

# Lima - Cusco - Huaraz - Lima

**Peru is the country** that can completely satisfy all human tastes, preferences and energy! The people there are extremely earthy, humble and kind - a mentality too close to the senses of much of humanity. It is unique to Peru - Nature, mysticism and unparalleled world cultural and historical heritage!

**Lima is the capital:** of Peru located on the arid Pacific coast of the country. Although its colonial center is preserved, it is an overflowing metropolis and one of the largest cities in South America. The Larco Museum houses a collection of pre-Columbian art and the Museum of the Nation traces the history of the ancient civilizations of Peru. The Plaza de Armas and the 16th century cathedral are the core of the old center of Lima.

**Cusco is a city in the Peruvian:** Andes that was the capital of the Inca Empire and is known for its archaeological remains and Spanish colonial architecture. The Plaza de Armas is the center of the ancient city, with galleries, carved wooden balconies and ruins of Inca walls. The convent of Santo Domingo, in baroque style, was built on the Temple of the Inca Sun (Qoricancha) and has archaeological remains of Inca stonework.

**Machu Picchu:** is an Inca citadel located in the heights of the Andes mountains in Peru, above the Urubamba river valley. It was built in the fifteenth century and then abandoned, and is famous for its sophisticated dry stone walls that combine huge blocks without the use of a mortar, fascinating buildings that relate to astronomical alignments and panoramic views. The exact use he had remains a mystery.

**Culture ideally combined with trekking and mountaineering in the fantastic mountains.**

**Impressive past and living cultures**

- Culture in Cusco and Machu Picchu
- Ascension Nevado Pisco 5722 m and Nevado Sentillo 5100 m
- Experience land and people

You climb two peaks between 5000 and 6000 m and hike in the Cordillera Blanca. During the previous stay in Cusco and Machu Picchu you will experience the country and the people, and you will get an insight into the Inca cultures. Above all, you can acclimatize well, as Cusco is already at 3400 m. From Lima you drive to Huaraz in the Cordillera Blanca, the actual destination of this trip. Huaraz is the center for mountaineers and the starting point for countless mountain tours in the Cordillera Blanca.

Join an unforgettable trip with us "Peru Expeditions Tours"

- 19 Days/18 Nights
- April - September
- Moderate

**Difficulty Condition**

[More Info](#)

## Travel Program

### [Day 1: Flight from Europe, USA, Canada, etc - Country of origin to Peru](#)

Flight from Europe or the country of origin (USA or Canada), etc. Arrival in Lima - Transfer Hotel the large city in South America; population approximately 11 million. Rest or explore the city on your own.

**Overnight**

Hotel

**Flight**

Arrival with plane to Peru

**Meals**

-/-/-

**Day 2: Lima city morning transport to the airport - Flight to Cusco**

Arrival to Lima and flight to Cusco, for the coming days, scene change is announced: from nature to culture. Our trip to Peru takes us via Lima to the south of Peru to Cusco. The former capital of the Inca empire is rich in churches and palaces from the Spanish colonial era. A vibrant city that you just have to let yourself be in the afternoon visit the capital city of the Incas and Peruvian culture. From Cusco private transport to Ollantaytambo in the Sacred Valley of the holy river Urubamba! Accommodation and a stroll around one of the most unique places in Peru! Dinner and preparation for Machu Picchu.

**Overnight**

Hotel

**Flight**

Arrival with plane to Cusco

**Meals**

-/-/-

**Day 3: Cusco - Machu Picchu - Ollantaytambo**

The varied and interesting bus / train journey leads to the Urubamba Valley, the sacred valley of the Inca. The valley is getting narrower, so that only river and railway line between the slopes of rock find space. Finally, you will arrive in Aguas Calientes, where small buses will drive up the dusty dirt road to Machu Picchu. Then let yourself be inspired by the secrets of these legendary ruins. In the afternoon return by train to Ollantaytambo. Overnight hostel.

**Overnight**

Hotel

**Driving**

5 Hours approx by bus.

**Tours/Hiking**

5 Hours approx tours

**Meals**

B/L/-

**Day 4: Ollantaytambo - Urubamba Valley - Cusco**

Visit of the Inca ruins of Ollantaytambo and Pisac. Return to Cusco. Overnight stay Hotel.

**Overnight**

Hotel

**Driving**

5 Hours approx by bus.

**Tours/Hiking**

5 Hours approx tours

**Meals**

B/L/-

## **Day 5: Cusco city - Sacsayhuaman and Kenko, the Cathedral and the Koricancha**

Guided city tour of Cusco and the cultural sites of the former Inca capital. Et al visit the ruins of Sacsayhuaman and Kenko, the Cathedral and the Koricancha. Free afternoon for further sightseeing, shopping or recreation. Overnight stay Hotel.

### **Overnight**

Hotel

### **Driving**

4 Hours approx by bus.

### **Tours/Hiking**

5 Hours approx tours

### **Meals**

B/L/-

## **Day 6: Cusco - Visiting Maras, Moray and Salineras**

You will be collected from your hotel or Plaza Regocijo (your choice) around 8:30am and driven with your guide to Maras, a beautiful little colonial village. At Maras you will see the colonial architecture with beautiful stone work and sculpture and learn about traditional textile techniques. You'll have the opportunity to purchase some textiles here if you wish. We then drive to Moray where you can explore the incredible and still mysterious circular agricultural terraces that are surrounded by stunning mountain scenery. Finally, we will visit the salt mines (Salineras) where you can view the 3000 salt pools and watch the salt miners harvesting the salt of the Incas! As of June 2019 the Salt Mines are viewable only from above as the walkways between the pools are now closed due to damage from over-tourism. They are still beautiful and well worth the view. Salineras has a cute little shop where you can buy some hand mined Andean salt to take home with you if you wish. After seeing Salineras we take our private transport back to your hotel in Cusco.

### **Overnight**

Hotel

### **Driving**

5 Hours approx by bus.

### **Tours/Hiking**

5 Hours approx tours

### **Meals**

B/L/-

## **Day 7: Cusco city - Flight Go back to Lima - By bus to Huaraz (3100 m)**

Very early breakfast and transfer to airport of Cusco. The following day return flight to Lima. About 9:00am Bus ride to Huaraz. The 400 km drive takes around 8 hours. For now, you drive on the Panamericana through the coastal desert north to Pativilca. There begins the climb up to the Conococha Pass. From the pass at around 4200 m, you will have a first view of the peaks of the Cordillera Huayhuash and Cordillera Blanca. Continue to Huaraz in the Santa Valley. Arrival to Huaraz about 18:00hrs. Overnight stay Hotel.

### **Overnight**

Hotel

### **Flight**

1 Hour approx with plane.

### **Driving**

8 Hours approx by bus.

**Tours/Hiking**

1 Hours approx tours

**Meals**

B/L/-

**[Day 8: Huaraz - Private transport to Cashapampa \(2800 m\) - Llamacorrall \(3750 m\)](#)**

Drive through the Santa Valley via Caraz to Cashapampa. The local escort team with chef and donkey drivers will already be waiting for you. The load is distributed to the donkeys or mules; the trekking can begin. Climb through the narrow valley to Llamacorrall. Overnight tent.

**Overnight**

Camping

**Driving**

3 Hours approx by bus.

**Tours/Hiking**

5 Hours approx tours

**Meals**

B/L/D

**[Day 9: Llamacorrall - Trekking up to Taullipampa \(4250 m\)](#)**

You continue hiking in the valley. Steep cliffs rise on both sides. The valley gets a little further, the path less steep. Finally, the landscape changes. Mountain peaks such as Alpamayo and Quitaraju and the lagoons Juncocha and Ichicocha attract the eye. The camp is located at the foot of the striking mountain Taulliraju. Overnight tent.

**Overnight**

Camping

**Tours/Hiking**

5 Hours approx tours

**Meals**

B/L/D

**[Day 10: Taullipampa - Trekking to highest Pass - Punta Union \(4750 m\) - Trekking down to Parian \(3850 m\) / Huaripampa](#)**

Today is a spectacular day to hiking, you climb up to the 4750 m high pass Punta Unión. Nice view of the Santa Cruz Valley, glacial lakes and mountain peaks as Quitaraju, Alpamayo, Artesonraju, Paria and much more. Descend to the camp at Paria Overnight tent.

**Overnight**

Camping

**Tours/Hiking**

8 Hours approx tours

**Meals**

B/L/D

### **Day 11: Paria / Huaripampa - Trekking to Vaqueria - by transport to Cebollapampa / Yuracoral (3800 m)**

From Huaripampa Valley, from the Huaripampa Valley, continue your trek and slowly climb towards the Portachuelo Pass (4650 m). From the pass we will see the great peak as Huascaran South and North, Chopicalqui, Chacararaju, Pisco, Huandoys and Yanapaccha. We will camp in Yuracoral (3800 m) Overnight tent.

#### **Overnight**

Camping

#### **Flight**

1 Hour approx, with plane.

#### **Driving**

3 Hours approx by bus

#### **Tours/Hiking**

1 Hours approx tours

#### **Meals**

B/L/D

### **Day 12: Yuracoral camp - Trekking up Base Camp Nevado Pisco (4680 m)**

From Yuracoral trekking up to the 4680 with burros until to base camp Nevado Pisco. Overnight tent.

#### **Overnight**

Camping

#### **Tours/Hiking**

4 Hours approx tours

#### **Meals**

B/L/D

### **Day 13: Base Camp Nev. Pisco - Moraine high camp (4950 m)**

About moraine climb to the high camp, which is not far from the glacier entry. Takes about 3 hours. Overnight tent.

#### **Overnight**

Camping

#### **Tours/Hiking**

4 Hours approx tours

#### **Climbing**

12 hours approx

#### **Meals**

B/L/D

### **Day 14: High camp - Nevado Pisco (5752 m) - Huaraz (3100 m)**

In the early morning you leave. Quickly you reach the glacier entry. Climb into the Garganta, the saddle between Nevado Pisco and Huandoy. Continue to the summit, from where you have a wonderful panoramic view of the imposing Andes massif. Descent on the same route via base camp to the road to

about 3800 m. Same day return to Huaraz. Overnight stay Hotel.

**Overnight**

Hotel

**Tours/Hiking**

7 Hours approx tours

**Meals**

B/L/D

**Day 15: Huaraz - at the day free day, bus at night drive to Lima**

Free day and reserve day for the summit ascent. Bus night ride from Huaraz back to Lima. Overnight stay bus.

**Overnight**

Hotel

**Tours/Hiking**

1 Hours approx tours

**Driving**

8 Hours by bus to Lima.

**Meals**

B/L/-

**Day 16: Arrival to Lima Capital - Transfer to airport - Fligh back to home**

We spend the morning according to our own preferences. Depending on the departure time, you will have the time in the morning to take a tout maybe city tours or maybe relax day. Transfer from the bus station to the airport. Departure return flight to Switzerland, USA, Canada, Europa, etc.

**Overnight**

On plane

**Tours/Hiking**

1 Hours approx tours

**Meals**

B/L/-

**Day 17: Return flight - Arrival home**

Go back home - end tour in Peru / South America.

**Overnight**

On plane

**Tours/Hiking**

1 Hours approx tours

**Meals**

B/L/-

**Day 18: Arrival Lima Capital city - flight back to Lima and go back USA, Canada, Europa, etc**

We spend the morning according to our own preferences. In the afternoon transfer to the airport and return flight to Switzerland, USA, Canada, Europa, etc.

### **Overnight**

On plane

### **Tours/Hiking**

1 Hours approx tours

### **Meals**

B/L/-

## **Day 19: Return flight - Arrival home**

Go back home – end tour in Peru / South America.

### **Overnight flight (-/-/-)**

**Included meals:** **B**=breakfast; **L**=lunch; **D**=dinner

## **What's Included**

### **Services included in the prices:**

- Local culture guides
- Local trekking guides and climbing guide
- Local guides, cook and escort
- Domestic flight Lima-Cusco-Lima
- All transfers and overland trips
- 8 hotel nights in a double room
- 1 night in hostel
- 7 nights in a two-person tent
- Full board during trekking and mountaineering
- Breakfast in Lima, Cusco, Ollantaytambo and Huaraz
- Visits including whole program
- National Park fees
- Enter fees to Machu Picchu
- Trekking tents
- Donkeys and donkey driver for luggage transport
- Peru Expeditions Tour leader

### **Not included:**

- Restaurants in cities: Lunch and dinner in Lima, Cusco, and Huaraz
- Entrances to the thermal baths in Aguas Calientes
- Breakfast on the first morning
- Sleeping bag that can be rented at our office
- Tips for the guide and field staff recommended 200 USD
- Travel and medical insurance & emergency evacuation insurance
- Personal equipment and clothing
- Personal Equipment

- International flight from USA, Europe, Canada, etc.
- Travel luggage and Travel cancellation insurance

## Would you like to customize this trip?

Build your tailor made trip in South America with our experts.

Our travel experts will help you plan the trip of your dreams. Customizing every aspect of your holidays in South America to your specific preferences.

## We Provide Satellite Internet access during Treks or Expeditions

## Keep Exploring More Travel Ideas Across South America | Popular destinations

Discover a wide range of travel ideas throughout South America. Every one of our proposals is fully customizable to fit your preferences and make your journey truly unique.

- [Visit Machu Picchu](#)
- [Inca Trail Trekking](#)
- [Sacred Valley Tour Cusco](#)
- [Rainbow Mountain Cusco](#)
- [Backpacker trips to Cusco](#)
- [Choquequirao Trek](#)
- [Ausangate Trek to Machu Picchu](#)
- [Salkantay Trekking Adventure](#)
- [Short Inca Trail to Machu Picchu](#)
- [Lares Trek to Machu Picchu](#)
- [Vilcabamba Trekking](#)
- [Climb Volcano Chachani](#)
- [Visit Salar de Uyuni](#)
- [Bolivian Highlands](#)
- [Climb Huayna Potosi](#)
- [Visit Isla del Sol Sun Island](#)
- [Climb Volcano Sajama](#)
- [Climb Cotopaxi & Chimborazo:](#)
- [Climb Volcano Ojos del Salado](#)
- [Visit Torres del Paine](#)
- [Climb Mount Aconcagua](#)
- [Visit Iguazu Falls & Rio](#)
- [Climb Mount Orizaba](#)
- [Visit Rainforests and Volcanoes](#)
- [Climb Volcano Tolima](#)

Accordion #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

Accordion #2

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

## What to Bring

What to Bring or take for Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

### Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15° to 20°C)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fiber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participant First-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lips

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

[See More](#)

### **[Equipment Mountain](#)**

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves(Good gloves) for expeditions over 6000meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks - Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

**→ If you need to rent mountain equipment click here:**

## **Prices & Dates**

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 MAY 2026/ 19 MAY 2026

**\$ 3650**

[Join Now](#)

**FROM/TO**

**PRICE (USD)**

**TRAVEL STATUS**

01 JUN 2026/ 19 JUN 2026

**\$ 3650**

[Join Now](#)

**FROM/TO**

**PRICE (USD)**

## TRAVEL STATUS

01 JUL 2026/ 19 JUL 2026

**\$ 3650**

[Join Now](#)

## FROM/TO

## PRICE (USD)

## TRAVEL STATUS

01 AUG 2026/ 19 AUG 2026

**\$ 3650**

[Join Now](#)

- Single Supplement (I want my own room and tent) – \$000 on request.

**Please note:** Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

- » Additional dates available upon request
- » Rates may vary from July 26th to 31th for the national holidays

## Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
7300 USD	3650 USD	3550 USD	3450 USD	3350 USD	3250 USD	3150 USD	3050 USD

**Deposit for reservations:** — USD (- EUR) ✓ Full payment 40 days before. No refund if you cancel less than 30 days!

**Places:** \*Available

**Trip-code:** Number ►PER-

**Duration:** 19 days

**Participants:** Minimal: 4 Maximal: 12

**Members:** We don't have an open group to join – We can open a new group – [Contact us!](#)

**Country / Location:** Peru

**Mountain Guide:** Juventino Albino Caldua  
**Other dates / additional info:** [Contact us!](#)

*3% early bird discount when booking 6 months prior to departure 2026*

**Legend Booking-information:**

**EZZ** Single room supplement

- On this trip, places are still available.
- On this trip, only a few places left.
- This trip is sold out / closed.

**Juventino Albino Caldua**

Expert guide certified by IVBV - UIAGM - IFMGA  
Co-Founder, Peru Expeditions

- **WhatsApp:** [+51 943 081 066](#)
- **E-Mail:** [office@peru-expeditions.org](mailto:office@peru-expeditions.org)

[Read more](#)

**Hans Honold | Certified Mountain and Ski Guide**

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49(0)7344 929144-0)

[More information](#)

We are a Private Company with a Specialized Peruvian Andean Rescue Team “Socorro Andino Peruano”, offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** [+1 \(617\) 459-4200](tel:+1(617)459-4200)

[More information](#)

Only \$1000 deposit to book

Pay over time, interest free

No booking fee, no change fee

24/7 support

## Accommodations

Scroll through our exclusive accommodations for this trip below. Although very unlikely, we will be able to make substitutions when necessary. The comfortable accommodations that guests stay in every night offer comfort, the level that these options are are 3 stars and some hostels in some towns of first class quality to make your stay very pleasant.

***\*These exact accommodations are not guaranteed. In some cases, alternative accommodation of similar quality and location can be used.***

[3 stars Hotel](#)

### [Peru: Hotel Conde de Lemos Arequipa](#)

Peru Expeditions

[Tents](#)

### [Best Mountain Tents - Luxury Service - Premium Overnight in Camping](#)

Peru Expeditions

[3 stars Hotel](#)

### [Peru: Hotel Rumi Wasi in Chivay](#)

Peru Expeditions

[3 stars Hotel](#)

### [Peru: Hotel Conde de Lemos Puno](#)

Peru Expeditions

[3 stars Hotel](#)

### [Peru: Hotel Inca Wasi Plaza Cuzco](#)

Peru Expeditions

[3 stars Hotel](#)

### [Peru: Hotel Puma](#)

Peru Expeditions

[3 stars Hotel](#)

### [Peru: Hotel Rubi](#)

Peru Expeditions

[3 stars Hotel](#)

## [Peru: Hotel Churup](#)

Peru Expeditions

[2 stars Hotel](#)

## [Peru: Hotel Valery](#)

Peru Expeditions

[3 stars Hotel](#)

## [Peru: Hotel Kamana](#)

Peru Expeditions

## Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

### Suggested FAQs

#### [What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)

**For our mountain climbing trips:** If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

**Regarding the preparation of children:** Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

**Regarding older people:** It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

#### [Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?](#)

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc. ) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?**

**Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19.** Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners -Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?**

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **How far in advance should I start training and what kind of training do you suggest?**

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **What is the average distance and altitude gain that we will hike each day?**

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if If you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **Will there be porters to help to carry group and personal equipment?**

**In our trips, either hiking or mountaineering:** Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also They go with mules or donkeys, but there are

some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

**Who are the porters?** They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[How will accommodation and meals be handled during the trek?](#)**

**About accommodation or meals during the tour:** Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

**If the tour is with camps and trekking:** During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

**If the trip is at altitude or in the mountains:** We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

### **[What is the guide-to-client ratio to climb this mountain?](#)**

**In mountains above 5000 meters:** A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

**In technical mountains:** In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[What is the best time of the year to climb this mountain?](#)**

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **[Do I have what it takes to succeed on this expedition?](#)**

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting

expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

### **How can I get to the trailhead/meeting point?**

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a A representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **What is the best time of the year for this hike?**

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **What happens in the event of bad weather?**

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even is good season we can have bad weather, in this case on hiking or treks trips The complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

### **Can I join a group?**

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

**Why go in a private trip:** For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would

already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

## **Additional information**

**We help in the purchase of air tickets:** we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → [More information click here](#)

**About a Satellite Phone or inReach® Messenger - GARMIN:** On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → [More information click here](#)

**Many of the participants or clients** of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → [More information click here](#)

**Our mountain guides or tour leaders:** All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → [More information click here](#)

**VISA**

**CURRENCY**

**VACCINATIONS**

**FIRST AID KIT**

**WHY CHOOSE US?**

**JOIN A GROUP**

**VISA**

**VISA NEEDED**

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days.**

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world**, for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, → [contact us!](#)

## **CURRENCY**

### **CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:**

**Local money | \$1 = 000 | EUR 1 = 000** = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → [E-mail](#), or by [WhatsApp](#).

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

**ATMs are available** in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

## **VACCINATIONS**

### **VACCINATIONS BEFORE YOU LEAVE**

#### **Compulsory vaccinations:**

- They are not required

#### **Recommended vaccinations:**

- Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)
- Tetanus
- Diphtheria
- Typhoid fever
- Yellow fever (yellow fever)
- Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

## **FIRST AID KIT**

### **TRAVEL FIRST AID KIT**

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

**ATTENTION!** Due to parasites and bacteria for drinking, we recommend using mineral water in the

original bottle and boiled. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

## **WHY CHOOSE US?**

### **WHO ARE WE AND WHY CHOOSE US?**

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are “Registered Travel and Tourism Agency”. To know more about → [US click here please!](#)

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shirts, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents**.

We provide the best living and eating conditions. We take into account the peculiarities of nutrition (**you can order a vegetarian menu**).

Free conferences in the office with **own videos material and photographs**

## **JOIN A GROUP**

### **ARE YOU LOOKING FOR A TRAVEL PARTNER?**

**Join a group with us:** Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share you experience with on an unforgettable journey. (» Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100%) » WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! → [JOIN A TRIP WITH US!](#)

## **Why Travel with us**

### **Your Safety is Our Priority**

### **Expert Guides**

## Sustainable Tourism

### Andean Chefs

### Food on the Trail

### Small Groups

- Recommended Tours
- 

#### **Galapagos and Machu Picchu Peru 5**

Huaraz 18 Days/17 Nights

Recommended

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#### **Lima - Cusco - Puno - Copacabana - Bolivia 5**

Huaraz 19 Days/18 Nights

Recommended

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#### **Chachapoyas and Machu Picchu 5**

Huaraz 16 Days/15 Nights

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#### **Lima - Cusco - Puno - Arequipa - Nazca 5**

Huaraz 19 Days/18 Nights

## Reviews

### Leave a Reply

[FLASH SALE SANTA CRUZ](#) SANTA CRUZ Expeditions 2026: The ultimate Andean ascent is calling.