

Colombia: Bogotá, Santa Marta, Beaches and National Parks

Highlights of Colombia

Colombia is still an underrated travel destination, which means there are plenty of unspoiled places in this beautiful South American country just waiting for you to discover them. If you have two weeks, what better way to experience Colombia than to jump right in and see the national parks, beaches and cities up close. Colombia is also a great place to sample culinary delights such as fresh fish dishes on the beaches of Cartagena and delicious coffee from the Calarcá region. Be part of the resurgence of this warm and hospitable country and come back with stories that will stay with you for a long time.

Highlights of Colombia

- Experience first-hand the revitalization of this hospitable land
 - Enjoy the mix of Latin American and Caribbean flavors in Colombian cuisine
 - Get to know the coffee regions of Calarcá and Minca
 - Hike through the lush jungle with an indigenous guide
 - Indulge in fresh seafood on Cartagena's beaches
-
- 16 Days/15 Nights
 - January to December
 - Moderate

Difficulty Condition

[More Info](#)

Travel Program

[Day 1: Bogota](#)

Individual arrival in Bogotá.

Arrival possible at any time. No activities are planned until the evening getting to know each other. Your adventure begins tonight with a welcome meeting where you will meet your guide and fellow travelers. Please see the notice in the lobby (or ask at reception) for the time and place to meet the group. Opt for an optional dinner afterwards at a local restaurant with your new travel companions.

Optional Activities:

- Visit to the Museo Nacional de Colombia

3000COP per person. Visit the largest museum in the country and one of the oldest in all of South America. The building was built in 1823 and was first used as a prison before being made into a national museum. Today, the Museo Nacional de Colombia's collection includes over 200,000 pieces. Discover archaeological and ethnographic artifacts and admire artworks by masters such as Andrés de Santa María and Fernando Botero.

- Visit to the Gold Museum

4000COP per person. Explore this true treasure trove. Bogota's Gold Museum will amaze you. The

collection includes over 30,000 pieces of gold and thousands of bone, stone, pottery and textile artifacts from 13 different pre-Columbian societies.

- Cable car ride to Monserrate

20000COP per person. Ride the cable car up the hill and enjoy spectacular views of the city.

- Visit to the Salt Cathedral of Zipaquirá

This large church was built 60 m underground in the tunnels and caves of an old salt mine. Admire the unique architecture, lighting and decor of this underground place of worship and the 14 small chapels that represent the Stations of the Cross.

Accommodation: Hotel Regina (or similar)

Overnight

Hotel

Flight

Arrival to Colombia.

Driving

1 hour aprox.

Hiking

1 hour aprox

Meals

-/-/-

Day 2: Bogota - Armenia

Visit the Paloquemao market before your afternoon flight to Armenia in Colombia's coffee region. Visit this historic and bustling market in Bogota. Frequented by home and professional chefs alike, Paloquemao offers everything from novel ingredients to classic Colombian foods. Get swept up in the hustle and bustle of the food stalls, flower shops, boutiques and cafes, and figure out the best route through the market to see the city's best deals. Spend two nights in a traditional hacienda around Armenia.

Activities included:

- Visit to Paloquemao Market

Accommodation: Hotel Mi Monaco (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 3: Armenia

Enjoy a tour of a coffee farm in the Calarcá region, where you'll learn about the local coffee culture. With a visit to a local coffee farm, you'll learn about how this important crop is processed, from planting to your cup of coffee, and of course, get a delicious taste of this famous export.

Activities included:

- Guided tour of a coffee farm

Accommodation: Hotel Mi Monaco (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 4: Armenia - Salento

Travel to Tayrona National Park for a moderate hike with a local native guide. Experience nature on a hike in this beautiful park. Learn about Tayrona's biodiversity and explore the beautiful landscape with a local guide. Spend the night surrounded by nature in a lodge near the park. This is the perfect opportunity to experience nature and learn more about the indigenous culture of northern Colombia. Stay in a lodge in the park.

Please note that Tayrona National Park is generally closed in February and a few other periods of the year. The Indigenous groups in the area believe that Mother Nature needs a month's rest and the maintenance of the park is done during that time. If your trip is in February, visit Taironaka Park to learn more about the local Kogi and their cultural practices.

Activities included:

- Excursion to Tayrona National Park

Walking time: approx. 3-4 hours
Driving time: approx. 1 hour

Accommodation: Posada Villa Margarita (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/-/-

Day 5: Salento - Medellin

Journey through breathtaking landscapes to Medellín. Optionally, you can explore the city in the evening.

Driving time: approx. 9 hours

Accommodation: Hotel Poblado Boutique (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/L/-

Day 6: Medellin

Enjoy a tour of the city's neighborhoods and learn the fascinating story of its recent transformation. Free time to explore this vibrant city. Get to know Colombia's second-largest city on this tour. Medellín struggled in the 80's and 90's but has reinvented itself since then and is now one of the most innovative cities in South America with a very vibrant arts scene. Explore the different barrios full of shops, green parks, museums, churches, markets and delicious specialties.

Optional Activities:

- Visit to Cerro Nutibara

Visit Cerro Nutibara and enjoy the fresh air 80m above Medellín. You can take one of the colorful buses or a taxi to the top of the mountain, or walk up the paths that meander through the vegetation. Whatever you choose, you can enjoy great views of the city from the top. You'll also find Pueblito Paisa, a recreation of a traditional Antioquian town with all the charm of white houses, brightly painted doors and sloping roofs. Taste some local specialties here or go shopping for souvenirs.

- Paragliding

45-60 USD per person. Get ready for an exciting ride! Take off from one of the surrounding hills and enjoy spectacular views of the city below and the scenic green mountains as you soar through the air.

- Explora Park

24500-37500COP per person. A symbol of transformation in the northern part of Medellín, the park is a large piece of modern architecture housing a variety of scientific exhibits. Learn about the flora, fauna, and astronomy of Colombia while exploring the Amazon-specific terrarium, planetarium, or one of the many interactive exhibits.

- Museum of Modern Art

10000COP per person. Enjoy a tour of the Museum of Modern Art and see the works of Colombian artists in different media. Be sure to visit the permanent exhibition by Débra Arango.

Activities included:

- City tour of Medellín

Accommodation: Hotel Poblado Boutique (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/L/-

Day 7: Medellin

Another day at leisure you can visit the nearby small town of Guatapé with its colorful houses and the famous rock. You can also ride the municipal cable car in Medellín and enjoy the views over the city and the surrounding mountains.

Optional Activities:

- Visit to El Peñol Rock

Formed about 70 million years ago, El Peñol de Guatapé, also known as El Peñol, is a giant monolith rising 2,135 m above sea level. Climb the 649 steps carved into one side of this famous rock and enjoy breathtaking views of the Guatapé Dam and the surrounding area from the top.

- Paragliding

45-60 USD per person. Get ready for an exciting ride! Take off from one of the surrounding hills and enjoy spectacular views of the city below and the scenic green mountains as you soar through the air.

- Visit to Cerro Nutibara

Visit Cerro Nutibara and enjoy the fresh air 80m above Medellín. You can take one of the colorful buses or a taxi to the top of the mountain, or walk up the paths that meander through the vegetation. Whatever you choose, you can enjoy great views of the city from the top. You'll also find Pueblito Paisa, a recreation of a traditional Antioquian town with all the charm of white houses, brightly painted doors and sloping roofs. Taste some local specialties here or go shopping for souvenirs.

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Accommodation: Hotel Poblado Boutique (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/L/-

Day 8: Medellín - Cartagena

Morning flight to Cartagena, where you can explore the fortified old town in the afternoon. Optional dinner and evening in this dynamic city.

Activities included:

- Orientation walk

Walking time: approx. 1 hour
Driving time: approx. 1 hour

Accommodation: Hotel Don Pedro de Heredia (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/L/-

Day 9-10 : Cartagena

Enjoy a free day to discover all that Cartagena has to offer. Opt to enjoy the beautiful coastline or explore the charming colonial town. Enjoy a tour of the colonial walled city and its defenses, a UNESCO World Heritage Site. Use the free time and enjoy the beach, the city and the Caribbean flair. On a guided tour of Cartagena, learn about the history of this vibrant city from your bilingual guide. Traveling by private vehicle, you'll visit sites like the Clock Tower, Plaza Bolivar, and Castillo de San Felipe de Barajas. Enjoy impressive views of the city from the hilltop Convento De La Popa and a city walk from the Church of San Pedro Claver to the Church of Santo Domingo.

Please note that warm water is rarely available in the Caribbean region of Colombia. The showers during your stay in this region are therefore likely to only have cold water.

Optional Activities:

- Boat Excursion to Islas del Rosario National Park

165000COP per person. Take a boat to this long-named Rosario and San Bernardo Corals National Natural Park and be mesmerized by the beauty of the Islas del Rosario. Admire the crystal clear blue waters and natural beauty of the islands. Optionally, you can also explore the park's animal-rich coral reefs while snorkeling.

- El Totumo mud volcano

Descend into the El Totumo mud volcano. Float in the healing mud full of invigorating minerals and enjoy pure relaxation. Don't be surprised if you look 10 years younger afterwards!

- Visit to the Caribbean Naval Museum

6000COP per person. In the historic old town, visit this spacious museum spread over two listed buildings. Here you will find a wide variety of exhibits on the naval history of the Caribbean and you can enjoy the day on the beautiful terraces.

- Visit to the Museum of Modern Art (Museo de Arte Moderno)

5000COP per person. The collection of the Museo de Arte Moderno de Cartagena is housed in two historic buildings, one of which was a former armory. Stroll through this extraordinary museum and admire 1950s Latin American paintings and contemporary Colombian art.

- Visit to the Palace of the Inquisition (Museum)

30000COP per person. Visit the museum and learn more about the work of the Spanish Inquisition in Colombia. Explore this magnificent colonial and baroque style building and see the artifacts and instruments of torture on display.

- Visit to the Gold Museum

7000COP per person. In Plaza Bolivar, visit this superbly curated and informative museum. Admire the intricate gold jewelry and pottery from the pre-Columbian period of the indigenous Zenú and learn about their history and traditions. These exhibits are all located in a colonial-era house.

- Night chiva ride

45000COP per person, 50000COP per group. Get ready for a party and city tour at the same time on the Chiva bus. These brightly colored vehicles are a national symbol, and their open sides allow you to experience lively Cartagena up close as you ride. Drink, dance and enjoy Colombian music on this fun ride.

Activities included:

- City tour of Cartagena

Accommodation: Hotel Don Pedro de Heredia (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/L/-

Day 11: Cartagena - Minca

Travel to the small town of Minca and enjoy free time to explore and enjoy the fresh mountain air.

Driving time: approx. 4 hours

Accommodation: Hotel Minca - La Casona (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/L/-

Day 12: Minca - Tayrona National Park

Travel to Tayrona National Park for a moderate hike with a local native guide. This is the perfect opportunity to experience nature and learn more about the indigenous culture of northern Colombia. Experience nature on a hike in this beautiful park. Learn about Tayrona's biodiversity and explore the beautiful landscape with a local guide. Spend the night surrounded by nature in a lodge near the park. Stay in a lodge in the park.

Please note that Tayrona National Park is normally closed in February. The indigenous groups in the area believe that Mother Nature needs a month of rest and the park will be maintained during that time. If your trip falls in February, visit Taironaka Park to learn more about the indigenous Kogi people and their cultural practices.

Activities included:

- Excursion to Tayrona National Park

Walking time: approx. 3-4 hours
Driving time: approx. 1 hour

Accommodation: Posada Villa Margarita (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/L/-

Day 12: Paso Korenzo Camp - Wiwa Camp

Today is the day to discover the wonders of La Ciudad Perdida. Climb the 1200 ancient steps and explore the various sacred sites of the lost city. Later you hike on winding paths through the deep jungle, past banana trees and cocoa plants, to Wiwa Camp.

Activities included:

- Hike to the Lost City - Day 4

Walking time: approx. 3-4 hours.

Hiking distance: approx. 7 km

Accommodation: Camping with overnight stays in a hammock or bunk

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/L/-

Day 13: Tayrona National Park

Spend the day at the Gotsezhi Wiwa indigenous community, where you can enjoy a supported lunch prepared by the women of the community. Learn more about Wiwa customs with a village visit. Visit Gotsezhi and enjoy a lunch prepared by the women of the community using local ingredients. Visit the nearby village where children of the four indigenous peoples of the region go to school and learn their cultural ceremonies and language. As you enter the village, a soul purification ceremony will be performed and you will learn about the traditional customs, stories and craft methods of this region. Afterwards you can refresh yourself in the river, visit the nearby waterfalls and natural swimming pools or chill in a hammock and reflect on the experience, before heading back to Santa Marta. Afterwards you can relax in a hammock by the river or visit the nearby waterfalls.

Activities Included:

- Visit to a Wiwa community and lunch

Driving time: approx. 1 hour

Accommodation: Posada Villa Margarita (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/L/-

Day 14: Tayrona National Park - Taganga

In the afternoon you drive from Tayrona to Taganga. Orientation walk with guide upon arrival.

Activities included:

- Orientation walk in Taganga

Driving time: approx. 0.5 hours

Accommodation: Hotel Ocean Taganga Internacional (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/L/-

Day 15: Taganga - Santa Marta

You have a free day to explore Taganga on foot or explore the water with a snorkel and mask. In the evening, drive to Santa Marta and join your fellow travelers for an optional night out on the town.

Driving time: approx. 0.5 hours

Accommodation: Hotel Tayromar (or similar)

Overnight

Hotel

Driving

4 hours aprox.

Hiking

3 hours aprox

Meals

B/L/-

Day 16: Santa Marta

Departure possible at any time.

Optional Activities:

- Santa Marta Gold Museum

Explore the colonial villa housing indigenous artefacts from the Tayrona area, including an impressive gold collection.

- Quinta San Pedro Alejandrino

21000COP per person. Visit Simon Bolivar's final resting place, La Quinta, the estate where the famous libertador spent his final days. The former rum plantation now includes a restored home, museum, library and extensive gardens to explore.

Overnight

Hotel

Driving

1 hour aprox.

Hiking

1 hour aprox

Flight

Go back home by plane

Meals

B/-/-

Included meals: **B**=breakfast; **L**=lunch; **D**=dinner

What's Included

Services included in the prices:

- Colombia round trip according to program
- Transport, accommodation and meals according to the program
- Domestic flights (Bogota - Armenia; Medellin - Cartagena)
- Excursions, activities and visits as per itinerary
- Hike through the Cocora Valley
- City tour of Medellin
- Visit to a coffee farm
- City tour of Cartagena
- Visit to Tayrona National Park (some periods excluded, visit to Tayronaka Park instead)
- Orientation walk in Taganga
- Visit to the Wiwa community with lunch

Not included:

- Meals and drinks not mentioned
- Optional excursions and activities
- Personal expenses, tips

Would you like to customize this trip?

Build your tailor made trip in South America with our experts.

Our travel experts will help you plan the trip of your dreams. Customizing every aspect of your holidays in South America to your specific preferences.

We Provide Satellite Internet access during Treks or Expeditions

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- [Climb Volcano Ojos del Salado](#)
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- [Visit Iguazu Falls & Rio](#)
- [Climb Mount Orizaba](#)
- [Visit Rainforests and Volcanoes](#)
- [Climb Volcano Tolima](#)

Accordion #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

Accordion #2

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

What to Bring

What to Bring or take for Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that

this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15° to 20°C)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fibber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participantFirst-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lips

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

[See More](#)

[Equipment Mountain](#)

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves(Good gloves) for expeditions over 6000meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks - Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

→ If you need to rent mountain equipment click here:

Prices & Dates

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JAN 2026 / 16 JAN 2026

\$ 3550

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 FEB 2026/ 16 FEB 2026

\$ 3550

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUN 2026/ 16 JUN 2026

\$ 3550

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUL 2026 / 16 JUL 2026

\$ 3550

[Join Now](#)

- Single Supplement (I want my own room and tent) – \$000 on request.

Please note: Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

- » Additional dates available upon request
- » Rates may vary from July 26th to 31th for the national holidays

Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
7100 USD	3550 USD	3450 USD	3350 USD	3250 USD	3150 USD	3050 USD	2950 USD

Deposit for reservations: — USD (– EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

Places: *Available

Trip-code: Number ►COL-57

Duration: 16 days

Participants: Minimal: 4 Maximal: 12

Members: We don't have an open group to join – We can open a new group – [Contact us!](#)

Country / Location: Colombia

Mountain Guide: Eric Albino Lliuya

Other dates / additional info: [Contact us!](#)

3% early bird discount when booking 6 months prior to departure 2026

Legend Booking-information:

EZZ Single room supplement

- ☐ On this trip, places are still available.
- ☐ On this trip, only a few places left.
- ☐ This trip is sold out / closed.

Eric Raul Albino Lliuya

Expert guide certified by AGOMP
General Sales Manager of Peru Expeditions

- **WhatsApp:** [+51 943 081 066](tel:+51943081066)
- **E-Mail:** office@peru-expeditions.org

[Read more](#)

Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49073449291440)

[More information](#)

We are a Private Company with a Specialized Peruvian Andean Rescue Team “Socorro Andino Peruano”, offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** [+1 \(617\) 459-4200](tel:+16174594200)

[More information](#)

Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

Suggested FAQs

[What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)

For our mountain climbing trips: If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

Regarding the preparation of children: Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

Regarding older people: It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have

any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?

Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19. Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners -Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps. If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

How far in advance should I start training and what kind of training do you suggest?

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What is the average distance and altitude gain that we will hike each day?

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Will there be porters to help to carry group and personal equipment?

In our trips, either hiking or mountaineering: Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

Who are the porters? They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

How will accommodation and meals be handled during the trek?

About accommodation or meals during the tour: Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

If the tour is with camps and trekking: During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

If the trip is at altitude or in the mountains: We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

What is the guide-to-client ratio to climb this mountain?

In mountains above 5000 meters: A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

In technical mountains: In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What is the best time of the year to climb this mountain?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](#)**

[Do I have what it takes to succeed on this expedition?](#)

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

[How can I get to the trailhead/meeting point?](#)

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

[What is the best time of the year for this hike?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](#)**

[What happens in the event of bad weather?](#)

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips the complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

[Can I join a group?](#)

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

Why go in a private trip: For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Additional information

We help in the purchase of air tickets: we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → [More information click here](#)

About a Satellite Phone or inReach® Messenger - GARMIN: On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → [More information click here](#)

Many of the participants or clients of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → [More information click here](#)

Our mountain guides or tour leaders: All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → [More information click here](#)

VISA

CURRENCY

VACCINATIONS

FIRST AID KIT

WHY CHOOSE US?

JOIN A GROUP

VISA

VISA NEEDED

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days**.

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world**, for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, [→ contact us!](#)

CURRENCY

CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:

Local money | \$1 = 000 | EUR 1 = 000 = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → [E-mail](#), or by [WhatsApp](#).

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

ATMs are available in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

VACCINATIONS

VACCINATIONS BEFORE YOU LEAVE

Compulsory vaccinations:

- They are not required

Recommended vaccinations:

- Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)

- Tetanus
- Diphtheria
- Typhoid fever
- Yellow fever (yellow fever)
- Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

FIRST AID KIT

TRAVEL FIRST AID KIT

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

ATTENTION! Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

WHY CHOOSE US?

WHO ARE WE AND WHY CHOOSE US?

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are "Registered Travel and Tourism Agency". To know more about → [US click here please!](#)

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shirts, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents**.

We provide the best living and eating conditions. We take into account the peculiarities of nutrition (**you can order a vegetarian menu**).

Free conferences in the office with **own videos material and photographs**

JOIN A GROUP

ARE YOU LOOKING FOR A TRAVEL PARTNER?

Join a group with us: Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share your experience with on an unforgettable journey. (« Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100% ») WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! → [JOIN A TRIP WITH US!](#)

Why Travel with us

Your Safety is Our Priority

Expert Guides

Sustainable Tourism

Andean Chefs

Food on the Trail

Small Groups

- Recommended Tours
-

[Inca Trail to Machu Picchu 5](#)

[Perú 07 Days/06 Nights](#)

[Choquequirao Trek Adventure 5](#)

[Perú 04 Days/03 Nights](#)

[Recommended](#)

[Rainbow Mountain, Vinicunca 5](#)

[Perú Full Day](#)
[Recommended](#)

[Vilcabamba Trek to Machu Picchu 5](#)

[Perú 05 Days/04 Nights](#)

Reviews

Leave a Reply

YOU ARE AN ADVENTURE LOVER and you want to experience something extraordinary and extreme?

You are an adventure lover and you dream of leaving with a thrill. **Peru Expeditions Tours** is also an option for you. Take advantage of our travel offer that we have for you!

“We don’t sell tours, we provide memorable lifetime experiences.”

We are a recognized tour operator **100% peruvian company** that specializes in adventure and traditional tours service.