

# Colombia: Climbing the volcano Tolima

Colombia is a country in the northwest of South America with a rich past. The geographical position played a big role in shaping the culture of the republic, which attracts travelers from all over the world and makes the trip to Colombia interesting – it combines European, Indian and African traditions. You can participate only in the first part of the program (8 days) – climbing the Tolima volcano.

- 12 Days/ 11 Nights
- January to December
- Moderate

## Difficulty Condition

[More Info](#)

## Travel Program

### **Day 1: Arrival in Bogota (2660 m).**

Meeting at the airport and transfer to the hotel. After lunch – sightseeing tour of Bogotá. Walk in the center. Ascent by cable car to the Sanctuary of Monserrat at an altitude of 3152 m, overlooking the city. Duration 3-4 hours.

#### **Overnight**

Hotel

#### **Flight**

Arrival to Colombia.

#### **Driving**

1 hour aprox.

#### **Hiking**

1 hour aprox

#### **Meals**

-/-

### **Day 2: Flight Bogota - Salento (1919 m) - Coffee tour.**

Transfer to the domestic terminal for the flight (1 hour) to the city of Armenia / Pereira. Upon arrival, transfer to Salento, a typical coffee town with paisa colonial architecture and a relaxed atmosphere. Hotel accommodation.

In the afternoon, the group will go on a coffee tour to one of the area's traditional coffee farms. The coffee tour shows the entire production of coffee from seed to final product. It also includes coffee tasting.

#### **Overnight**

Hotel

**Driving**

4 hours aprox.

**Hiking**

3 hours aprox

**Meals**

B/-/-

**Day 3: Trek to the camp "La Argentina" (3483 m).**

Early departure by jeep to the Cocora Valley (30 min), located at an altitude of 2425 m. Loading luggage on horses and crossing the mountain rainforest to the mountain farm "La Argentina" for the purpose of acclimatization. Overnight in tents. Ascent: 1058 m / Maximum altitude: 3483 m / Distance 10.7 km / Duration of activity: 6-7 hours.

**Overnight**

Camping

**Hiking**

6 hours aprox

**Meals**

B/L/D

**Day 4: Trek to the camp "La Primavera" (3769 m).**

Continue trekking along the northern outskirts of "Quebrada Cardenas", through an abandoned farm of Buenos Aires, descend to the crossing of the river along the ascending path to the mountain pass "La Linea" (4019 m), which separates the states of Quindio and Tolima, from which an excellent view of the "Paramillo del Quindio" (4745 m) - the highest peak of the state of Quindio and Nevado del Tolima in the neighboring valley. From the pass you can easily walk down to the La Primavera / La Playa farm, where you will be offered a hot local drink agua de panela (hot drink with raw sugar) or coffee. Overnight in tents. Ascent: 536 m / Descent: 250 m / Maximum altitude: 4019 m / Distance: 5.8 km / Duration of activity: 4-5 hours.

**Overnight**

Camping

**Hiking**

6 hours aprox

**Meals**

B/L/D

**Day 5: Trek to the high-altitude camp of Tolima (4345 m).**

Trek to the upper camp of Nevado del Tolima. Trek along the Tolima Valley, which is a gentle ascent with interesting scenery, views of the volcanoes and valleys below. The last section runs along a steep mountain slope to the El Calvito ridge, and from there the transition to the Arenales campsite, which lies above the yellow sandy moraine. After setting up the camp, the guide will give you a climbing briefing the

next day and help you get everything set up. There will be horses to the camp to carry equipment and food. Overnight in a tent. Ascent: 576 m / Maximum altitude: 4345 m / Distance: 8.4 km / Duration of activity: 4-5 hours.

**Overnight**

Camping

**Hiking**

6 hours aprox

**Meals**

B/L/D

**Day 6: Ascent: Nevado del Tolima (5221 m).**

Early exit from the high camp, climbing a series of moraines of varying steepness and crossing to the glacier at 4750 m. Here the group will prepare for the crossing of the glacier, starting from a very easy slope, passing a couple of ice climbs before the final plateau, where the main crater is located, and then we reach the top. Nevado del Tolima is an active volcano. The ascent is not technically difficult. Descent to Camp farm "La Primavera" (3769 m).

**Overnight**

Camping

**Hiking**

6 hours aprox

**Climbing**

9 hours approx

**Meals**

B/L/D

**Day 7: Descent to Salento (1919 m). Overnight at the hotel.**

Descent through beautiful landscapes and rainforests in the famous Cocora Valley, located at an altitude of 2425 m. Return to the city of Salento by jeeps (25 min.) Upon arrival in Salento, the group will be transferred to the hotel located in the colonial part of the city. Overnight at the hotel. Descent: 1058 m / Highest altitude: 3483 m / Distance 10.7 km / Duration of activity: 4-5 hours.

**Overnight**

Hotel

**Hiking**

6 hours aprox

**Meals**

B/L/-

**Day 8: Armenia / Pereira - Santa Marta (Caribbean)**

Transfer to the airport of Armenia / Pereira (1 hour) and flight (3 hours) to Santa Marta via Bogota. Upon arrival in Santa Marta, transfer (45 min.) to a centrally located hotel and, depending on the time of arrival, a walking tour of this historic city (2-3 hours), which was actually the first one founded in Colombia by the Spaniards. In the evening briefing and preparation for the upcoming trip to the Lost City.

### **Overnight**

Hotel

### **Driving**

4 hours aprox.

### **Hiking**

3 hours aprox

### **Meals**

B/-/-

## **Day 9: Start of the trek to the Lost City. Trek to "El Paraiso" (870 m).**

Moving northeast along the Caribbean coast to the village of "El Mamey" (2-3 hours). Lunch and then hike to Ciudad Perdida. During the hike you will be offered tropical fruits. The hike will pass through the territory of the Kogi tribe. Overnight at the village house "El Paraiso" (870 m), located right on the banks of the Buritaka River – a fantastic place to relax and swim.

### **Overnight**

Hotel

### **Driving**

4 hours aprox.

### **Hiking**

6 hours aprox

### **Meals**

B/L/-

## **Day 10: Inspection of the Lost City and descent to the town of Mumaké.**

Very early exit along the trail on the right bank of the Buritaka River at about 25 minutes, the archaeological staircase begins to climb rather steeply to the first terraces of the Lost City (1175 m). From here begins a journey through time to one of the most interesting archaeological sites of the "pre-Hispanic" period of Colombia.

The lost city of Tayrona is known all over the world. Its original indigenous name is "Teiuna". This is one of the three major strongholds of the vanished civilization of Tayrona. Teyuna is the only city that has been discovered so far and thus partially restored. The cities of Tayrona were connected by a complex network of trails from the Caribbean coast to the high mountains in the Sierra Nevada de Santa Marta. Tyrone had a well-developed social organization and an efficient system for the exchange of food and goods between the various settlements. Although there is no precise information about Teyuna's role in the Tayrone culture, it is believed that it was a place of religious worship and a center of political power.

During the 4-hour visit to the archaeological site, the group will learn about the different types of terraces and how the city was divided into districts according to the hierarchy and types of work. During the visit, you can see the house of Kogi Mamo (wise shaman), who lives in the same traditional way as its

inhabitants. It is also believed that the Kogi are the descendants of the Tayronas, forced into higher lands during the Spanish conquest.

**Overnight**

Camping

**Hiking**

6 hours aprox

**Meals**

B/L/-

**Day 11: Return to the hotel on the coast.**

Final trekking day. From the Mumake house (389 m) descend to the final destination of El Mamay. Lunch and then transfer to the hotel on the coast.

**Overnight**

Hotel

**Driving**

4 hours aprox.

**Hiking**

6 hours aprox

**Meals**

B/L/-

**Day 12: A day on the beaches. Tayrona National Park**

In the evening departure to the airport and flight to Bogota.

Overnight in Bogota.

Full day excursion to Tayrona National Park. This is one of the most famous natural parks in Colombia, with one of the most beautiful beaches on the Colombian Caribbean coast, right at the foot of the hills of the Sierra Nevada de Santa Marta, the highest coastal mountain range in the world. The park has a protected area of 150 km<sup>2</sup> and 30 km<sup>2</sup> of sea and is the second most visited park in the country. Due to its privileged location, it has a huge biodiversity, as well as archaeological ruins such as "Pueblito".

From the main parking lot of the park, you can walk along the coastline to the Arrecife area (1 hour), a famous place in the park. From there, another 25 minutes to La Piscina beach and 20 minutes to El Cabo San Juan.

**Overnight**

Hotel

**Driving**

1 hour aprox.

**Hiking**

1 hour aprox

**Meals**

B/L/-

## Day 13: Transfer to Bogotá airport. Flight home.

### **Overnight**

Hotel

### **Driving**

1 hour aprox.

### **Hiking**

1 hour aprox

### **Flight**

Go back home by plane.

### **Meals**

B/-/-

**Included meals: B**=breakfast; **L**=lunch; **D**=dinner

## **What's Included**

### **Services included in the prices:**

- City tours in Bogotá.
- Local English-speaking mountain guide throughout the program.
- Local assistant mountain guide in Los Nevados.
- Hike to the Lost City.
- Transport throughout the program.
- Coffee tour in Salento.
- Santa Marta - Half day city tour.
- Tayrona National Park - Full Day Tour.
- Entrance fees to national parks and park insurance.
- 2 nights in double rooms in Bogota.
- 2 nights in double rooms in the city of Salento.
- 1 night in double rooms in the city of Santa Marta.
- 1 night in double rooms on the coast (Tayrona N.P.)
- 4 nights in double tents in campsites in Los Nevados N.P. or in farm rooms
- 2 nights in hammocks on a hike in the lost city.
- Mountain tents - 2 people in a tent in Los Nevados.
- Group shared camping equipment.
- Horses for group / personal camping equipment, food and personal equipment in Los Nevados.
- Horses for personal equipment during a hike in the Lost City.
- Breakfasts throughout the program, as well as lunch and dinner on trekking.

### **Not included:**

- Domestic flights (from \$450 for 4 segments for the full program and from \$250 for 2 segments for the first part of the program)
- International flights Personal climbing equipment (arbor, crampons, ice ax, helmet can be rented for \$15 for each item) Tips Personal expenses Supplement for single occupancy (from 500 USD for

accommodation in hotels throughout the program)

## Would you like to customize this trip?

Build your tailor made trip in South America with our experts.

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Accordion #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

Accordion #2

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis,

pulvinar dapibus leo.

## What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

### Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15° to 20°C)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fibber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participantFirst-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lips

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

[See More](#)

### **[Equipment Mountain](#)**

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves(Good gloves) for expeditions over 6000meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks - Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

→ If you need to rent mountain equipment click here:

## Prices & Dates

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 JAN 2026 / 13 JAN 2026

**\$ 4950**

[Join Now](#)

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 FEB 2026 / 13 FEB 2026

**\$ 4950**

[Join Now](#)

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 JUN 2026/ 13 JUN 2026

**\$ 4950**

[Join Now](#)

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 JUL 2026 / 13 JUL 2026

**\$ 4950**

[Join Now](#)

- Single Supplement (I want my own room and tent) – \$000 on request.

**Please note:** Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

- » Additional dates available upon request
- » Rates may vary from July 26th to 31th for the national holidays

**Prices (per person):**

<b>1 PAX</b>	<b>2 PAX</b>	<b>4 PAX</b>	<b>6 PAX</b>	<b>8 PAX</b>	<b>10 PAX</b>	<b>12 PAX</b>	<b>14 PAX</b>
9900 USD	4950 USD	4850 USD	4750 USD	4650 USD	4550 USD	4450 USD	4250 USD

**Deposit for reservations:** — USD (- EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

**Places:** \*Available

**Trip-code:** Number ►COL-57

**Duration:** 12 days

**Participants:** Minimal: 4 Maximal: 12

**Members:** We don't have an open group to join – We can open a new group – [Contact us!](#)

**Country / Location:** Colombia

**Mountain Guide:** Eric Albino Lliuya

**Other dates / additional info:** [Contact us!](#)

3% early bird discount when booking 6 months prior to departure 2026

### **Legend Booking-information:**

**EZZ** Single room supplement

- On this trip, places are still available.
- On this trip, only a few places left.
- This trip is sold out / closed.

## **Eric Raul Albino Lliuya**

Expert guide certified by AGOMP  
General Sales Manager of Peru Expeditions

- **WhatsApp:** [+51 943 081 066](tel:+51943081066)
- **E-Mail:** [office@peru-expeditions.org](mailto:office@peru-expeditions.org)

[Read more](#)

### **Hans Honold | Certified Mountain and Ski Guide**

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49073449291440)

[More information](#)

We are a Private Company with a Specialized Peruvian Andean Rescue Team “Socorro Andino Peruano”, offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** [+1 \(617\) 459-4200](tel:+16174594200)

[More information](#)

## **Frequently Asked Questions**

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

### **Suggested FAQs**

**[What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)**

**For our mountain climbing trips:** If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above

6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

**Regarding the preparation of children:** Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

**Regarding older people:** It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?](#)**

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc. ) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?](#)**

**Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19.** Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners -Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?](#)**

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[How far in advance should I start training and what kind of training do you suggest?](#)**

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **What is the average distance and altitude gain that we will hike each day?**

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **Will there be porters to help to carry group and personal equipment?**

**In our trips, either hiking or mountaineering:** Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

**Who are the porters?** They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **How will accommodation and meals be handled during the trek?**

**About accommodation or meals during the tour:** Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

**If the tour is with camps and trekking:** During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

**If the trip is at altitude or in the mountains:** We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

### [What is the guide-to-client ratio to climb this mountain?](#)

**In mountains above 5000 meters:** A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

**In technical mountains:** In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](#)**

### [What is the best time of the year to climb this mountain?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](#)**

### [Do I have what it takes to succeed on this expedition?](#)

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

### [How can I get to the trailhead/meeting point?](#)

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

### [What is the best time of the year for this hike?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](#)**

### [What happens in the event of bad weather?](#)

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best

season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips The complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### [Can I join a group?](#)

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

**Why go in a private trip:** For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

## **Additional information**

**We help in the purchase of air tickets:** we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → [More information click here](#)

**About a Satellite Phone or inReach® Messenger - GARMIN:** On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → [More information click here](#)

**Many of the participants or clients** of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → [More information click here](#)

**Our mountain guides or tour leaders:** All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)**

Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → [More information click here](#)

## VISA

## CURRENCY

## VACCINATIONS

## FIRST AID KIT

## WHY CHOOSE US?

## JOIN A GROUP

## VISA

### **VISA NEEDED**

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days.**

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world**, for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, → [contact us!](#)

## CURRENCY

### **CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:**

**Local money | \$1 = 000 | EUR 1 = 000** = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → [E-mail](#), or by [WhatsApp](#).

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

**ATMs are available** in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

## VACCINATIONS

### **VACCINATIONS BEFORE YOU LEAVE**

### **Compulsory vaccinations:**

- They are not required

### **Recommended vaccinations:**

- Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)
- Tetanus
- Diphtheria
- Typhoid fever
- Yellow fever (yellow fever)
- Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

### **FIRST AID KIT**

#### **TRAVEL FIRST AID KIT**

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

**ATTENTION!** Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

### **WHY CHOOSE US?**

#### **WHO ARE WE AND WHY CHOOSE US?**

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are "Registered Travel and Tourism Agency". To know more about → [US click here please!](#)

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shirts, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents.**

We provide the best living and eating conditions. We take into account the peculiarities of nutrition (**you can order a vegetarian menu**).

Free conferences in the office with **own videos material and photographs**

## **JOIN A GROUP**

### **ARE YOU LOOKING FOR A TRAVEL PARTNER?**

**Join a group with us:** Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share your experience with on an unforgettable journey. (« Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100% ») WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! → [JOIN A TRIP WITH US!](#)

## **Why Travel with us**

### **Your Safety is Our Priority**

### **Expert Guides**

### **Sustainable Tourism**

### **Andean Chefs**

### **Food on the Trail**

### **Small Groups**

- Recommended Tours
- 

### **[Inca Trail to Machu Picchu 5](#)**

[Perú 07 Days/06 Nights](#)

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## [Choquequirao Trek Adventure 5](#)

[Perú 04 Days/03 Nights](#)

[Recommended](#)

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## [Rainbow Mountain, Vinicunca 5](#)

[Perú Full Day](#)

[Recommended](#)

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## [Vilcabamba Trek to Machu Picchu 5](#)

[Perú 05 Days/04 Nights](#)

## Reviews

Leave a Reply

**YOU ARE AN ADVENTURE LOVER and you want to experience something **extraordinary and extreme?****

You are an adventure lover and you dream of leaving with a thrill. **Peru Expeditions Tours** is also an option for you. Take advantage of our travel offer that we have for you!

**“We don’t sell tours, we provide memorable lifetime experiences.”**

We are a recognized tour operator **100% peruvian company** that specializes in adventure and traditional tours service.