with a thrill. **Peru Expeditions Tours** is also an option for you. Take advantage of our travel offer that we have for you!

**“We don’t sell tours, we provide memorable lifetime experiences.”**

We are a recognized tour operator **100% peruvian company** that specialists in adventure and traditional tours service.