

Lima - Cusco - Puno - Copacabana - Bolivia

Peru is the country that can completely satisfy all human tastes, preferences and energy! The people there are extremely earthy, humble and kind – a mentality too close to the senses of much of humanity. It is unique to Peru – Nature, mysticism and unparalleled world cultural and historical heritage!

Lima is the capital: of Peru located on the arid Pacific coast of the country. Although its colonial center is preserved, it is an overflowing metropolis and one of the largest cities in South America. The Larco Museum houses a collection of pre-Columbian art and the Museum of the Nation traces the history of the ancient civilizations of Peru. The Plaza de Armas and the 16th century cathedral are the core of the old center of Lima.

Cusco is a city in the Peruvian: Andes that was the capital of the Inca Empire and is known for its archaeological remains and Spanish colonial architecture. The Plaza de Armas is the center of the ancient city, with galleries, carved wooden balconies and ruins of Inca walls. The convent of Santo Domingo, in baroque style, was built on the Temple of the Inca Sun (Qoricancha) and has archaeological remains of Inca stonework.

Machu Picchu: is an Inca citadel located in the heights of the Andes mountains in Peru, above the Urubamba river valley. It was built in the fifteenth century and then abandoned, and is famous for its sophisticated dry stone walls that combine huge blocks without the use of a mortar, fascinating buildings that relate to astronomical alignments and panoramic views. The exact use he had remains a mystery.

Different regions of Peru and Bolivia: You hike over an ancient Inca path and over passes to 4400 m altitude. Fascinating views of glacial Andean peaks and valleys with a rich flora, animals and small shepherd villages characterize the first part of the trip. Then there are cultural highlights: the mysterious ruins of Machu Picchu, the imposing fortress of Ollantaytambo, the Pisac ruins as well as the monuments in Cusco and the surrounding area. Still a special experience – also in terms of colors and light – is the drive from Cusco over the La Raya Pass and the Altiplano to Lake Titicaca. The lake radiates a deep blue, in the distance ‘snowy’ mountain peaks. From Copacabana in Bolivia you hike along the lake to the sun island. Fascinating is the landscape: the blue lake, small villages, colorfully dressed Indians, terraced fields and the Cordillera of Bolivia. Then you hike through the beautiful mountain scenery of the Condoriri. The finale is the traversal of the two approximately 5000 m high passes to Chacapampa. Finally, immerse yourself in the bustling city of La Paz. All in all, a journey to discover the ancient and the living cultures.

Most important view

- Macchu Picchu, Cusco, Cordilleras, Lake Titicaca
- Fascinating landscapes, the Andean Railway and the Sun Island, ancient and living cultures
- Cordillera Real, wild mountain landscape

Join an unforgettable trip with us “Peru Expeditions Tours”

- 19 Days/18 Nights
- April - September
- Moderate

Difficulty Condition

[More Info](#)

Travel Program

Day 1: Flight from Europe, USA, Canada, etc - Country of origin to Peru

Flight from Europe or the country of origin (USA or Canada), etc. Arrival in Lima – Transfer Hotel the large city in South America; population approximately 11 million. Rest or explore the city on your own

Overnight

Hotel

Flight

Arrival with plane to Peru

Meals

-/-/-

Day 2: Lima city morning transport to the airport - Flight to Cusco

Arrival to Lima and flight to Cusco, for the coming days, scene change is announced: from nature to culture. Our trip to Peru takes us via Lima to the south of Peru to Cusco. The former capital of the Inca empire is rich in churches and palaces from the Spanish colonial era. A vibrant city that you just have to let yourself be in the afternoon visit the capital city of the Incas and Peruvian culture. From Cusco private transport to Ollantaytambo in the Sacred Valley of the holy river Urubamba! Accommodation and a stroll around one of the most unique places in Peru! Dinner and preparation for Machu Picchu.

Overnight

Hotel

Flight

1 Hour with plane to Cusco

Meals

-/-/-

Day 3: Cusco - Urubamba - Ollantaytambo

Today's journey is a cultural and scenic experience. About a pass it goes first to Tambomachay, then continue to Pisac with a visit to the ruins of the same name. Via the sacred valley of the Inca you reach Ollantaytambo. This fortress, which probably had a religious significance, apparently could not be completed due to the invasion of the Spanish conquerors. Ollanta is considered one of the best preserved villages from the Inca period. Overnight stay Hotel.

Overnight

Hotel

Driving

4 Hours approx by bus.

Tours/Hiking

3 Hours approx tours

Meals

B/L/-

Day 4: Trekking on an ancient Inca path: Ollantaytambo - Limatambo - Sondor-Queuillacocha Community

Drive from Ollanta to the starting point. Beginning of the trekking at a height of about 3000 m. You hike over passes between 3750 and 4400 m, enjoying fantastic views of the ice-capped Andean peaks and the valleys. Small indigenous villages and hamlets of shepherds lie along the way. Finally, the Inca Trail meanders down to Camicancha, through a ravine of orchids and over countless bridges. From Camicancha return to Ollanta. Overnight stays tent. Walking time: 1st day 6 1/2 hours.

- Walking distance: 10-11 Km.
- Estimated walking time: 6-7 hours
- Maximum altitude: 4200msnm
- Minimum Altitude: 3300msnm.

Overnight

Hotel

Driving

4 Hours approx by bus.

Tours/Hiking

5 Hours approx tours

Meals

B/L/-

Day 5: Queuillacocha - Trekking to Ancascocha (3800 m)

After our energetic breakfast, we leave our camp and head to the Accoqasa pass (4400msnm). It will take us approximately. 3 hours from where we will enjoy the beautiful views of Salkantay Mountain (6270msnm) and Humantay Mountain (5900msnm), slowly descending we will pass through small houses of Inca Rakay (4000msnm), a community of shepherds in the high mountains where we will have our lunch. After lunch, we continue walking through the Ancascocha valley with the spectacular view of the Ancascocha lagoon and the Urubamba mountain range. After an easy descent, we arrive at our camp near the Ancascocha lagoon (3800msnm). From the camp we will have a complete view of the mountain. Huyanay and the Silke Valley.

- Walking distance: 13-14 Km.
- Estimated walking time: 6-7 hours
- Maximum altitude: 4400msnm
- Minimum Altitude: 3800msnm.

Overnight

Hotel

Driving

3 Hours approx by bus.

Tours/Hiking

5 Hours approx tours

Meals

B/L/-

Day 6: Ancascocha - Trekking to Ollantaytambo village - By train to Aguas Calientes

Today we continue our walk downhill along the Silke River towards the Sacred Valley of the Incas. Along

the way, we can see different species of flora and the famous Masdevallia Veitchiana orchid (wakanki orchid). After crossing many small bridges, we arrive at the community of Camicancha (2700msnm) where we will have lunch with the spectacular view of the Verónica mountain (5750msnm). Here we will rest and have lunch then we will go to the train station of Ollantaytambo where we will board a train that will take us to Aguas Calientes (2040msnm) where we will pass in a hotel that will be chosen by you.

- Walking distance: 6-7 Km.
- Estimated walking time: 3-4 hours
- Maximum altitude: 3800msnm
- Minimum Altitude: 2040msnm.

Overnight

Hotel

Driving

3 Hours approx by bus.

Tours/Hiking

1 Hours approx tours

Meals

B/L/-

Day 7: Aguas Calientes - Explore the Machu Picchu - Go back Cusco

We woke up early in the morning, had breakfast at the hotel and then took one of the first buses to Machu Picchu. Where we begin a complete guided tour of the Inca citadel that will be approximately three hours while your official guide guides you in the different sectors of the citadel will have beautiful views of Machu Picchu and the surrounding valleys. After the guide, you will have free time to explore the citadel once more on your own. Once you feel that you have seen every corner of Machu Picchu, you will take the bus to Aguas Calientes. From here, we take the train back to Ollantaytambo then to Cusco-hotel. Overnight stay Hotel.

Overnight

Hotel

Driving

3 Hours approx by bus.

Tours/Hiking

2 Hours approx tours

Meals

B/L/-

Day 8: Cusco city - Sacsayhuaman and Kenko, the Cathedral and the Koricancha

Guided city tour of Cusco and the cultural sites of the former Inca capital. Et al visit the ruins of Sacsayhuaman and Kenko, the Cathedral and the Koricancha. Free afternoon for further sightseeing, shopping or recreation. Overnight stay Hotel.

Overnight

Hotel

Driving

3 Hours approx by bus.

Tours/Hiking

5 Hours approx tours

Meals

B/L/-

Day 9: Cusco - Puno / Drive by Bus or train

Exciting ride on the now rather luxurious Andes railway from Cusco through the fertile valleys, barren pastures and through villages to the highest point of the route, the pass La Raya 4310 m. Then the train rattles over the fascinating Altiplano, wide steppes, through villages and right through the city Juliaca to Lake Titicaca. The final stop is Puno, where the train arrives after 10 hours. For comfort including saloon / bar car with open viewing platform provides the newly designed Andes. In Puno Transfer from the train station to the hotel. Overnight stay Hotel.

Overnight

Hotel

Driving

7 Hours approx by bus.

Tours/Hiking

1 Hours approx tours

Meals

B/L/-

Day 10: Puno - Copacabana / Bolivia country

If you want, you can optionally visit the Uros floating islands in the morning (booking the evening before arrival). During the morning you will travel from Puno to the Bolivia border, where the guide from Bolivia will be waiting. Short is the onward journey to the place of pilgrimage Copacabana. Numerous pilgrims worship the "Black Madonna". In the afternoon you visit the small town and climb over ancient Inca steps to a ceremonial place to enjoy the magnificent view of Lake Titicaca. Overnight stay Hotel.

Overnight

Hotel

Driving

6 Hours approx by bus

Tours/Hiking

1 Hours approx tours

Meals

B/L/-

Day 11: Copacabana - easy Hiking over Isla del Sol - Isla de la Luna / Sun and Moon islands

Short boat trip on Lake Titicaca to the starting point of the hike over an ancient Inca trail and a small pass to the beautifully situated village Sampaya. Then take a boat to the Isla de la Luna and visit this mystical place before continuing to the sun island and hiking to the lodge. On the following day it goes again by boat on the north side of the sun island. In the midst of the fascinating landscape and with beautiful views of Lake Titicaca and the glaciated mountains of the Royal Cordillera, you hike back to the lodge.

At 8:30 am. We leave the city of Copacabana. The trip takes 3 hours. Upon arrival we will have free time for lunch and at 13:30 p.m. Bolivian time we head to the harbor to take our boat that will take us to the southern part of the island of the Sun for 1 hour and 30 min. On the way we can enjoy the world's highest navigable lake. Until reaching the island of the Sun. Place where we will visit the archaeological center of Pilkokayna built of small stones similar to the stone walls of the Incas, another rest to visit is the Temple of the Sun, the Chincana or the hidden Palace here the Incas performed ceremonies of worship to the God Inti

(Sun). From there we will take the steps of Yumani; Inca road that leads us to the fountain of youth, there you will be able to become purified taking some sacred water as it is said to be a source of eternal youth, pre-Columbian terraces and the ecological gardens. After our visit, accommodation on the island and overnigh .

Hotel: Room with private bathroom

Include: Breakfast

Overnight

Hotel

Driving

3 Hours approx by bus

Tours/Hiking

5 Hours approx tours

Meals

B/L/-

Day 12: Isla de la Luna / Islan Moon - Go back to Copacabana

After breakfast at 08:00 am. we started our journey to the Island of the Moon on this island platforms, climate and similar vegetation shows that the Island of the Sun, with the difference that monuments are better preserved among these are: the Palace of Yñakuyo or Temple of the Moon of semi-polished stone and roofed with flat stones superimposed on each other , protruding the upper to lower to form the vault , equal to those in the Sun island . striking a polished stone 2 meters high like the constructions of Cusco. At 12:00 pm. arrival in Copacabana , then we will make city tour visiting the Sanctuary of the Virgen Morena, the local fair in the city. and finally at 6:00 pm.

Overnight

Hotel

Driving

3 Hours approx by bus

Tours/Hiking

5 Hours approx tours

Meals

B/L/-

Day 13: Copacabana - Huatajata (3800 m)

It goes from Copacabana, where some time remains to stroll through the village. In the afternoon you drive by car to Lake Enge near Tiquina, from where you can take a ferry to the other side of the lake to continue to Huatajata. Overnight stay Hotel.

Overnight

Hotel

Driving

3 Hours approx by bus

Tours/Hiking

5 Hours approx tours

Meals

B/L/-

Day 14: Huatajata - Laguna Condoriri (4650 m)

Drive to the meeting point with the local companions and the Llamas. Beginning of the trek in the Condoriri, one of the most beautiful mountain ranges of the Cordillera Real with more than 15 snow-covered five-thousanders. Climb to the camp at Laguna Condoriri. Walking time approx. 4 to 4 1/2 hours Overnight tent.

Overnight

Hotel

Driving

3 Hours approx by bus

Tours/Hiking

5 Hours approx tours

Meals

B/L/-

Day 15: Laguna Condoriri - Ancohuma (3830 m)

With beautiful views of the Royal Cordillera, the lagoons and glaciers you walk over two almost 5000 m high passes. For the trailless climb over the sparsely vegetated ridge on the first pass you need about two hours. A descent of 350 meters in altitude is followed by a climb back to the 4850 m high pass. The 6000 Huayna Potosí gives you the 'back' but is also powerful and imposing from this side. The long descent leads for now leisurely through the valley Pampa Grande to the reservoir, then the steeper and sometimes stony path through the narrowing valley down to the camp. Walking time about 6 1/2 hours Overnight tent.

Overnight

Hotel

Driving

3 Hours approx by bus.

Tours/Hiking

5 Hours approx tours

Meals

B/L/-

Day 16: Laguna Condoriri - Ancohuma 3830 m - La Paz

After about two hours' walk you reach Chacapampa, the end of the trekking. In many bends you drive to the 4700 m high Zongo Pass, where you stand directly in front of the mighty backdrop of Huayna Potosí 6088 m. The onward journey to La Paz leads through beautiful Andean landscape. In good weather, the view is clear on the Altiplano with Lake Titicaca, the city of El Alto, the city of La Paz and the Illimani 6460 m. Arrive in La Paz at lunchtime. Afternoon free to relax and take a first stroll along Avenida 16 del Julio. Overnight stay Hotel

Overnight

Hotel

Driving

6 Hours approx by bus.

Tours/Hiking

5 Hours approx tours

Meals

B/L/-

Day 17: La Paz (3600 m) / Tiahuanaco & City Tour

The whole day is for sightseeing. Early in the morning drive to Tiahuanaco (about 72 km each way). The famous sun gate, the monoliths and the stone blocks decorated with reliefs, some of which weigh several tons, testify to the size of the former city of Tiahuanaco. Several groups of archaeologists are still working on further excavations. At lunchtime return to La Paz, where in the afternoon you will visit the old town and discover the incredible extent of the city from a vantage point. A visit to the witch and Indio market in the old town concludes the visits. La Paz is the political and economic center of the country, constitutionally Sucre is the capital of Bolivia. Overnight stay Hotel

Overnight

Hotel

Driving

3 Hours approx by bus.

Tours/Hiking

5 Hours approx tours

Meals

B/L/-

Day 18: La Paz - Visit Moon Valley - Goodbye Bolivia

We spend the morning according to our own preferences. Depending on the departure time, you will have the time in the morning to take a trip to the Moon Valley or, for to take the new gondola lift that connects the city of La Paz with the city of El Alto. Transfer from the hotel to the airport. Departure. In the afternoon transfer to the airport El Alto and return flight to Switzerland, USA, Canada, Europa, etc.

Overnight

Hotel

Driving

3 Hours approx by bus.

Tours/Hiking

5 Hours approx tours

Meals

B/L/-

Day 19: Return flight - Arrival home

Go back home – end tour in Bolivia / South America.

Overnight

On plane

Driving

1 Hours approx by bus.

Tours/Hiking

2 Hours approx tours

Meals

B/L/-

Included meals: B=breakfast; **L**=lunch; **D**=dinner

What's Included

Services included in the prices:

- Local culture guides
- Local trekking guides
- Flight Lima-Cusco
- Transfers and overland trips
- Train ride to / from Machu Picchu
- Bus ride Cusco to Puno with sightseeing on the way
- Boat trips (private boats)
- 11 hotel nights in a double room
- 2 nights in lodge in Isla del Sol and Isla de la Luna
- 4 nights in a two-person tent
- Meals according to the program, breakfast, lunch, and dinner
- Visits including according to the whole program
- Enter National Park fees
- Trekking tents
- Chef and escort team on the trekkings
- Donkey and donkey driver / or pack animals during trekking
- Peru Expeditions Tour leader

Not included:

- Restaurants in cities: Lunch and dinner in Lima, Cusco, Copacabana and La Paz
- Entrances to the thermal baths in Aguas Calientes
- Breakfast on the first morning
- Sleeping bag that can be rented at our office
- Tips for the guide and field staff recommended 200 USD
- Travel and medical insurance & emergency evacuation insurance
- Personal equipment and clothing
- Personal Equipment
- International flight from USA, Europe, Canada, etc.
- Travel luggage and Travel cancellation insurance
- Not mentioned food and beverages
- Personal Spending

Would you like to customize this trip?

Build your tailor made trip in South America with our experts.

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- [Visit Isla del Sol Sun Island](#)
- [Climb Volcano Sajama](#)
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- [Climb Volcano Ojos del Salado](#)
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- [Climb Volcano Tolima](#)

Accordion #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

Accordion #2

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15° to 20°C)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fiber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participant First-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lip balm

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

[See More](#)

Equipment Mountain

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves(Good gloves) for expeditions over 6000meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks – Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

→ If you need to rent mountain equipment click here:

Prices & Dates

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 MAY 2026 / 19 MAY 2026

\$ 3950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUN 2026 / 19 JUN 2026

\$ 3950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 JUL 2026 / 19 JUL 2026

\$ 3950

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

01 AUG 2026 / 19 AUG 2026

\$ 3950

[Join Now](#)

- Single Supplement (I want my own room and tent) – \$000 on request.

Please note: Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

- » Additional dates available upon request
- » Rates may vary from July 26th to 31th for the national holidays

Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
7900 USD	3950 USD	3850 USD	3750 USD	3650 USD	3550 USD	3450 USD	3350 USD

Deposit for reservations: — USD (– EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

Places: *Available

Trip-code: Number ►PER-

Duration: 19 days

Participants: Minimal: 4 Maximal: 12

Members: We don't have an open group to join – We can open a new group – [Contact us!](#)

Country / Location: Peru

Mountain Guide: Juventino Albino Caldua

Other dates / additional info: [Contact us!](#)

3% early bird discount when booking 6 months prior to departure 2026

Legend Booking-information:

EZZ Single room supplement

- On this trip, places are still available.
- On this trip, only a few places left.
- This trip is sold out / closed.

Juventino Albino Caldua

Expert guide certified by IVBV - UIAGM - IFMGA

Co-Founder, Peru Expeditions

- **WhatsApp:** [+51 943 081 066](https://wa.me/51943081066)
- **E-Mail:** office@peru-expeditions.org

[Read more](#)

Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49073449291440)

[More information](#)

We are a Private Company with a Specialized Peruvian Andean Rescue Team “Socorro Andino Peruano”, offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** [+1 \(617\) 459-4200](tel:+16174594200)

[More information](#)

Only \$1000 deposit to book

Pay over time, interest free

No booking fee, no change fee

24/7 support

Accommodations

Scroll through our exclusive accommodations for this trip below. Although very unlikely, we will be able to make substitutions when necessary. The comfortable accommodations that guests stay in every night offer comfort, the level that these options are are 3 stars and some hostels in some towns of first class quality to make your stay very pleasant.

****These exact accommodations are not guaranteed. In some cases, alternative accommodation of similar quality and location can be used.***

[3 stars Hotel](#)

Peru: Hotel Conde de Lemos Arequipa

Peru Expeditions

[Tents](#)

[Best Mountain Tents - Luxury Service - Premium Overnight in Camping](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Rumi Wasi in Chivay](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Conde de Lemos Puno](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Inca Wasi Plaza Cuzco](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Puma](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Rubi](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Churup](#)

Peru Expeditions

[2 stars Hotel](#)

[Peru: Hotel Valery](#)

Peru Expeditions

[3 stars Hotel](#)

[Peru: Hotel Kamana](#)

Peru Expeditions

Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

Suggested FAQs

What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?

For our mountain climbing trips: If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

Regarding the preparation of children: Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

Regarding older people: It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?

Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19. Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners -Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking

tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps. If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

How far in advance should I start training and what kind of training do you suggest?

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What is the average distance and altitude gain that we will hike each day?

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Will there be porters to help to carry group and personal equipment?

In our trips, either hiking or mountaineering: Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also. They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

Who are the porters? They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people. They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

How will accommodation and meals be handled during the trek?

About accommodation or meals during the tour: Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

If the tour is with camps and trekking: During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the

dining room.

If the trip is at altitude or in the mountains: We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

What is the guide-to-client ratio to climb this mountain?

In mountains above 5000 meters: A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

In technical mountains: In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What is the best time of the year to climb this mountain?

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Do I have what it takes to succeed on this expedition?

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

How can I get to the trailhead/meeting point?

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a A representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What is the best time of the year for this hike?

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the

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What happens in the event of bad weather?

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips the complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Can I join a group?

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

Why go in a private trip: For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Additional information

We help in the purchase of air tickets: we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → **[More information click here](#)**

About a Satellite Phone or inReach® Messenger - GARMIN: On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → **[More information click here](#)**

Many of the participants or clients of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → [More information click here](#)

Our mountain guides or tour leaders: All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → [More information click here](#)

VISA

CURRENCY

VACCINATIONS

FIRST AID KIT

WHY CHOOSE US?

JOIN A GROUP

VISA

VISA NEEDED

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days**.

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world**, for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, → [contact us!](#)

CURRENCY

CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:

Local money | \$1 = 000 | EUR 1 = 000 = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → [E-mail](#), or by [WhatsApp](#).

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

ATMs are available in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some

series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

VACCINATIONS

VACCINATIONS BEFORE YOU LEAVE

Compulsory vaccinations:

- They are not required

Recommended vaccinations:

- Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)
- Tetanus
- Diphtheria
- Typhoid fever
- Yellow fever (yellow fever)
- Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

FIRST AID KIT

TRAVEL FIRST AID KIT

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

ATTENTION! Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

WHY CHOOSE US?

WHO ARE WE AND WHY CHOOSE US?

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are "Registered Travel and Tourism Agency". To know more about → [US click here please!](#)

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shirts, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents**.

We provide the best living and eating conditions. We take into account the peculiarities of nutrition (**you can order a vegetarian menu**).

Free conferences in the office with **own videos material and photographs**

JOIN A GROUP

ARE YOU LOOKING FOR A TRAVEL PARTNER?

Join a group with us: Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share your experience with on an unforgettable journey. (« Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100% ») WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! [→ JOIN A TRIP WITH US!](#)

Why Travel with us

Your Safety is Our Priority

Expert Guides

Sustainable Tourism

Andean Chefs

Food on the Trail

Small Groups

- Recommended Tours

[Galapagos and Machu Picchu Peru 5](#)

[Huaraz 18 Days/17 Nights](#)

[Recommended](#)

[Lima - Cusco - Puno - Copacabana - Bolivia 5](#)

[Huaraz 19 Days/18 Nights](#)
[Recommended](#)

[Chachapoyas and Machu Picchu 5](#)

[Huaraz 16 Days/15 Nights](#)

[Lima - Cusco - Puno - Arequipa - Nazca 5](#)

[Huaraz 19 Days/18 Nights](#)

Reviews

Leave a Reply

YOU ARE AN ADVENTURE LOVER and you want to experience something extraordinary and extreme?

You are an adventure lover and you dream of leaving with a thrill. **Peru Expeditions Tours** is also an option for you. Take advantage of our travel offer that we have for you!

“We don’t sell tours, we provide memorable lifetime experiences.”

We are a recognized tour operator **100% peruvian company** that specializes in adventure and traditional tours service.