

Let's go to Cerro Aconcagua

(6,962 meters) South America

More info about Aconcagua Expeditions Tours: Aconcagua is the highest peak in America and the Southern Hemisphere. According to modern data, its height is 6962 meters. It is a huge massif composed mainly of sedimentary rocks. For a long time Aconcagua was called an extinct volcano, but now this point of view is forgotten. Climbing Aconcagua is not technically difficult, on the classic route the path at a height of almost 7 thousand meters passes almost along the way. According to the usual practice, to conquer the highest peak in South America, they go after climbing Kilimanjaro. However, it should be noted that the difference between these two peaks is quite serious. Don't underestimate the dangers and difficulties associated with climbing at high altitudes.

Highlights and hidden gems

Cerro Aconcagua is the highest peak on the continent of South America, parts of the world America and the Southern Hemisphere. According to modern data, its height is 6962 meters. It is a huge massif composed mainly of sedimentary rocks. For a long time Aconcagua was called an extinct volcano, but now this point of view is forgotten. Climbing Aconcagua is not technically difficult, on the classic route the path at a height of almost 7 thousand meters passes almost along the way. According to the usual practice, to conquer the highest peak in South America, they go after climbing Kilimanjaro. However, it should be noted that the difference between these two peaks is quite serious. Aconcagua is almost a kilometer higher, the weather in its area is very unstable, and in case of a sudden change, it creates a critical situation.

Sustainable tourism

Peru Expeditions Tours: Travel Group genuinely cares for the well being of the local communities, indigenous groups and the environment. We practice sustainable tourism to not only protect the Earth now, but so that many generations to come may be able to enjoy our planet as we do now, while also creating a positive, inclusive and creative work environment for our employees.

We are certified by

Our efforts of sustainable practices related to social, cultural and environmental tourism have been recognized and rewarded by the ISO 9001: Quality management for customer satisfaction & CALTUR organization, who are recognized internationally as experts in responsible tourism. **Peru Expeditions Tours** is certified until 2023; the recertification process will be realized before the expiry date.

Contact us

On this page you find examples of what Peru has to offer, do not hesitate to [contact us](#) for more information about its destinations and activities. We offers an exceptional level of competency, safety, and comfort to Aconcagua expeditions, with certified guides and the best local staff and cooks available . We offer you great adventures in Aconcagua.

Besogonova Anastasia

Manager

Manager. Sales Manager. She is our front office sales manager to assist all of our customers from our company 7 Summits Club.

Avtomonov Sergey

Guide

Mountain guide: CMS in rock climbing (maximum - 8B)

He has been working as a mountain guide since 2007.

The number of ascents to Elbrus is unknown - I stopped counting 6 years ago

Interested in ice climbing, mountain biking, skiing

Berezin Andrey

Guide

Mountain guide since 2003: 2nd category in mountaineering

Climbing: Elbrus (more than 250 times), Pico Lenin, Kazbek, Mont Blanc, Pico Mera, Pico Isla, Aconcagua

About 200 ascents of Elbrus on the southern and northern slopes, even in winter

Dorozhukov Alexander

Guide

Mountain guide, ski and mountaineering instructor: He has been fond of mountaineering since he was 12 years old.

More than 200 successful ascents of Elbrus, Kazbek and other Caucasian peaks.

I spent several seasons in Nepal, climbing Kalapatar and trekking to Everest Base Camp.

He also scaled the summit of Aconcagua many times.

Semenov Dmitry

Guide

Second category in mountaineering: Leadership in a sports group on the way to category 3B climbing Khan-Tengri, Kazbek

experience in technical routes up to category 5 difficulty

He worked as a lifeguard He has been working as a guide on Elbrus since 2001.

Argentina: Expedition to Cerro Aconcagua (6962 m), a trip with a Russian Mountain Guide 7 Summits Club Collection

Trip overview: Mendoza (700m)- Penitentes (2700m)- Aconcagua Provincial Park – Confluencia(3300m) – Base Camp Plaza de Mulas (4250m)- Plaza Canada (4900m) – Nido de Condores (5500m) – Berlin (5900m) – Summit of Mt. Aconcagua (6961m).

Why go there?

Aconcagua (6961m) is the highest mountain in South America, one of the 7 Summits. It is located in Argentina in the Province of Mendoza. The name may have come from several possible origins: Kon-Kawa (“Snowy Peak”) – from the Argentine aboriginals, the Aymara; Aconca-Hue (“Coming from Other Side”) – from the Chilean Araucano; Akon-Kahuak (“Sentinel of Stone”) – from the Quechua. From the top of this mountain you can revel in the breath-taking views of the amazing white ranges of Cordillera de Los Andes. As a climbing objective Aconcagua offers a rich variety of interesting routes of all the technical levels. The Normal (or NW) Route is physically very demanding, but not really technical.

Route description:

Our expedition starts in the town of Mendoza. On arrival we go right away to Penitentes (a small village next to Puente del Inca) and on the next day the climb starts (by NR). We stay two nights in Confluencia Base Camp (3300m) and, for better acclimatization, two nights in Plaza de Mulas Base Camp (4350m). After that with the help of experienced guides and porters we begin to establish high camps: Canada (4900m), Nido de Condores (5500m) and Berlin (5900m). On the 12th day we make a bid for the summit. And of course we have a reserve day to make up for bad weather. The expedition ends in Mendoza, where we stay for one night before saying a hearty thankful good-bye to these places.

- Days 18 / Nights 17
- December to January
- Difficult - demanding

Difficulty Condition

[More Info](#)

Travel Program

[Day 1:Arrival to Mendoza; bus transfer to the "Diplomatic" hotel. A walk around Mendoza city center. Personal gear checkup. Overnight stay in the hotel Diplomatic](#)

Overnight

Hotel

Flight

Arrival to Mendoza.

Driving

1 hour aprox.

Hiking

1 hour aprox

Meals

-/-/-

[Day 2: Getting Aconcagua Provincial Park permits; visit to a mountain equipment rental shop; transfer to Penitentes \(2700 m, driving time 3-4 hours\); overnight stay in Puente de Inka AV Lodge.](#)

Overnight

Camping

Driving

6 hour aprox.

Hiking

5 hours aprox

Meals

B/L/D

[Day 3: Transfer to the entrance of Aconcagua Provincial Park \(Laguna Horcones\) and a hike to Confluencia \(3300m, 4-5 hours\). Camp.](#)

Overnight

Lodge

Driving

4 hour aprox.

Hiking

5 hours aprox

Meals

B/L/D

[Day 4:Acclimatization trekking to Plaza Francia. Night at Confluencia Camp](#)

Overnight

Lodge

Hiking

5 hours aprox

Meals

B/L/D

[Day 5: Acclimatization trekking Plaza de Mulas \(4300m\) Long trek \(8-9hr\) to the Base Camp at](#)

Plaza de Mulas (4250m). The way is along the wide valley of Playa Ancha. Night at Camp

Overnight

Camping

Hiking

5 hours aprox

Meals

B/L/D

Day 6: Rest day in BC - Plaza de Mulas (4300m). A lite walk around the camp, easy ascent to the Orkonos Glacier. Night at Plaza de Mulas Base Camp (4300m)

Overnight

Camping

Hiking

6 hours aprox

Meals

B/L/D

Day 7: Acclimatization trekking to Plaza Canada (5000m), descent to BC (4300m). Night at Plaza de Mulas Base Camp (4300m)

Overnight

Camping

Hiking

5 hours aprox

Meals

B/L/D

Day 8: Rest day in BC - Plaza de Mulas (4300m). Packing the loads to carry to higher camps. Night at Plaza de Mulas Base Camp (4300m)

Overnight

Camping

Hiking

6 hours aprox

Meals

B/L/D

Day 9: Trek from Plaza de Mulas to Camp 2 (Nido de Condores, 5500m); overnight stay at Nido

de Condores

Overnight

Camping

Hiking

6 hours aprox

Meals

B/L/D

Day 10: Trek to Colera Camp (6000m). Descent to Plaza de Mulas (4300m). Night at Plaza de Mulas Camp

Overnight

Camping

Hiking

6 hours aprox

Meals

B/L/D

Day 11: Rest Day of rest at Plaza de Mulas. Packing the loads to carry to higher camps

Overnight

Camping

Hiking

1 hours aprox

Meals

B/L/D

Day 12: Trek from Plaza de Mulas (4350m) to Nido de Condores (5500m), overnight stay at Nido de Condores

Overnight

Camping

Hiking

6 hours aprox

Meals

B/L/D

Day 13: Trek from Nido de Condores (5500m) to Camp 3 (Colera, 6000m), overnight stay at Colera Camp

Overnight

Camping

Hiking

6 hours aprox

Meals

B/L/D

Day 14: Summit push of Mt. Aconcagua (6961m), descent to Colera (6000m), overnight stay at Cholera Camp or at Nido de Condores Camp (5500 m)

Overnight

Camping

Hiking

6 hours aprox

Climbing

12 hours approx

Meals

B/L/D

Day 15: Spare days in the case of bad weather conditions

Overnight

Camping

Hiking

1 hour aprox

Meals

B/L/D

Day 16: Descent to Plaza de Mulas Camp (4300m), overnight at Plaza de Mulas Base Camp

Overnight

Camping

Hiking

6 hours aprox

Meals

B/L/D

Day 17: Descent from Base Camp to Laguna de Horcones. Bus transfer to Mendoza. Night in Mendoza (Hotel Diplomatic)

Overnight

Hotel

Driving

6 hour aprox.

Hiking

7 hours aprox

Meals

B/-/-

Day 18: Transfer to Mendoza airport; return flight to the country of residence

Overnight

Hotel

Driving

1 hour aprox.

Hiking

1 hour aprox

Flight

Go back home by plane.

Meals

B/-/-

Included meals: B=breakfast; **L**=lunch; **D**=dinner

Contact: More information about the expedition.

Glory Lubov Pershina

Manager-guide of 7 Summits Club for Latin America programs

www.klub7vershin.ru

www.7summits-club.com

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What's Included

Services included in the prices:

- Transportation in a private bus/minivan from Mendoza to Penitentes and back.
- Help in obtaining the necessary climbing permits
- Two nights at Mendoza (Diplomatic hotel)
- Night in a hotel in Penitentes (double rooms, breakfast&dinner)
- Transportation from Penitentes to the Laguna de Horcones trail
- Mules for food and equipment from Puente del Inca (Los Puquios) to Plaza de Mulas and back.
Load limit - 30 Kg
- Two nights in Confluencia: electricity, cook, meals&drinks, mess tent with tables, chairs and tableware, toilet tent
- Service in Base Camp in Plaza de Mulas (number of nights limited to 5): electricity, cook, meals&drinks, mess tent with tables, chairs and tableware, toilet tent, storage of personal things, radio communication
- Four-season tents, stoves, cookware and tableware
- Food for high camps
- Mountain guide from 7 Summits Club (Aconcagua summitter)
- Radio communication between BC, Mendoza and Puente del Inca: for co-ordinating the expedition logistics
- Medal for successful climb

Not included:

- Airfare and airport taxes to and from Mendoza
Regular service bus tickets to and from Mendoza
- Climbing permit
- Personal porters
- Individual gear
- Extra costs entailed by leaving the expedition prematurely
- Medical insurance covering climbing to 7000m and costs of eventual rescue operations
- Personal expenses (drinks, laundry, mail, telephone calls etc)

Would you like to customize this trip?

Build your tailor made trip in South America with our experts.

Our travel experts will help you plan the trip of your dreams. Customizing every aspect of your holidays in South America to your specific preferences.

[We Provide Satellite Internet access during Treks or](#)

[Expeditions](#)

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- [Climb Mount Orizaba](#)
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- [Climb Volcano Tolima](#)

Accordion #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

Accordion #2

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or

mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15° to 20°C)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fibber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participant First-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lips

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

[See More](#)

[Equipment Mountain](#)

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves(Good gloves) for expeditions over 6000meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks - Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

→ If you need to rent mountain equipment click here:

Prices & Dates

FROM/TO

PRICE (USD)

TRAVEL STATUS

03 ENE 2026 / 20 ENE 2026

\$ 6 690

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

17 ENE 2026 / 02 FEB 2026

\$ 6 690

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

24 ENE 2026 / 10 FEB 2026

\$ 6 690

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

07 FEB 2026 / 24 FEB 2026

\$ 6 690

[Join Now](#)

- Single Supplement (I want my own room and tent) – \$000 on request.

Please note: Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

- » Additional dates available upon request
- » Rates may vary from July 26th to 31th for the national holidays

Prices (per person):

| 1 PAX | 2 PAX | 4 PAX | 6 PAX | 8 PAX | 10 PAX | 12 PAX | 14 PAX |
|--------------|--------------|--------------|--------------|--------------|---------------|---------------|---------------|
| — USD | — USD | — USD | 6 690 USD | 6 690 USD | 6 690 USD | 6 690 USD | 6 690 USD |

Deposit for reservations: * 1.000,00 USD (60.854,00 Rubles) ✓ Full payment 40 days before. No refund if you cancel less than 40 days!

Places: *Available

Trip-code: Number

Duration: 18 days

Participants: Minimal: 6 Maximal: 12

Country / Location: Argentina

Mountain Guide: Vladimir Kotlay and Artem Rostovtsev, 7 Summits Club managers

Other dates / additional info: [Contact us!](#)

3% early bird discount when booking 6 months prior to departure 2026

Legend Booking-information:

EZZ Single room supplement

- On this trip, places are still available.
- On this trip, only a few places left.
- This trip is sold out / closed.

Korobeshko Ludmila

- **Phone:** +7 (495) 642-88-66
- Executive Director.
- The first Russian woman to complete the 7 Summits Project.
- Visited the North and South Poles.
- The third Russian woman to climb Everest
- World record in the speed of climbing 7 Peaks among women
- Mountain guide. Director of the 7 Summits Club.
- He has been climbing and organizing expeditions for 20 years.
- The last 15 years - professionally.
- He has about 100 ascents of varying degrees of difficulty in various countries of the world.
- In 2016, she climbed the summit of Everest three times. Leader of successful expeditions to Cho Oyu (8201) and Manaslu (8163)

[Read more](#)

Abramov Alexander

- **Phone:** +7 (495) 642-88-66
- President of the 7 Summits Club.
- Master of Sports of the USSR in mountaineering, 54 years old, professional mountaineer. Mountaineering instructor, mountain guide, high-altitude cameraman. Active member of the Russian Geographical Society.
- Initiator and leader of several well-known projects, such as: "7 Peaks", "Land Rover on Elbrus".
- He has been climbing and organizing expeditions and competitions for 28 years.
- The last 25 years - professionally.
- Has made more than 150 ascents of varying difficulty in dozens of countries.
- Organizer and participant of 11 Himalayan expeditions.

[Read more](#)

Good advice

Booking deposit, 50% of the price, is paid not later than 3 months prior to expedition. Balance payment is due not later than 45 days prior to expedition

Tips guidelines (important information!)

You entrust your life, health, your time and money to the guides. And the guides take this responsibility for you

and for the success of the whole trip. They are doing this 24 hours. 10-20 USD per day is expected as the normal amount of tips for the Guides and the staff of the program. If you liked everything about the trip, please don't forget to thank them. You can give the tips directly to the Main Guide and he will distribute it among the staff.

Necessary travel papers (documents)

- Passport to travel abroad
- Argentine visa (if necessary, depends on your citizenship)
- Special questionnaire

By air and by land

You can get to Mendoza by many international flights (via Santiago de Chile (SCL) or Sao Paulo), by domestic

flights from Buenos Aires and by bus from Buenos Aires or Santiago.

Accommodation

3 nights in hotels (DBL, BB)

13 nights camping

Meals

One breakfasts and two dinners in the towns, full board while in camps

Staff

Mountain guide from 7 Summits Club Local mountain guides, porters helping to pitch high camps, assistants.

Health and medical insurance

Our guide will have a first aid kit and we strongly recommend to bring your own specific medicines you might need. Besides, we recommend to start taking polyvitamins 3 weeks before the expedition. Also would be very useful to try to acclimatize on some peak over 5000m and test your system before you come to Aconcagua.

Weather

The normal time for expeditions is from December to March. A colder month could be better in terms of weather, normally more stable when cold.

Generally from December to March. Experience indicates that, if the "peak" months are the coldest, its climate is more stable. It would be good to calculate correctly the time you have available, including some days of "reserve" to wait for good weather in case of storms. A "bonnet of smoke", white wind over Aconcagua`s top, is a sign of tempest in the heights and you must not go further on.

Extra expenses

Permit (330 USD in January, 220USD in February and December)

Personal gear

Possibility of renting personal equipment

There are several local gear shops with good gear, but in the high season many popular sizes and items can run out, so it is best to bring as much of your own gear as possible.

Personal gear:

- Heavy-weight fleece / pile jacket
- Light/medium-weight, long thermal underwear shirt (polypropylene/capilene)
- Long underwear shirt, medium weight fleece shirt,
- Water proof / breathable jacket with hood (Gore Tex is strongly recommended)
- Long sleeve, light weight shirt
- Down or hollow fiber filled jacket with a hood, large enough to put on over a fleece jacket
- Fleece pants (with full side zips to allow ventilation)
- Two pairs of long underwear pants (one light-weight and one medium-weight)
- Waterproof / breathable pants (or bib pants) with full side zips for easy putting on and taking off
- Light weight trekking boots
- Climbing expedition boots
- Crampons (well fitting, preferably "step-in") with a maintenance&repairing kit
- 2-3 pairs of liner socks

- 3 pairs of wool or poly socks (medium-heavy thickness)
- Gaiters
- 2 pairs of liner gloves
- Medium weight fleece gloves
- Nylon shell gloves
- Wool or fleece mittens
- Shell overmitts
- Thick hat (wool or fleece)
- Balaclava
- Glacier glasses
- Extra pair of your ordinary glasses (if you wear them)
- Down or hollow fiber filled sleeping bag good for 10-20 degrees Fahrenheit
- Sleeping pad, either a Therm-a-
- Rest, or a closed-cell foam pad
- Head torch
- Two water bottles 1 liter each (with insulators)
- One 70-80 liters rucksack
- One day pack (should be big enough to hold two liters' thermos, a snack, extra clothing, and a camera for the summit day)
- Ice axe 60-70 cm
- Telescopic ski poles
- Crampons
- Glacier cream (spf 40)
- Your specific first aid kit
- Pee bottle
- Lip balm (spf 25+)
- Pocket knife
- Favorite lightweight snacks
- Camera and accessories
- Book, playing cards, walkman, reading stuff etc.

Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49(0)7344 929144-0)

[More information](#)

We are a Private Company with a Specialized Peruvian Andean Rescue Team "Socorro Andino Peruano", offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** [+1 \(617\) 459-4200](tel:+1(617)459-4200)

[More information](#)

Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

Suggested FAQs

[What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)

For our mountain climbing trips: If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

Regarding the preparation of children: Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

Regarding older people: It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?](#)

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?](#)

Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19. Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners -Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?](#)

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps. If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](#)**

[How far in advance should I start training and what kind of training do you suggest?](#)

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](#)**

[What is the average distance and altitude gain that we will hike each day?](#)

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

[Will there be porters to help to carry group and personal equipment?](#)

In our trips, either hiking or mountaineering: Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also. They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

Who are the porters? They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people. They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](#)**

[How will accommodation and meals be handled during the trek?](#)

About accommodation or meals during the tour: Well, depending on the type of tour, when the tour

is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

If the tour is with camps and trekking: During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

If the trip is at altitude or in the mountains: We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

[What is the guide-to-client ratio to climb this mountain?](#)

In mountains above 5000 meters: A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

In technical mountains: In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What is the best time of the year to climb this mountain?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Do I have what it takes to succeed on this expedition?](#)

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

[How can I get to the trailhead/meeting point?](#)

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a A representative of our company will pick you up and then ship you to your transport to continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What is the best time of the year for this hike?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](#)**

[What happens in the event of bad weather?](#)

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips the complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

[Can I join a group?](#)

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

Why go in a private trip: For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](#)**

Additional information

We help in the purchase of air tickets: we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → **[More information click here](#)**

About a Satellite Phone or inReach® Messenger - GARMIN: On each trip we recommend having a

satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → [More information click here](#)

Many of the participants or clients of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → [More information click here](#)

Our mountain guides or tour leaders: All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → [More information click here](#)

VISA

CURRENCY

VACCINATIONS

FIRST AID KIT

WHY CHOOSE US?

JOIN A GROUP

VISA

VISA NEEDED

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days**.

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world**, for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, → [contact us!](#)

CURRENCY

CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:

Local money | \$1 = 000 | EUR 1 = 000 = Let us to know which destination would you like to travel to so

we can send you the current information of the day to your → [E-mail](#), or by [WhatsApp](#).

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

ATMs are available in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

VACCINATIONS

VACCINATIONS BEFORE YOU LEAVE

Compulsory vaccinations:

- They are not required

Recommended vaccinations:

- Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)
- Tetanus
- Diphtheria
- Typhoid fever
- Yellow fever (yellow fever)
- Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

FIRST AID KIT

TRAVEL FIRST AID KIT

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

ATTENTION! Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

WHY CHOOSE US?

WHO ARE WE AND WHY CHOOSE US?

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism;

turning customer dreams into reality and exceeding their expectations. We are “Registered Travel and Tourism Agency”. To know more about → [US click here please!](#)

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shirts, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents**.

We provide the best living and eating conditions. We take into account the peculiarities of nutrition (**you can order a vegetarian menu**).

Free conferences in the office with **own videos material and photographs**

JOIN A GROUP

ARE YOU LOOKING FOR A TRAVEL PARTNER?

Join a group with us: Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share you experience with on an unforgettable journey. (» Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100%) » WHERE **WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! → [JOIN A TRIP WITH US!](#)

Why Travel with us

Your Safety is Our Priority

Expert Guides

Sustainable Tourism

Andean Chefs

Food on the Trail

Small Groups

- Recommended Tours

[Mount Everest 5](#)

[Asia 39 Days/38 Nights](#)

[Mount Kilimanjaro 5](#)

[Africa 09 Days/08 Nights](#)

[Recommended](#)

[Mount Vinson 5](#)

[Antartica 16 Days/15 Nights](#)

[Recommended](#)

[Mount McKinley 5](#)

[USA 23 Days/22 Nights](#)

Reviews

Leave a Reply

YOU ARE AN ADVENTURE LOVER and you want to experience something **extraordinary and extreme?**

You are an adventure lover and you dream of leaving with a thrill. **Peru Expeditions Tours** is also an option for you. Take advantage of our travel offer that we have for you!

“We don’t sell tours, we provide memorable lifetime experiences.”

We are a recognized tour operator **100% peruvian company** that specialists in adventure and traditional tours service.