Lima Santa Cruz trek – Arequipa – Puno – Machu Picchu – Rainbow Mountain – Lima

Lima is the capital: of Peru located on the arid Pacific coast of the country. Although its colonial center is preserved, it is an overflowing metropolis and one of the largest cities in South America. The Larco Museum houses a collection of pre-Columbian art and the Museum of the Nation traces the history of the ancient civilizations of Peru. The Plaza de Armas and the 16th century cathedral are the core of the old center of Lima.

About the Santa Cruz Trek: The Santa Cruz trek is a popular 3 or 4 day trip with a backpack on the shoulder through the heart of the impressive Cordillera Blanca of Peru and most travelers use Huaraz, Peru as a place to establish their base.

The Colca Canyon: is located in the valley of a river in southern Peru and is famous for being one of the deepest in the world. It is a famous destination for hiking. It is a habitat of the giant Andean condor, which can be seen from viewpoints such as the Cruz del Cóndor. The canyon landscape encompasses a green valley and traditional remote villages with terraced agriculture that preceded the Incas. The Colca River is popular for rafting.

Uros floating islands occupy a small corner of the world's highest altitude navigable lake. It's fair to say that there is no other place like it on earth. The people of Uros are believed to be descended from the earliest inhabitants of Lake Titicaca.

The island of Taquile, on Lake Titicaca, belongs to the district of Amantaní, Puno, Peru and is located 45 km from the regional capital. It has an approximate population of 2,200 inhabitants. The main villa is at 3,950 meters above sea level and the highest point on the island reaches 4,050 meters above sea level.

Cusco is a city in the Peruvian: Andes that was the capital of the Inca Empire and is known for its archaeological remains and Spanish colonial architecture. The Plaza de Armas is the center of the ancient city, with galleries, carved wooden balconies and ruins of Inca walls. The convent of Santo Domingo, in baroque style, was built on the Temple of the Inca Sun (Qoricancha) and has archaeological remains of Inca stonework.

Machu Picchu: is an Inca citadel located in the heights of the Andes mountains in Peru, above the Urubamba river valley. It was built in the fifteenth century and then abandoned, and is famous for its sophisticated dry stone walls that combine huge blocks without the use of a mortar, fascinating buildings that relate to astronomical alignments and panoramic views. The exact use he had remains a mystery.

A journey could not be more varied. A journey into the natural wonder of Peru.
Join an unforgettable trip with us "Peru Expeditions Tours"

- 18 Days/17 Nights
- April - September
- Moderate

Difficulty Condition
More Info

Travel Program

Day 1: Flight from Europe, USA, Canada, etc - Country of origin to Peru

Flight from Europe or the country of origin (USA or Canada), etc. Arrival in Lima – Transfer Hotel the large city in South America; population approximately 11 million. Rest or explore the city on your own.

Overnight
Hotel
Flight
Arrval with plane to Peru
Meals
-/-/-

Day 2: From Lima - Travel by bus to Huaraz (3100 m). The trip is 400km and takes 8 hours.

This ride follows the Pan American highway north across the impressive Pacific coastal desert. Continuing toward higher terrain, we pass through the Cordillera Negra (Black Range) at Conococha Pass (4020 m) into the Santa Valley and Huaraz (3100m). Once across the pass, you'll see a charming view of the mountains of the Cordillera Blanca, without a doubt some of the most impressive scenery in the world. You can also fly via LCPERU – flight duration 50 minutes.

Overnight
Hotel
Driving
8 Hours approx
Tours/Hiking
1 Hours approx tours
Meals
B/L/-

Day 3: Huaraz - Trekking Laguna Churup Adventure over (4450 m)

We travel from Playa to the hydroelectric at the Urubamba River. We will ascend one newly opened Inca trail. This trail originally was used to transport agricultural products to the population on Machu Picchu. The trail takes us through an area with coffee plantations and subtropical fruits and crops. As we ascend the trails, vegetation changes between dry and grassy with flowers and moist cloud forest. In the pass we are suddenly in a cool dense wood full of trees covered with thick moss. Shortly hereafter we see for the first time the impressive Machu Picchu on a mountain saddle further into the valley. Within 10 minutes we arrive to our lunch spot called Llactapata. Here we eat lunch while enjoying the views of Machu Picchu and the beautiful mountains. Then we walk the last part downhill and along the river to the Hydroelectric. Here we can visit Intihuatana while waiting for the train or continue walking to Aguas Calientes where we arrive in the afternoon. We spend the night in a nice hotel.

Overnight
Hotel
Driving
2 Hours approx
Tours/Hiking
5 Hours approx tours
Meals
B/L/-

Day 4: Huaraz - Transfer to the village of Cashapampa (2900 m) - Trekking to Llamacorral (3800 m)

Today we head for the departure point for our trek. We set off via private transport to the valley of the Santa River, as far down as Caraz and then along a narrow route toward the Santa Cruz Valley. The farmers cultivate the green fields, but agriculture is very difficult here. We arrive at the village of Cashapampa (2900 m) where our trek begins and our local team is waiting: burro drivers whose pack animals will carry our baggage from now on. Starting in the lush vegetation of the valley, we continue deeper into this unique mountain landscape. After approximately 4½ hours of trekking, we arrive at our campsite in Llamacorral.

Overnight
Camping
Driving
3 Hours approx
Tours/Hiking
5 Hours approx tours
Meals
B/L/D

Day 5: Llamacorral - Trekking to Taullipampa (4250 m)

We climb via Santa Cruz Gorge and pass alongside the lakes of Ichiccocha y Jatuncocha. At the edge of the trees, the lupines enchant us with all colors of blue. This is a paradise for the local ducks! Next we go to Lake Arhueycocha (4450m), which is also the departure point for climbing Alpamayo. We enjoy a fantastic view of the peaks of Alpamayo, Quitaraju, Artesonraju (the logo for Paramount Pictures!) Many people believe that the white pyramid of Alpamayo is the most beautiful mountain in the world! Camp at Taullipampa.

Overnight
Camping
Tours/Hiking
6 Hours approx tours
Meals
B/L/D

Day 6: Taullipampa - Trekking up to Punta Union Pass (4750 m) - Paria - Refugio Huaripampa (3600 m)

At first it‘s an easy climb through meadows, but the trail soon becomes dry, rocky and steep. This trail was used from pre-Inca times to get to Punta Unión, an imposing mountain; it will take about 2 hours. The majestic mountains of the Cordillera Blanca you can see today include Taulliraju and Huandoy, Huascarán, the Pucajircas, Artesonraju and many others. The descent is also steep and passes through the beautiful high mountain landscape of the lakes of Morococha. We finally get to the valley of Huaripampa where we camp for the night.

Overnight
Camping
Tours/Hiking
9 Hours approx tours
Meals

B/L/D

Day 7: Huaripampa - Trekking to the village of Vaquería. Transfer by van over Portachuelo Pass (4650 m) - Transfer to Huaraz

After descending through the forests and whitewater rivers of the Huaripampa Valley, we pass through a typical village of the high Andes, Vaquería. The farmers here raise small animals and some crops. At this elevation there are still flowers, and their colors brighten the landscape. From the village we climb to Portachuelo de Llanganuco Pass, 4650 meters, where you will have fantastic views of several mountains covered in snow. And with a bit of luck, we'll be able to see vicuñas! These timid relatives of llamas graze at elevations of 5500 m; it's not surprising that these animals produce the finest wool in the animal kingdom, tired and happy, we arrive at the hotel.

Overnight
Hotel
Driving
5 Hours approx
Tours/Hiking
4 Hours approx tours
Meals
B/L/-

Day 8: Huaraz - Transfer to the bus station - Bus drive to Lima 8hrs / 400km

Transfer to the bus station in the morning and in the afternoon arrival to Lima capital of Peru, transfer to hotel.

Overnight
Hotel
Driving
8 Hours approx
Tours/Hiking
1 Hours approx tours
Meals
B/L/-

Day 9: Lima - in the morning flight to the city of Arequipa called (Ciudad Blanca de Arequipa)

In the morning we fly to Arequipa. The city is also known as the "White City" because of its many white volcanic stone buildings. In the afternoon we explore the city and the famous monastery of Santa Catalina. Built in the 16th century, the monastery is a huge complex of buildings that used to be like a city of its own, housing over 450 nuns. Overnight at hotel.

Overnight
Hotel
Driving
1 Hours approx
Flight
1 Hour approx by plane to Arequipa
Tours/Hiking

1 Hours approx tours
Meals
B/L/-

Day 10: Arequipa - famous Colca canoy - View of Condores most spectacular in the world.

Pick up at the hotel between 2:30 a.m and 3:00 a.m in Arequipa to head to the town of Chivay, where we will stop for a breakfast amidst amazing Andean landscapes. We will continue our journey to the “Cruz del Cóndor” where we can appreciate the formation of the Colca Canyon and the flight of the condors. In the area, we will be approximately 1 hour. Later we will go to visit the natural viewpoints of Wayrapunko, Antahuilque, and Choquetico, where we can appreciate the work of our pre-Inca ancestors: hanging tombs and litho-scale models. We continue with stops in the towns of Maca and Yanque and finish in Chivay where we will go to the Thermal Baths of “La Calera” to enjoy the thermal medicinal waters for about 1 hour. Then, we will return to the town of Chivay for a lunch buffet (included). At 5:00 p.m. we’ll return to your hotel in Arequipa.

Overnight
Hotel
Driving
4 Hours approx
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 11: From Arequipa - Private transport to Puno city - A city located in the heights

In the morning bus drive to Arequipa. We are going to take a comfortable first class ride to Puno (approximately 6 hours journey). In the afternoon arrival to our hotel.

Overnight
Hotel
Driving
6 Hours approx
Tours/Hiking
1 Hours approx tours
Meals
B/L/-

Day 12: Puno city - Tour to Uros Floating & Taquile - Lake Titicaca

The floating islands of UROS are located inside the bay of Lake Titicaca only 14 Km. (about 9 miles) away from the city (20 to 30 minutes of navigation time). The Uro people were simple fishermen and bird hunters and preferred to remain isolated from the more advanced civilizations. Their search for isolation may be one reason why they decided to live in mobile houses on the lake. When the Spanish chroniclers encountered the UROS by the end of the XVI century, the UROS people were still living on the lake in small reed-boats that they used as floating houses. Only in the early 60s, the Uros started to build small artificial islands with reeds for their homes. Nowadays, The Uro islanders are survivors and they strive for a better future for their children. The young “Uro” are beginning to receive a better education and it is likely that they will not return to live on the “floating island”. The days of this old community will most likely end with

the next generation. The island of Taquile, on Lake Titicaca, belongs to the district of Amantaní, Puno, Peru and is located 45 km from the regional capital. It has an approximate population of 2,200 inhabitants. The main villa is at 3,950 meters above sea level and the highest point on the island reaches 4,050 meters above sea level. Overnight at hotel.

Overnight
Hotel
Tours/Hiking
4 Hours approx tours
Driving
3 Hours approx
Meals
B/L/-

Day 13: From Puno - Private transport to the city of Cusco, capital of the Incas culture

After breakfast we leave early. Today, the legendary train or private transport ride from Puno to Cusco, the former capital of the Inca Empire, is on the program. This full-day train journey traverses the impressive landscape of the Peruvian highlands. Vast peaks of the Andes and green grassy plains provide an impressive backdrop for the grazing vicuñas and alpacas. The observation car with bar offers an optimal view of the impressive landscape that passes us at 30 kilometers per hour. Upon arrival in Cusco transfer from the train station to the hotel.

Overnight
Hotel
Tours/Hiking
1 Hours approx tours
Driving
7 Hours approx
Meals
B/L/-

Day 14: Cusco - Km 104 - Wiñayhuayna - Machu Picchu - Aguas calientes

To start our Short Inca Trail Trip,we will pick up from the hotel at 05:30 am, transfering you to Ollantaytambo train Station. You will enjoy a beauty and comfort trip until km 104 of the railway line Cusco – Machu Picchu, this is our start point of our trek, where we will be arriving at 10.00am approx. What will I Enjoy on this day? We will visit the archaeological complex of Chachabamba (2150 masl), located just next to the control post (please don't forget your documents there are so important to entry in the inca road) and will initiate a long walk of the ascent of 8 km during 4h, towards the archaeological complex of Wiñay Wayna (2700 masl), that is an impressive archaeological set composed of an agricultural sector with numerous platforms, a religious sector, and an urban sector. Also in the way, we will have the opportunity to enjoy magnificent views of the valley of the Urubamba River and the archaeological complex of Choquesuysuy, located in the left margin of the river, and the best? A beautiful waterfall located to few minutes of Wiñay Wayna. Then, we will continue towards the Inti Punku or Sun Gate, after approximately 1 hour of a long walk on the brink of madness precipices in a landscape of forest eyebrow we will see for the first time the wonder of world, sacred city of Machu Picchu!!. But wait you will enjoy everything of this majestic wonder on the next day. After the incredible entry through the Sun Gate, and see for first time Machu Picchu, we will descend in approximately 40 minutes, arriving by the superior part to the "House of the Guardians." Then we will get the bus down to Aguas Calientes (25 minutes), where we will stay over.

Overnight

Hotel
Driving
3 Hours approx
Tours/Hiking
5 Hours approx tours
Meals
B/L/-

Day 15: Aguas calientes - Machu Picchu - Cusco

On this second day, we will leave our hotel towards Machu Picchu after an exquisite breakfast at about 5:30 am. by bus. We will start ecry early because at this time the setting is less crowded and you will enjoy more the Machu Picchu Tour, so we will take an advantage of the tranquility of this sacred site; Then you will have a guided Tour of Machupicchu exploring it for about 3 hrs, know their mysteries and archaeological information that will be explained by your TOUR guide; you have approx. 6 hrs. extra free time but please it depends on train time availability. The train departs from Aguas Calientes to Ollantaytambo in the afternoon, then 2-hour you will be transport in a tourist bus to Cusco arriving between 8- 9:00 pm. approx.

Overnight
Hotel
Driving
6 Hours approx.
Tours/Hiking
3 Hours approx tours
Meals
B/L/-

Day 16: Rainbow Mountain Full Day | Vinicunca (1D)

Early at morning, approximately 3 – 4 a.m we will pick you up from your Hotel to start the adventure!! We will start going to the town of Checacupe,to then take the road to Pitumarca. After a repairing breakfast we will continue on our way to Pampachiri located at 3800 m.a.s.l, where we will start the trek from approximately 3 to 4 hours. The road is full of beautiful landscapes and variety of Andean camelids that delight the view forgetting a little the slope of the route. Once in the mountain Vinicunca or also called Rainbow Mountain, we will have a brief conversation with the guide who will explain the reason for the coloration and also have a privileged view of the Snow Mountain Ausangate. After the respective photos we proceed to the descent, then have lunch and go back to the city of Cusco.

Overnight
Hotel
Tours/Hiking
5 Hours approx tours
Driving
6 Hours approx.
Meals
B/L/-

Day 17: From Cusco - flight back to Lima and go back USA, Canada, Europa, etc

Today it is time to say goodbye to the Peruvian Inca Culture. After breakfast we board our transfer to the airport – fligh about (Approx. 1 hour journey) and continue via Lima to USA, Canada, Europa, etc.

Overnight
Hotel
Driving
1 Hours approx
Tours/Hiking
1 Hours approx tours
Flight
1 Hour approx by plane
Meals
B/L/-

Day 18: Return flight - Arrival home

Go back home – end tour in Peru / South America.

Overnight
On plane
Driving
1 Hours approx.
Tours/Hiking
1 Hours approx tours
Flight
Go back home by plane
Meals
B/L/-

Included meals: B=breakfast; **L**=lunch; **D**=dinner

What's Included

Services included in the prices:

- Flight Lima – Arequipa
- Flight Cusco – Lima
- All transfers as shedule program
- Full board on the whole trip except in Lima, Arequipa and Cusco only breakfast
- Boat tours on Lake Titicaca
- Bus or private transport ride from Puno to Cusco
- Bus tickets from Lima-Huaraz-Lima
- Hikes and excursions with local guides english speakers
- Mountain Lodge: Full service Salkantay trek
- Enter fees, train, tickets bus, etc
- Hotels *** Lima, Huaraz, Arequipa, Puno, Cusco
- Courtesy transfer from the airport to your hotel in Cusco (Please provide us your flight information)
- Transport according to the Schedule
- Bilingual and professional tour guide
- Pre-departure Inca Trail briefing, presented by your tour guides at our downtown Cusco office

- Expedition train tickets from Ollantaytambo to the Km. 104
- Entrance ticket to the Inca Trail
- Entrance ticket to Machu Picchu
- Two-hour guided tour upon your arrival in Machu Picchu
- Bus ticket from Aguas Calientes – Machu Picchu – Aguas Calientes.
- Expedition train ticket from Aguas Calientes to Ollantaytambo
- Transfer from the train station to your hotel in Cusco
- Meals as mentioned in the itinerary (1B, 1L, 1D).
- Vegetarian food available upon request for no extra charge
- Accommodations in Aguas Calientes the first night
- Emergency oxygen bottle
- First aid equipment
- Airfare and hotel advice upon request as well as booking

Not included:

- Restaurants: Lunch and dinner in Lima, Arequipa and Cusco
- Entrances to the thermal baths in Aguas Calientes
- Hotel in Lima capital city
- Breakfast on the first morning
- Sleeping bag that can be rented at our office
- Tips for the guide and field staff recommended 200 USD
- Travel and medical insurance & emergency evacuation insurance
- Personal equipment and clothing
- Personal Equipment
- International flight from USA, Europe, Canada, etc.
- Pick-ups from Lima airport to the Hotel and viceversa
- Horse (in case of emergency, for Santa Cruz trek)
- Travel luggage and Travel cancellation insurance
- Not mentioned food and beverages
- Personal Spending

Would you like to customize this trip?

Build your tailor made trip in South America with our experts.

Our travel experts will help you plan the trip of your dreams. Customizing every aspect of your hollidays in South America to your specific preferences.

We Provide Satellite Internet access during Treks or Expeditions

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- Visit Machu Picchu
- Inca Trail Trekking
- Sacred Valley Tour Cusco
- Rainbow Mountain Cusco
- Backpacker trips to Cusco
- Choquequirao Trek
- Ausangate Trek to Machu Picchu
- Salkantay Trekking Adventure
- Short Inca Trail to Machu Picchu
- Lares Trek to Machu Picchu
- Vilcabamba Trekking
- Climb Volcano Chachani
- Visit Salar de Uyuni
- Bolivian Highlands
- Climb Huayna Potosi
- Visit Isla del Sol Sun Island
- Climb Volcano Sajama
- Climb Cotopaxi & Chimborazo:
- Climb Volcano Ojos del Salado
- Visit Torres del Paine
- Climb Mount Aconcagua
- Visit Iguazu Falls & Rio
- Climb Mount Orizaba
- Visit Rainforests and Volcanoes
- Climb Volcano Tolima

Accordion #1
Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.
Accordion #2
Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15º to 20ºC)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fibber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participantFirst-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lips

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

See More

Equipment Mountain

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves(Good gloves) for expeditions over 6000meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks – Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

See More

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

→ If you need to rent mountain equipment click here:

Prices & Dates

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 MAY 2027 / 18 MAY 2027

$ 3550

Join Now

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUN 2027/ 18 JUN 2027

$ 3550

Join Now

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUL 2027 / 18 JUL 2027

$ 3550

Join Now

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 AUG 2027 / 18 AUG 2027

$ 3550

Join Now

- Single Supplement (I want my own room and tent) – $000 on request.

Please note: Insurance for emergency evacuation is required for this trip. Call for more details.

» Additional dates available upon request
» Rates may vary from July 26th to 31th for the national holidays

Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
7100 USD	3550 USD	3450 USD	3350 USD	3250 USD	3150 USD	3050 USD	2950 USD

Deposit for reservations: — USD (– EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

Places: *Available
Trip-code: Number ►PER-
Duration: 18 days
Participants: Minimal: 4 Maximal: 12
Members: We don't have an open group to join – We can open a new group – Contact us!
Country / Location: Peru
Mountain Guide: Juventino Albino Caldua
Other dates / additional info: Contact us!

3% early bird discount when booking 6 months prior to departure 2027

Legend Booking-information:
EZZ Single room supplement
 On this trip, places are still available.
 On this trip, only a few places left.
 This trip is sold out / closed.

Juventino Albino Caldua

Expert guide certified by IVBV - UIAGM - IFMGA
Co-Founder, Peru Expeditions

- **WhatsApp:** +51 943 081 066
- **E-Mail:** office@peru-expeditions.org

Read more

Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you

speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** +49(0)7344 929144-0

More information

We are a Private Company with a Specialized Peruvian Andean Rescue Team “Socorro Andino Peruano”, offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** +1 (617) 459-4200

More information

Only $1000 deposit to book

Pay over time, interest free

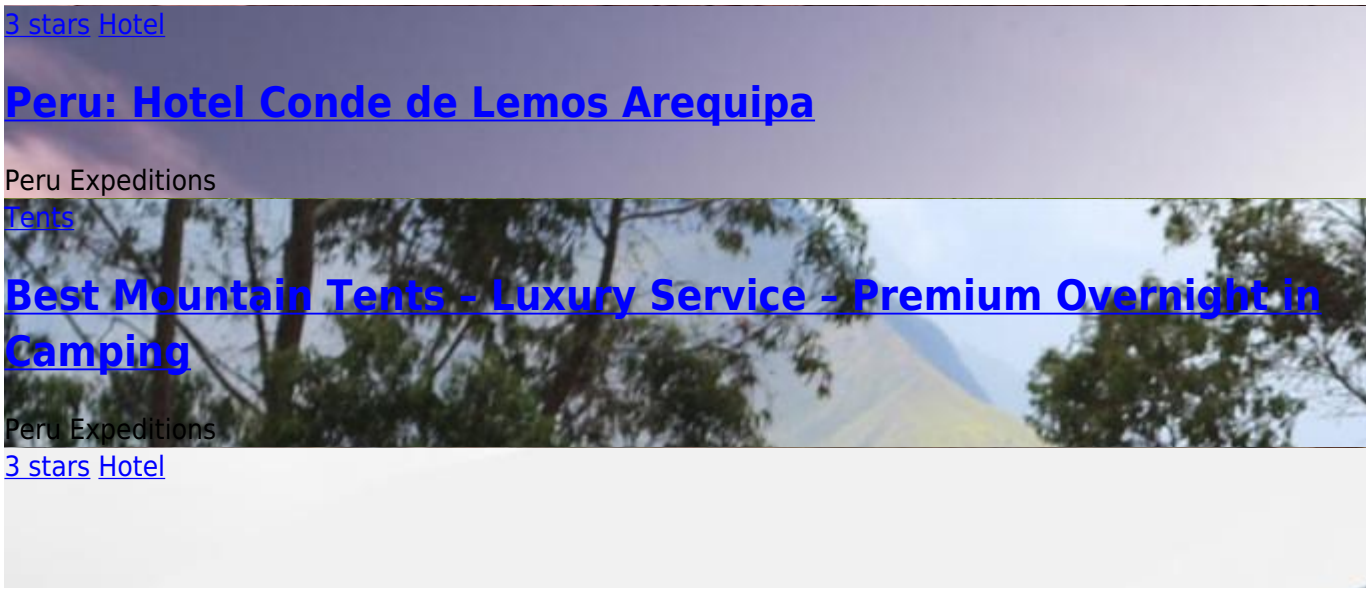
No booking fee, no change fee

24/7 support

Accommodations

Scroll through our exclusive accommodations for this trip below. Although very unlikely, we will be able to make substitutions when necessary. The comfortable accommodations that guests stay in every night offer comfort, the level that these options are are 3 stars and some hostels in some towns of first class quality to make your stay very pleasant.

These exact accommodations are not guaranteed. In some cases, alternative accommodation of similar quality and location can be used.



Peru: Hotel Rumi Wasi in Chivay

Peru Expeditions

3 stars Hotel

Peru: Hotel Conde de Lemos Puno

Peru Expeditions

3 stars Hotel

Peru: Hotel Inca Wasi Plaza Cuzco

Peru Expeditions

3 stars Hotel

Peru: Hotel Puma

Peru Expeditions

3 stars Hotel

Peru: Hotel Rubi

Peru Expeditions

3 stars Hotel

Peru: Hotel Churup

Peru Expeditions

2 stars Hotel

Peru: Hotel Valery

Peru Expeditions

3 stars Hotel

Peru: Hotel Kamana

Peru Expeditions

Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

Suggested FAQs

What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?

For our mountain climbing trips: If they are easily accessible mountains: For easy-climb mountains,

well, you don’t need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

Regarding the preparation of children: Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with they.

Regarding older people: It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: +51 943 081 066**

Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: https://peru-expeditions.org/equipment-rental/ . **For calls or inquiries to this number: +51 943 081 066**

Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?

Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19. Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners –Global Rescue.** If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: +51 943 081 066**

What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: +51 943 081 066**

How far in advance should I start training and what kind of training do you suggest?

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: +51 943 081 066**

What is the average distance and altitude gain that we will hike each day?

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if If you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: +51 943 081 066**

Will there be porters to help to carry group and personal equipment?

In our trips, either hiking or mountaineering: Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

Who are the porters? They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: +51 943 081 066**

How will accommodation and meals be handled during the trek?

About accommodation or meals during the tour: Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

If the tour is with camps and trekking: During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

If the trip is at altitude or in the mountains: We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

What is the guide-to-client ratio to climb this mountain?

In mountains above 5000 meters: A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

In technical mountains: In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: +51 943 081 066**

What is the best time of the year to climb this mountain?

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: +51 943 081 066**

Do I have what it takes to succeed on this expedition?

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

How can I get to the trailhead/meeting point?

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a A representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: +51 943 081 066**

What is the best time of the year for this hike?

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: +51 943 081 066**

What happens in the event of bad weather?

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best

season to have the best views and enjoy the selected trip but sometimes even is good season we can have bad weather, in this case on hiking or treks trips The complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: +51 943 081 066**

Can I join a group?

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

Why go in a private trip: For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: +51 943 081 066**

Additional information

We help in the purchase of air tickets: we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → **More information click here**
About a Satellite Phone or inReach® Messenger - GARMIN: On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → **More information click here**
Many of the participants or clients of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → **More information click here**
Our mountain guides or tour leaders: All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)**

Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → **More information click here**

VISA

CURRENCY

VACCINATIONS

FIRST AID KIT

WHY CHOOSE US?

JOIN A GROUP

VISA

VISA NEEDED

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days.**

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world,** for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, **→ contact us!**

CURRENCY

CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:

Local money | $1 = 000 | **EUR 1** = 000 = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → **E-mail,** or by **WhatsApp.**

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

ATMs are available in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

VACCINATIONS

VACCINATIONS BEFORE YOU LEAVE

Compulsory vaccinations:

– They are not required

Recommended vaccinations:
– Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)
– Tetanus
– Diphtheria
– Typhoid fever
– Yellow fever (yellow fever)
– Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → **E-mail** or **WhatsApp** and we will provide you with more detailed information.

FIRST AID KIT

TRAVEL FIRST AID KIT

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

ATTENTION! Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → **E-mail** or **WhatsApp** and we will provide you with more detailed information.

WHY CHOOSE US?

WHO ARE WE AND WHY CHOOSE US?

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are “Registered Travel and Tourism Agency”. To know more about → **US click here please!**

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shits, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents.**

We provide the best living and eating conditions. We take into account the peculiarities of nutrition **(you can order a vegetarian menu).**

Free conferences in the office with **own videos material and photographs**

JOIN A GROUP

ARE YOU LOOKING FOR A TRAVEL PARTNER?

Join a group with us: Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share you experience with on an unforgettable journey. (» Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100%) » WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! **→ JOIN A TRIP WITH US!**

Why Travel with us

Your Safety is Our Priority

Expert Guides

Sustainable Tourism

Andean Chefs

Food on the Trail

Small Groups

- Recommended Tours

Galapagos and Machu Picchu Peru 5

Huaraz 18 Days/17 Nights
Recommended

Lima - Cusco - Puno - Copacabana - Bolivia 5

Huaraz 19 Days/18 Nights
Recommended

Chachapoyas and Machu Picchu 5

Huaraz 16 Days/15 Nights

Lima - Cusco - Puno - Arequipa - Nazca 5

Huaraz 19 Days/18 Nights

Reviews

Leave a Reply

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