Peru – Bolivia – Chile

Peru is the country that can completely satisfy all human tastes, preferences and energy! The people there are extremely earthy, humble and kind – a mentality too close to the senses of much of humanity. It is unique to Peru – Nature, mysticism and unparalleled world cultural and historical heritage!

Lima is the capital: of Peru located on the arid Pacific coast of the country. Although its colonial center is preserved, it is an overflowing metropolis and one of the largest cities in South America. The Larco Museum houses a collection of pre-Columbian art and the Museum of the Nation traces the history of the ancient civilizations of Peru. The Plaza de Armas and the 16th century cathedral are the core of the old center of Lima.

On the legendary Inca trails
Peru, Bolivia, Chile In the Andean highlands we walk in the footsteps of the legendary Inca empire and discover the archaeological sites of Machu Picchu and Cuzco. The story of the first Inca king, Manco Capac, leads us to Lake Titicaca, which according to legend is the origin of this unique high culture. We spend the night on the legendary Amantani Island and enjoy the view of the snow-capped mountains, over 6,000 meters high. We hike through desert landscapes and huge sand dunes to forgotten mummy tombs of millennia-old cultures.What a contrast to the steaming geysers, bizarrely shaped rocks and dazzling lagoons of the Salar de Uyuni when we travel from Bolivia's most famous salt lake to Chile into the fascinating Atacama desert to travel!

Highlights

- Comprehensive 22-day nature and culture tour through the Andean countries of South America Peru, Bolivia and Chile
- Close encounters with millennia-old Inca and Quechua traditions
- Cuscco, the former capital of the Inca Empire with the sacred Inca Valley
- Travel by train to the legendary Inca city of Machu Picchu in the middle of the Peruvian Andes, which is one of the Seven New Wonders of the World
- Overnight stay with the Incas on the idyllic islands of the magical Lake Titicaca and a visit to the "knitting men"
- Hike and overnight stay with indigenous farmers in the Colca Canyon, where the majestic condors circling above us, who are very revered by the Inidgenas
- Salsa dance class in the "white colonial city" Arequipa
- "Pisco sour tasting" (Peruvian national cocktail) in Cusco
- Day hike to the Rainbow Mountain in Peru
- Metropolis La Paz with witch market and coca museum
- Visit to the silver mining town of Potosí
- Uyuni salt flats with cactus islands, ghost station, flamingos, steaming geyser fields, hot springs and the Salvador Dalí desert
- Bizarre desert landscape of Atacama including stargazing, Salar de Atacama and bathing in the Cejar lagoon
- City tour in the Chilean capital Santiago de Chile
- Lake Titicaca, which according to legend is the origin of this unique high culture

Join an unforgettable trip with us "Peru Expeditions Tours"

- 23 Days/22 Nights
- April - September
- Moderate

Difficulty Condition
More Info

Travel Program

Day 1: Flight from Europe, USA, Canada, etc - Country of origin to Peru

Flight from Europe or the country of origin (USA or Canada), etc. Arrival in Lima – Transfer Hotel the large city in South America; population approximately 11 million. Arrival in Lima. Iberia flight travel starts in the morning. Transfer to Hotel in Lima.
Overnight stay Hotel.

Overnight
Hotel
Flight
Arrval with plane to Peru
Meals
-/-/-

Day 2: Drive on the Panamericana to the desert oasis Huacachina

Along the wild Pacific coast, we drive our coach to the romantic desert oasis Huacachina, which lies in the seemingly endless dune sea. This lagoon, surrounded by sand dunes up to 100 meters high, offers a welcome cooling and is one of the most popular excursion destinations in the region. There are numerous legends surrounding the creation of the oasis. The best known is without a doubt the story of the beautiful princess who looked at herself in the mirror here in the desert. But suddenly she saw a pursuer in the mirror behind her and let the mirror drop to the floor, where it broke into a thousand pieces. These shards turned into a lake and devoured the princess, who, according to legend, still lives as a mermaid in the lagoon. However, the reality is that the lagoon is fed by an underground river that carries extremely mineral-rich water – in the past, many visitors came here to cure physical ailments such as rheumatism or arthritis. Optional: All-wheel drive buggy tour through the high sand dunes. Overnight at the Huacachina lagoon in the Hosteria Suiza *** or similar in an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
6 Hours approx by bus.
Meals
-/-/-

Day 3: Pisco tasting, drink in Ica and witch village Cachiche

Tasting in a typical Peruvian bodega, where the grappa-like grape schnapps Pisco is made. City tour through Ica and visit to the famous chocolate factory Helena, where we will experience the manufacturing process up close. Continue to the witch village of Cachiche to the pyramid of energy and the statue of the witch of Cachiche. Here everyone can read out of hand or have the cards laid. In the afternoon continue to Nazca. Overnight in Nazca in the Hotel Oro Viejo ***, Hotel Casa Andina Standard *** or similar an equivalent hotel.

Overnight stay Hotel.

Overnight
Hotel
Driving
2 Hours approx by bus.
Tours/Hiking
1 Hours approx tours
Meals
B/L/-

Day 4: Mysterious Nazca Lines, Chauchilla mummy cemetery and the “white city” Arequipa

If you want to get an even better overview of the enigmatic Nazca lines that extend over several square kilometers, you have the opportunity to do so on an optional sightseeing flight this morning. Immediately afterwards we drive deep into the desert to the Chauchilla mummy cemetery, where we can get an impressive picture of the funeral rituals of the Nazca culture. Afterwards there is a visit to a ceramic workshop and a small gold workshop where the miners explain more about the extraction process of this mineral. Late in the evening the colonial town of Arequipa is reached at 2,335m. Overnight in Arequipa in the Casa Andina Standard *** or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
10 Hours approx by bus.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 5: San Camillo market, cathedral, "Santuarios Andinos" museum with the mummy Juanita, Santa Catalina monastery, language & salsa dance course

In the morning we visit the San Camillo market, the cathedral, the “Santuarios Andinos” museum in which the almost perfectly preserved mummy Juanita is located, and the famous Santa Catalina monastery. A visit to the Santa Catalina Monastery, built in the second half of the 16th century, is one of the most impressive experiences that the Arequipa region has to offer. The monastery, which has only been open to the public since 1970, is an independent city in miniature size, in which up to 400 nuns once lived. In the period of the Viceroyalty, the architecturally impressive monastery functioned almost independently of the outside world. During this tour, a language teacher gives us some important insights into the Inca language Quechua and Spanish. After lunch (not included in the price) we visit a social project where children in need are offered a home. Depending on the age group, we can help the residents with their homework or play with the little ones. In the evening, a one-hour salsa dance course awaits us, followed by a “practical test” in a small dance bar. Overnight in Arequipa in the Casa Andina Standard *** or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
3 Hours approx by bus.

Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 6: Visit to a farming family in Colca Canyon, one of the deepest canyons in the world

Precisely because they were only connected to the outside world in the 1970s, traditional costumes and traditional life have been preserved in the villages of the picturesque Colca Valley. This applies even more to agriculture, which is practically unchanged on 1,000-year-old cultivated terraces. We arrive in Chivay at noon and drive straight to a local indigenous farming family in Coporaque, where we eat together and also spend the night very simply. We may also have the opportunity to try the old Inca beer: Chicha – a fermented corn drink.
Overnight stay Hotel.

Overnight
Hotel
Driving
5 Hours approx by bus.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 7: Watch condors in Colca Canyon and drive to Lake Titicaca

After an early breakfast, we drive to the more than 100 km long Colca Canyon, which measures 3,400 m at its lowest point and is twice as deep as the Grand Canyon in the USA, to the Cruz del Condor viewpoint. With a bit of luck, we will observe the majestic condors gliding over the depths of the canyon. The majestic condor is one of the most important beings in the Inca and Vorinka mythology and is still very important to the indigenous population. Then we continue to Puno. Overnight in Puno in the Hotel Intiqa *** or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
7 Hours approx by bus.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 8: Living with the Colla Inca on an island in the middle of Lake Titicaca

Today you will cross the deep blue Lake Titicaca to the floating reed islands, which are made from the native Totora reeds. The inhabitants of the islands fled to the lake because of a conflict with the Colla Indians. They have lived on the 50 to 70 islands for centuries. On the idyllic Isla Amantani, we integrate ourselves into the village community, always dividing ourselves into indigenous families. We speak with hands and feet, because the family only speaks Quechua and Spanish. In the afternoon we hike together

to one of the two mountains on the island – Pachamama or Pachatata – where a wonderful view of the sunset over Lake Titicaca awaits us from the temple. Afterwards it is time to immerse yourself in this unique culture while having dinner and playing music together. Overnight in simple accommodation with the indigenous people on the island of Amantani.
Overnight Lodge.

Overnight
Hotel
Driving
3 Hours approx by bus.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 9: On the island of the knitting men

In the morning we say goodbye to our friendly hosts and enter the boat again. With this we drive to the island of Taquile, which is known for its knitting men who make special hats that let the initiate know at a glance whether the wearer is still single, at a bridal show or already married. The taquileños are organized in a cooperative that deliberately refers to the Inca-era commandments “Ama suwa, ama llulla, ama qilla” (do not steal, do not lie, do not be lazy). That is why the locals do not have a police force on the island.
Overnight in Puno in the Hotel Intiqa *** or similar an equivalent hotel.
Overnight Lodge.

Overnight
Hotel
Driving
3 Hours approx by bus.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 10: Journey through the Altiplano to the Inca capital Cusco

Today we continue, together with other travelers, with the tourist bus on the high plateau of the Andes – the Altiplano, to Cusco. This journey takes you past mountain ridges and alpaca herds, through an authentic and picturesque landscape. On the way we visit the ruins of Pucara and the “Sistine Chapel of the Andes” in the city of Andahuaylillas. The Raqchi archaeological complex, dedicated to the Inca god Wiracocha, is also on the program. Overnight in Cusco in the Casa Andina Standard Koricancha ***, Hotel Abittare *** or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
7 Hours approx by bus.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 11: Cusco - Drive to Ollantaytambo - Machu Picchu visit - the best day - Back to Cusco

We take the bus to the Ollantaytambo train station early in the morning. From there, take the train to Aguas Calientes. We complete the serpentine road up to Machu Picchu with the shuttle bus. And then the time has come – at an altitude of 2,400 m, the mystical place is right in front of our eyes! For over 100 years, science has puzzled how the Incas came up with the idea of building a city on the Machu Picchu summit plateau. Even more puzzling is the question of why – barely finished – Machu Picchu left nature completely again. Before the place was discovered in 1911, Machu Picchu was a haven that was known to only a select few. Fortunately, it remained hidden from the Spaniards, so that you can still walk through the well-preserved ruins today. On a detailed sightseeing tour we learn the historical background of this impressive citadel and much more information about the world wonder of South America. Afterwards it goes back to Cusco by bus and train. Overnight in Cusco in the Casa Andina Standard Koricancha ***, Hotel Abittare *** or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
8 Hours approx by bus and train.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 12: Ride on the Tranvía donkey cart and tour of Cusco

In the early morning we head to the lively and colorful San Pedro market. We notice the many colors and smells that mix in this special place. From tropical fruits from the vast jungle area of the Amazon to dozens of different types of corn and potatoes to quinoa and coca leaves: Here we get an intensive insight into the culinary diversity of Peru. Our tour of exploring the ancient Inca sites continues in an original way today. We take the Tranvía, a wagon modeled on the historic donkey-drawn street cars, to Sacsayhuamán. This Inca fortress is particularly impressive due to its huge, precisely cut stone blocks that are joined without mortar. After an extensive tour, we hike back to Cuzco (approx. 2 hours, medium difficulty) and enjoy unique panoramas of the surrounding Andean chain. After lunch, there is a tour of the historic old town, in the artists' quarter of San Blas, to the enigmatic stone of the twelve corners or the perfectly seamless masonry at the Coricancha sun temple. It remains to be seen how the Inca managed to move the heavy stones without knowing the wheel. After dinner we visit the Museo del Pisco, where we mix our own Pisco Sour and taste this national drink from Peru! Overnight in Cuzco in the Casa Andina Standard Koricancha ***, Hotel Abittare *** or similar an equivalent hotel.
Overnight Hostal.

Overnight
Hotel
Driving
2 Hours approx by bus.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 13: Cusco - Day hike to the rainbow mountain Vinicunca

On our four-hour path up to the Rainbow Mountain, also known as Vinicunca, we experience the simple, high Andean life up close, because we hike through some very original Inca villages and admire the great views of the surrounding mountains. We see llamas and alpacas and, with a little luck, even vicuñas along the way. From the viewpoint at 4,900 meters, we enjoy the breathtaking view of the “Rainbow Mountain”. Then it goes down to the parking lot at 3,950 meters, where we are expected by a driver and driven to Cusco. Overnight in Cusco in the Casa Andina Standard Koricancha ***, Hotel Abittare *** or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
8 Hours approx by bus.
Tours/Hiking
5 Hours approx tours
Meals
B/L/-

Day 14: Flight to La Paz / Bolivia, city tour with witch market and Coca Museum

Today we fly over the majestic Andes and Lake Titicaca to the next superlative of our trip: La Paz, at 4,050 meters one of the highest cities in the world! During a guided tour, we will step back into the history of the city and learn the sights such as the Plaza Murillo with its presidential palace, the San Francisco Cathedral and the famous witch market, where all sorts of utensils, herbs and crazy good luck charms (e.g. dried llama embryos) be sold, know. In the Museo de la Coca in La Paz we learn everything about the history, the production and the medical application of coca. The use of coca in past rituals is also discussed. Overnight stay in La Paz in the *** Hotel Rosario or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Flight
3 Hours approx by plane
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 15: Free day in La Paz or optional activities - e.g. Bike tour on the "Road of Death"!

We have a day off for today. Those who do not want to explore the city further on their own have the option of various optional activities:
Bike tour on Death Road
A new day of adventure awaits us! A minibus brings us and our modern mountain bikes to a height of approx.4,300m. Here it says: Saddle up! After crossing the Cumbre Pass (4,700m) you descend on one of the most spectacular streets in South America to the tropical Yungas. While our mountain bike winds down 3,500 vertical meters on many mountain slopes, we enjoy breathtaking views. The vegetation becomes more abundant with every meter of altitude. Tiwanaku archeology site For the history enthusiasts of the group: If you want to immerse yourself in the pre-Inca period and search for traces of the cultures of the

Titicaca region, you can learn a lot of insightful things on this tour! Early in the morning we go to Tiwanaku in a minibus with a mixed group. This culture started around 1,400 BC. It reached its peak between AD 600 and 900. Above all, it is exciting to see and imagine how the artisans could process such massive stones with such unbelievable perfection without the technology and machine power of today Paz in *** Hotel Rosario or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
1 Hours approx by bus.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 16: Silver mine town of Potosí

Today we fly to the famous silver mining town of Potosí. In the afternoon we slip into mine worker clothes (overalls, helmets) and follow the mountain guide on dusty and partly dark paths, which takes us to different sections of the mines. We meet mine workers from whom we learn about the impressive, terrifying and oppressive conditions in the mines of the Cerro Rico silver mountain. As we dig deeper inside the mine, we repeatedly come across one of the many statues of El Tío ("the uncle"), which is believed to be the lord of the underworld. People here respect him very much and offer him various offerings such as cigarettes, alcohol and coca leaves to ask for his protection. It is believed that El Tío becomes angry if he is not properly fed, and assumes a destructive nature. Overnight in Potosí at Tukos La Casa Real *** or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
3 Hours approx by bus.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 17: Uyuni, cactus islands and ghost station

In the morning we reach Uyuni with a minibus and start our next adventure. The expedition through the unique landscape of the Salar de Uyuni begins with a short stop at the train cemetery. The collection of old steam locomotives conveys a ghostly atmosphere and gets us into the surreal scenery of the next few days. With four-wheel drive vehicles we cross the gigantic salt lake and drive over the glistening white surface to Isla Incahuasi and Isla Pia Pia. On short hikes on both islands (1 hour each, easy to medium difficulty) we pass meter-high cacti and petrified coral reefs before we reach San Juan in the late afternoon, where we stay spartan but unforgettable in simple accommodation made of salt, the first salt hotel in the world World, stay overnight.
Overnight stay Lodge.

Overnight
Hotel

Driving
6 Hours approx by bus.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 18: Siloli desert, Árbol de Piedra, Laguna Colorada, fumaroles and flamingos

With our four-wheel drive vehicles, we can now reach the lagoons of Cañapa, Hedionda, Chiarkhota, Honda and Ramaditas and can no longer escape our amazement: swarms of pink flamingos poke through the flat shore, rust-brown mountain giants rise up in the background, and bubbling geysers and smoking fumaroles prevail the ground. We continue our journey through the Siloli Desert, pass bizarre rock formations like the Árbol de Piedra (stone tree) and reach the Laguna Colorada. During our walk along the shore, we admire the intensely reddish shimmering water surface of what is probably the most beautiful lake in the region. A unique natural spectacle! Overnight in simple accommodation in the Eduardo Avaroa National Park.
Overnight stay Lodge.

Overnight
Hotel
Driving
4 Hours approx by bus.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 19: Geyser fields, hot springs, Salvador-Dalí desert, San Pedro de Atacama, stargazing

We are once again fascinated by the wonders of volcanism: in the geyser field ‘Sol de Mañana’ we walk along the steaming holes and can take a relaxing bath in the hot springs of Polquis. Then we cross the Salvador Dalí desert, reach the Laguna Blanca and the Laguna Verde, which shimmer in a rich turquoise due to the mineral-containing water. We cross the Chilean border and reach San Pedro de Atacama in the early afternoon. We explore the small village on a short tour. In the evening we go on a guided astronomical tour to observe the extremely clear starry sky. We also get an introduction to topics such as star life, Andean astronomy, classic constellations and images of other civilizations, star navigation as well as myths and legends. Overnight in Atacama in *** Hotel Don Raul, *** Hotel Takha Takha or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
3 Hours approx by bus.
Tours/Hiking
4 Hours approx tours
Meals
B/L/-

Day 20: Salar de Atacama and bathing in the Cejar lagoon

Sleep in and shape the morning as you wish. Be sure to check out the Church of San Pedro! The cactus wood roof is impressive. In the afternoon we first visit the valley of death. Wind and rain have created the most amazing figures and shapes from salt, plaster and clay. Then it goes to the Salar de Atacama to the Cejar lagoon. The salt water of the lagoon has a great swimming effect, which makes the bath a relaxing and entertaining experience. This natural spa is complemented by the beautiful landscape with turquoise water, volcanoes and the magnificence of the salar. Overnight in Atacama in *** Hotel Don Raul, *** Hotel Takha Takha or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
4 Hours approx by bus.
Tours/Hiking
4 Hours approx tours
Meals
B/L/-

Day 21: Onward journey to Santiago de Chile

After an hour and a half transfer we fly from Calama to Santiago de Chile in the morning, the last stop of our trip. In the afternoon, the vibrant life of the Chilean capital awaits us: on our city tour we learn why the presidential palace is called La Moneda, admire the magnificent Plaza de Armas and not only enjoy breathtaking views of the city while driving up Mount San Cristóbal also enjoy a delicious “Mote con Huesillo”. Overnight in Santiago de Chile in the *** Hotel Galerias or similar an equivalent hotel.
Overnight stay Hotel.

Overnight
Hotel
Driving
9 Hours approx by bus.
Tours/Hiking
1 Hours approx tours
Meals
B/L/-

Day 22: Santiago de Chile - End of the trip - Flight back to Home

Morning city tour of the historic center with cathedral, La última mañana es libre. Quizás quieras ver el barrio Barrio Italia. Los elementos históricos y arquitectónicos hacen de este distrito una joya cultural, como un contrapunto al ajetreo de la gran ciudad. Por la tarde comenzamos el viaje de regreso desde Santiago de Chile. In the evening transfer from the hotel to the airport. Return. Departure return flight to Switzerland, USA, Canada, Europa, etc.

Overnight
Hotel
Driving
1 Hours approx by bus.
Tours/Hiking

1 Hours approx tours
Meals
B/L/-

Day 23: Return flight - Arrival home

Go back home – end tour in Peru / South America.

Overnight flight (-/-/-)

Included meals: B=breakfast; **L**=lunch; **D**=dinner

What's Included

Services included in the prices:

- Local culture guides
- Local guides, cook and escort
- Domestic flight Lima-Tarapoto-Cusco-Lima
- All transfers and overland trips
- Bus and boat rides
- All hotel accommodation in a double room
- Meals according to the program, Breakfast / Lunch / Dinner
- National Park fees
- Enter fees to Machu Picchu
- Peru Expeditions Tour leader

Not included:

- Restaurants in cities: Lunch and dinner in Lima, Tarapoto, Cajamarca, Trujillo, Ica, Arequipa, Puno, and Cusco
- Entrances to the thermal baths in Aguas Calientes
- Breakfast on the first morning
- Sleeping bag that can be rented at our office
- Tips for the guide and field staff recommended 200 USD
- Travel and medical insurance & emergency evacuation insurance
- Personal equipment and clothing
- International flight from USA, Europe, Canada, etc.
- Travel luggage and Travel cancellation insurance
- Not mentioned food and beverages
- Personal Spending
- Optional overflight over the lines of Nazca

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- Visit Machu Picchu
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- Rainbow Mountain Cusco
- Backpacker trips to Cusco
- Choquequirao Trek
- Ausangate Trek to Machu Picchu
- Salkantay Trekking Adventure
- Short Inca Trail to Machu Picchu
- Lares Trek to Machu Picchu
- Vilcabamba Trekking
- Climb Volcano Chachani
- Visit Salar de Uyuni
- Bolivian Highlands
- Climb Huayna Potosi
- Visit Isla del Sol Sun Island
- Climb Volcano Sajama
- Climb Cotopaxi & Chimborazo:
- Climb Volcano Ojos del Salado
- Visit Torres del Paine
- Climb Mount Aconcagua
- Visit Iguazu Falls & Rio
- Climb Mount Orizaba
- Visit Rainforests and Volcanoes
- Climb Volcano Tolima

Accordion #1
Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.
Accordion #2
Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15º to 20ºC)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fibber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participantFirst-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lips

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

See More

Equipment Mountain

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves(Good gloves) for expeditions over 6000meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks – Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

See More

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

→ If you need to rent mountain equipment click here:

Prices & Dates

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 MAY 2027/ 23 MAY 2027

$ 6500

Join Now

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUN 2027/ 23 JUN 2027

$ 6500

Join Now

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUL 2027/ 23 JUL 2027

$ 6500

Join Now

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 AUG 2027/ 23 AUG 2027

$ 6500

Join Now

- Single Supplement (I want my own room and tent) – $000 on request.

Please note: Insurance for emergency evacuation is required for this trip. Call for more details.

» Additional dates available upon request
» Rates may vary from July 26th to 31th for the national holidays

Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
13000 USD	6500 USD	6200 USD	6100 USD	5900 USD	5700 USD	5600 USD	5400 USD

Deposit for reservations: — USD (– EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

Places: *Available
Trip-code: Number ►PER-
Duration: 23 days
Participants: Minimal: 4 Maximal: 12
Members: We don't have an open group to join – We can open a new group – Contact us!
Country / Location: Peru
Mountain Guide: Juventino Albino Caldua
Other dates / additional info: Contact us!

3% early bird discount when booking 6 months prior to departure 2027

Legend Booking-information:
EZZ Single room supplement
 On this trip, places are still available.
 On this trip, only a few places left.
 This trip is sold out / closed.

Juventino Albino Caldua

Expert guide certified by IVBV - UIAGM - IFMGA
Co-Founder, Peru Expeditions

- **WhatsApp:** +51 943 081 066
- **E-Mail:** office@peru-expeditions.org

Read more

Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** +49(0)7344 929144-0

More information

We are a Private Company with a Specialized Peruvian Andean Rescue Team “Socorro Andino Peruano”, offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** +1 (617) 459-4200

More information

Only $1000 deposit to book

Pay over time, interest free

No booking fee, no change fee

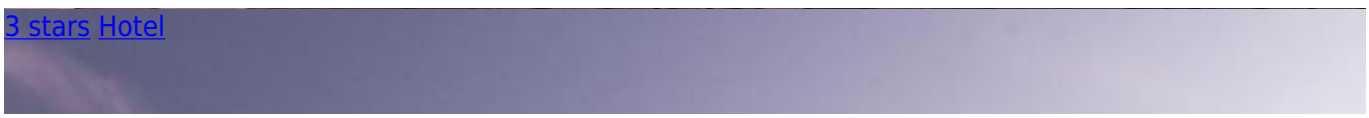
24/7 support

Accommodations

Scroll through our exclusive accommodations for this trip below. Although very unlikely, we will be able to make substitutions when necessary. The comfortable accommodations that guests stay in every night offer comfort, the level that these options are are 3 stars and some hostels in some towns of first class quality to make your stay very pleasant.

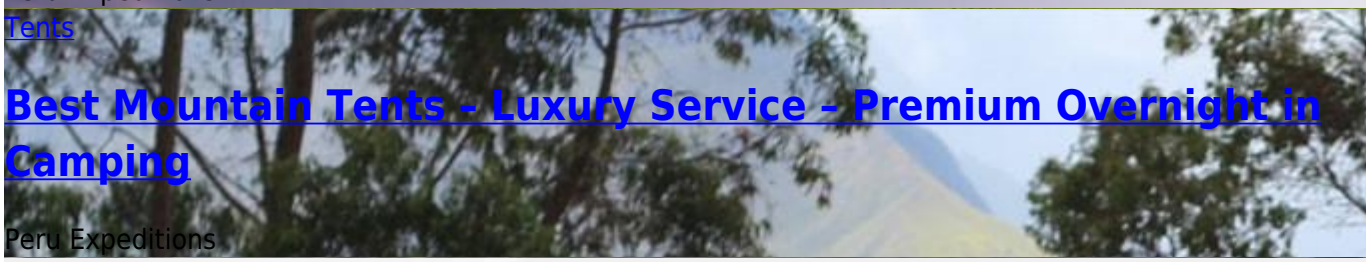
These exact accommodations are not guaranteed. In some cases, alternative accommodation of similar quality and location can be used.

3 stars Hotel



Peru: Hotel Conde de Lemos Arequipa

Peru Expeditions



Tents

Best Mountain Tents – Luxury Service – Premium Overnight in Camping

Peru Expeditions

3 stars Hotel

Peru: Hotel Rumi Wasi in Chivay

Peru Expeditions

3 stars Hotel

Peru: Hotel Conde de Lemos Puno

Peru Expeditions

3 stars Hotel

Peru: Hotel Inca Wasi Plaza Cuzco

Peru Expeditions

3 stars Hotel

Peru: Hotel Puma

Peru Expeditions

3 stars Hotel

Peru: Hotel Rubi

Peru Expeditions

3 stars Hotel

Peru: Hotel Churup

Peru Expeditions

2 stars Hotel

Peru: Hotel Valery

Peru Expeditions

3 stars Hotel

Peru: Hotel Kamana

Peru Expeditions

Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

Suggested FAQs

What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?

For our mountain climbing trips: If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

Regarding the preparation of children: Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with they.

Regarding older people: It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: +51 943 081 066**

Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: https://peru-expeditions.org/equipment-rental/ . **For calls or inquiries to this number: +51 943 081 066**

Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?

Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19. Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners –Global Rescue.** If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: +51 943 081 066**

What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: +51 943 081 066**

How far in advance should I start training and what kind of training do you suggest?

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: +51 943 081 066**

What is the average distance and altitude gain that we will hike each day?

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if If you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: +51 943 081 066**

Will there be porters to help to carry group and personal equipment?

In our trips, either hiking or mountaineering: Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

Who are the porters? They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: +51 943 081 066**

How will accommodation and meals be handled during the trek?

About accommodation or meals during the tour: Well, depending on the type of tour, when the tour

is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

If the tour is with camps and trekking: During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

If the trip is at altitude or in the mountains: We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

What is the guide-to-client ratio to climb this mountain?

In mountains above 5000 meters: A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

In technical mountains: In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: +51 943 081 066**

What is the best time of the year to climb this mountain?

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: +51 943 081 066**

Do I have what it takes to succeed on this expedition?

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

How can I get to the trailhead/meeting point?

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a A representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: +51 943 081 066**

What is the best time of the year for this hike?

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: +51 943 081 066**

What happens in the event of bad weather?

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even is good season we can have bad weather, in this case on hiking or treks trips The complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: +51 943 081 066**

Can I join a group?

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

Why go in a private trip: For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: +51 943 081 066**

Additional information

We help in the purchase of air tickets: we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → **More information click here**
About a Satellite Phone or inReach® Messenger - GARMIN: On each trip we recommend having a

satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → **More information click here**

Many of the participants or clients of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → **More information click here**

Our mountain guides or tour leaders: All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → **More information click here**

VISA

CURRENCY

VACCINATIONS

FIRST AID KIT

WHY CHOOSE US?

JOIN A GROUP

VISA

VISA NEEDED

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days.**

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world,** for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, **→ contact us!**

CURRENCY

CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:

Local money | $1 = 000 | **EUR 1** = 000 = Let us to know which destination would you like to travel to so

we can send you the current information of the day to your → **E-mail,** or by **WhatsApp.**

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

ATMs are available in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

VACCINATIONS

VACCINATIONS BEFORE YOU LEAVE

Compulsory vaccinations:

– They are not required

Recommended vaccinations:
– Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)
– Tetanus
– Diphtheria
– Typhoid fever
– Yellow fever (yellow fever)
– Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → **E-mail** or **WhatsApp** and we will provide you with more detailed information.

FIRST AID KIT

TRAVEL FIRST AID KIT

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

ATTENTION! Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → **E-mail** or **WhatsApp** and we will provide you with more detailed information.

WHY CHOOSE US?

WHO ARE WE AND WHY CHOOSE US?

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism;

turning customer dreams into reality and exceeding their expectations. We are “Registered Travel and Tourism Agency”. To know more about → **US click here please!**

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shits, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents.**

We provide the best living and eating conditions. We take into account the peculiarities of nutrition **(you can order a vegetarian menu).**

Free conferences in the office with **own videos material and photographs**

JOIN A GROUP

ARE YOU LOOKING FOR A TRAVEL PARTNER?

Join a group with us: Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share you experience with on an unforgettable journey. (» Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100%) » WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! **→ JOIN A TRIP WITH US!**

Why Travel with us

Your Safety is Our Priority

Expert Guides

Sustainable Tourism

Andean Chefs

Food on the Trail

Small Groups

- Recommended Tours

Galapagos and Machu Picchu Peru 5

Huaraz 18 Days/17 Nights
Recommended

Lima - Cusco - Puno - Copacabana - Bolivia 5

Huaraz 19 Days/18 Nights
Recommended

Chachapoyas and Machu Picchu 5

Huaraz 16 Days/15 Nights

Lima - Cusco - Puno - Arequipa - Nazca 5

Huaraz 19 Days/18 Nights

Reviews

Leave a Reply

YOU ARE AN ADVENTURE LOVER and you want to experience something extraordinary and extreme?

You are an adventure lover and you dream of leaving with a thrill. **Peru Expeditions Tours** is also an option for you. Take advantage of our travel offer that we have for you!

“We don’t sell tours, we provide memorable lifetime experiences.”

We are a recognized tour operator **100% peruvian company** that specialists in adventure and traditional tours service.