

Let's go to Vinson Massif

(4,892 meters) Antarctica

More info about Antarctica Expeditions Tours: The 4892 m Mount Vinson Massif is located approximately 1200 km from the South Pole and 2000 km from the northern tip of the Antarctic Peninsula. Coordinates: 78:35 S.Sh.-85:25 W.D. Its height is 4892 m, it is the highest peak on the continent of Antarctica. Vinson is part of the Ellsworth Mountain Range, which rises in the middle of the massive Ronne Ice Shelf. During the summer, from November to January, the area receives 24 hours of sunshine. But even in the conditions of a polar day, the temperature during these months is from -40 to -70 degrees Celsius. Average snowfall levels in Vinson are low, with high winds accounting for only 18 inches of snow per year. Mount Vinson is named after US Congressman from Georgia Carl Vinson, who for decades actively campaigned for Antarctic exploration. Climbing the Vinson Massif is often referred to as “the key to the 7 Summits Project”. A technically simple mountain is often inaccessible due to the high price of the expedition.

Highlights and hidden gems

VINSON MASSIF EXPEDITION: This unique expedition offers an incredible adventure to the remote interior of the frozen continent to climb the tallest peak in Antarctica and one of the storied Seven Summits. Towering above the Antarctic Plain at 16,067'/4,897m, Mount Vinson is the tallest peak in Antarctica and the most remote of the Seven Summits.

For many, an Antarctic expedition to Vinson is one of the most memorable experiences in their mountaineering careers. Climbing in Antarctica is nothing short of an adventure, combining an incredible mountain, challenging conditions, and an unshakeable feeling of exploration as you venture into the most desolate continent on Planet Earth.

Sustainable tourism

Peru Expeditions Tours: Travel Group genuinely cares for the well being of the local communities, indigenous groups and the environment. We practice sustainable tourism to not only protect the Earth now, but so that many generations to come may be able to enjoy our planet as we do now, while also creating a positive, inclusive and creative work environment for our employees.

We are certified by

Our efforts of sustainable practices related to social, cultural and environmental tourism have been recognized and rewarded by the ISO 9001: Quality management for customer satisfaction & CALTUR organization, who are recognized internationally as experts in responsible tourism. **Peru Expeditions Tours** is certified until 2023; the recertification process will be realized before the expiry date.

Contact us

On this page you find examples of what Peru has to offer, do not hesitate to [contact us](#) for more information about its destinations and activities. We offers an exceptional level of competency, safety, and comfort to Antarctica expeditions, with certified guides and the best local staff and cooks available . We

offer you great adventures in Antarctica.

Korobeshko Lyudmila

Manager

Executive Director: First Russian woman to complete 7 Summits.
Third Russian woman to climb Everest.
Mountain guide. Director of 7 Summits Club.
Organizes expedition professionally for over 10 years.
Made over 100 ascents in different countries.
For the year 2016 - 3 Everest Summits

Abramov Alexander

Manager

President of the 7 Summits Club: Master of Sports of the USSR in Mountaineering, Climbing instructor and mountain guide, mountain cameraman. 9th times Everest Summitter, 2 times Seven Summits and 1 - Seven Volcanoes.
Chairman of Trainers' Council of Moscow Climbing Federation. Chairman of Moscow Ice-Climbing Committee.

Grigorievskaya Anastasia

Manager

Manager. Sales Manager. She is our front office sales manager to assist all of our customers from our company 7 Summits Club.

Antartica: Expedition to Mount Vinson (4897m), a trip with a Russian Mountain Guide 7 Summits Club Collection

Trip overview: Santiago, Chile - Punta Arenas - Patriot Hills - Vinson Massif Base Camp - Summit - Vinson Massif BC - Patriot Hills - Punta Arenas

Why go there?

An expedition to Vinson Peak is often called the "Key to Seven Summits". No, the mountain itself does not present serious technical problems, but it is very difficult in terms of getting to it. For that there are two weighty reasons: its utter remoteness and the high price of any expedition there. So, a trip to Vinson Massif is exceptionally interesting and prestigious. So few people have done it!

Our program starts in Punta Arenas (Chile). From there an IL-76 aircraft takes us to Patriot Hills in Antarctica. It is an airstrip belonging to Chile and rented by Americans for their tourist flights. From here a small plane brings us to Vinson Massif Base Camp (BC), where we pitch our tents. From here, having fixed Camp 2 and 3, we start for the summit.

Antarctica is an extremely cold place, even in summer (mild winter rather), but as a compensation we will have the sun all 24 hours, will not need head torches and can save on batteries.

We suggest you should arrive in Punta Arenas at least 3 days before the official start of the expedition. Due to the very unstable weather in that area our out-flight cannot be definitely fixed well in advance: the date has to be adjusted to the weather's whims. The waiting should not be too long (1-3 days), but, alas, a 10 days' one has been recorded.

Description of the region:

The Vinson Massif is a part of the Sentinel Range (Ellsworth Mountains), lying in the west of Antarctica and overlooking the Ronne Ice Shelf. Discovered in 1935 by the American explorer Lincoln Ellsworth, it is the highest

massif on the continent and the highest peak of Antarctica is Mount Vinson - 16,066 ft or 4,897 m.

Note that the itinerary below is just a guideline. We will adapt it as needed depending on weather conditions,

acclimatisation of the team members etc. The flights could be combined on the same day if needed, more time

could be spent in some camps or alternatively, the expedition can be much shorter if all goes well and you could

be back in Chile ahead of schedule.

- 16 Days/15 Nights
- December to January
- Easy

Difficulty Condition

[More Info](#)

Travel Program

Day 1: Arrival in Punta Arenas.

Overnight

Hotel

Flight

Arrival to Antartida.

Driving

1 hour aprox.

Hiking

1 hour aprox

Meals

-/-/-

Day 2: Buying food and equipment if needed.

Overnight

Hotel

Driving

3 hours aprox.

Hiking

5 hours aprox

Meals

B/L/D

Day 3: Briefing in the office. Sorting out, packing and weighing the equipment.

Overnight

Hotel

Driving

1 hour aprox.

Hiking

1 hour aprox

Meals

B/L/D

Day 4: Flight to Union Glacier by Ilyushin-76 plane.

Overnight

Hotel

Driving

3 hours aprox.

Hiking

5 hours aprox

Flight

Go by plane.

Meals

B/L/D

Day 5: Flight to Union Glacier by Ilyushin-76 plane.

Overnight

Hotel

Driving

2 hours aprox.

Hiking

2 hours aprox

Flight

Go by plane.

Meals

B/L/D

Day 6: Acclimatisation day. Preparation for the ascent.

Overnight

Lodge

Driving

2 hours aprox.

Hiking

5 hours aprox

Meals

B/L/D

Day 7: 8 hours walk to Camp 2 (2,900 m) with backpack and sled.

Overnight

Camping

Hiking

5 hours aprox

Meals

B/L/D

Day 8:6 hours acclimatisation climb to Camp 3 (3,900 m) and return to Camp 2

Overnight

Camping

Hiking

5 hours aprox

Climbing

6 hours approx

Meals

B/L/D

Day 9: Acclimatization day

Overnight

Camping

Hiking

5 hours aprox

Climbing

1 hours approx

Meals

B/L/D

Day 10: 6 hours climb to Camp 3 (3,900 m).

Overnight

Camping

Hiking

5 hours aprox

Climbing

6 hours approx

Meals

B/L/D

Day 11: Summit day.

Overnight

Camping

Hiking

5 hours aprox

Climbing

12 hours approx

Meals

B/L/D

Day 12: Extra day in case of bad weather.

Overnight

Camping

Hiking

5 hours aprox

Climbing

6 hours approx

Meals

B/L/D

Day 13: Descent to BC.

Overnight

Camping

Hiking

5 hours aprox

Meals

B/L/D

Day 14: Flight from BC to Union Glacier.

Overnight

Camping

Hiking

5 hours aprox

Meals

B/L/D

Day 15: Flight from Union Glacier to Punta Arenas.

Overnight

Hotel

Driving

1 hours aprox.

Hiking

1 hours aprox

Flight

Go back home by plane.

Meals

B/-/-

Day 16: Flight home

Overnight

Hotel

Driving

1 hours aprox.

Hiking

1 hours aprox

Flight

Go back home by plane.

Meals

B/-/-

Included meals: **B**=breakfast; **L**=lunch; **D**=dinner

Contact: [More information about the expedition.](#)

Glory Ivonin 7 Summits Club managers

Manager-guide of 7 Summits Club for east Africa

www.klub7vershin.ru

www.7summits-club.com

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+7 916 390 88 96 Alex

+7 916 390 88 51 Luda

What's Included

Services included in the prices:

- Meeting and seeing off in Punta Arenas (PA), Chile.
- Hotel reservations in Punta Arenas.
- Obligatory briefing before the departure to Antarctica.
- Flights PA - Union Glacier (UG) and back by Ilyushin-76 plane.
- Flight from Union Glacier to Vinson Massif and back.
- Food and lodging in Antarctica.
- Group equipment for the climb.
- Climbing guide and supporting staff including a doctor for the whole trip.
- Luggage allowance (25 kg on all flights in Antarctica).
- Team jacket (Polartec&Windbloc) with 7 summits Club logo.
- Two T-shirts with 7 summits
- Club logo

Not included:

- Chilean multiple entry visa (when we leave for Antarctica, you are going through immigration and officially leaving Chile and will, therefore, need another visa to re-enter after the climb.)
- International flights to Punta Arenas, Chile (IATA code: PUQ).
- Accommodation and meals in Punta Arenas (we will reserve any hotel you like, but you are responsible for the costs).
- Personal camping and climbing clothing and equipment.
- Extra expenses in Punta Arenas due to flight delays before or after the expedition.
- Extra expenses due to an early return from Antarctica for whichever reason.
- Excess weight, over 25kg (which includes hand luggage!); excess weight is currently charged at USD \$ 77 per kilo (!)
- Medical and evacuation insurance covering climbing to 5000m (with at least 150,000USD in coverage)

Would you like to customize this trip?

Build your tailor made trip in South America with our experts.

Our travel experts will help you plan the trip of your dreams. Customizing every aspect of your holidays in South America to your specific preferences.

[We Provide Satellite Internet access during Treks or Expeditions](#)

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Discover a wide range of travel ideas throughout South America. Every one of our proposals is fully customizable to fit your preferences and make your journey truly unique.

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- [Climb Volcano Tolima](#)

Accordion #1

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

Accordion #2

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut elit tellus, luctus nec ullamcorper mattis, pulvinar dapibus leo.

What to Bring

What to Bring or take fo Day Hiking and Technical Equipment for Climbing Expedition

This equipment list is compiled to provide you with adequate help when choosing your equipment for a climb. Most items are required. Please consider each of them and make sure you understand the function and exclusive use for mountaineering, before substituting or removing items from this list. Please note that this list has been carefully annotated by the organizer. Remember that mountaineering, climbing or mountain expeditions tours is an extreme, risky sport, therefore everything related to it is of great attention.

Equipment Trekking

Hiking backpack for hiking 50 to 60 liters

Light gloves for hiking or (Optional Mittens waterproof)

Medium weight socks

Sleeping bag (-15° to 20°C)

Small daypack for one day hiking 30 liters

Weather-appropriate clothing (think moisture-wicking and layers)

Hiking boots or shoes

Medium weight parka with fibber fill or down

Rain poncho (or rain gear)

Long-sleeved shirts

Fleece or Wool sweater and/or trousers

Lightweight pants

Cotton short-sleeved shirts or t-shirts

Water bottle for hiking or trekking

Strong waterproof duffel bag

Flashlight with spare batteries and bulb

Towel for personal hygiene each participant First-aid kit

Regular and long underwear

Knife or multi-tool

Light cap and wool hat

Sunglasses with UV certification, Sun block, lips

The rest of the list Essentials as appropriate for your hike

Grooming and personal hygiene kit

One Hiking Buff per person

[See More](#)

Equipment Mountain

3 Locking carabiners, we recommended per person

We recommend 2 ice screws for each client

1 Daisy Chain (Life Line) per each person

2 Ice axes (per person) technical, we recommended GRIVEL company

1 ATC descender (Rappel), this is very necessary for technical mountains

2 Cords for prusik, very important (Size Cord 6 mm x 10 m. long)

Gloves (Good gloves) for expeditions over 6000 meters

Harness for climbing

Sleeping pad / Mattress, we recommend with air or inflatable mattress

Crampons, we recommended GRIVEL company

Walking sticks - Trekking Poles (optional), a pair per person, we recommended GRIVEL company

Down Jacket for expedition

Very important to have personal clothing such as pants and jacket with GOROTEX certification

First aid kit, for high mountains, because we as guides cannot medicate clients

Backpack Capacity 60 liters, it is better to have a bigger backpack to go comfortably to the high camps, because here you have to carry all your personal things

Gaiters or Leggings, now modern boots already have built-in (Incorporated), but better to have an extra pair

[See More](#)

Dressing appropriately for the mountains can make the difference between a pleasant trip and a really uncomfortable one. Clothing must provide the right degree of temperature, perspiration and be well ventilated. Preferably cotton clothing should be avoided, as in humid conditions they absorb body heat.

In general, the weather conditions in the Andes of South America can vary from day to day and even throughout the day. Therefore, clothing must be versatile.

Please do not hesitate to contact us with any questions you may have regarding the necessary equipment.

→ If you need to rent mountain equipment click here:

Prices & Dates

FROM/TO

PRICE (USD)

TRAVEL STATUS

06 ENE 2026/ 21 ENE 2026

\$ 69,900

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

31 JUL 2026/ 03 AUG 2026

\$ 69,900

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

31 JUL 2027/ 03 AUG 2027

\$ 69,900

[Join Now](#)

FROM/TO

PRICE (USD)

TRAVEL STATUS

31 JUL 2028/ 03 AUG 2028

\$ 69,900

[Join Now](#)

- Single Supplement (I want my own room and tent) - \$000 on request.

Please note: Insurance for emergency evacuation is required for this trip. [Call for more details.](#)

» Additional dates available upon request

» Rates may vary from July 26th to 31th for the national holidays

Prices (per person):

1 PAX	2 PAX	4 PAX	6 PAX	8 PAX	10 PAX	12 PAX	14 PAX
— USD	— USD	— USD	69,900 USD				

Deposit for reservations: * 5.000,00 USD (380.194,00 Rubles) ✓ Full payment 90 days before. No refund if you cancel less than 90 days!

Places: *Available

Trip-code: Number

Duration: 16 days

Participants: Minimal: 6 Maximal: 12

Country / Location: Antartida

Mountain Guide: Luda Korobeshko and Alexande Abramov, 7 Summits Club managers

Other dates / additional info: [Contact us!](#)

3% early bird discount when booking 6 months prior to departure 2026

Legend Booking-information:

EZZ Single room supplement

On this trip, places are still available.

On this trip, only a few places left.

This trip is sold out / closed.

Korobeshko Ludmila

- **Phone:** +7 (495) 642-88-66

- Executive Director.
- The first Russian woman to complete the 7 Summits Project.
- Visited the North and South Poles.
- The third Russian woman to climb Everest
- World record in the speed of climbing 7 Peaks among women
- Mountain guide. Director of the 7 Summits Club.
- He has been climbing and organizing expeditions for 20 years.
- The last 15 years – professionally.
- He has about 100 ascents of varying degrees of difficulty in various countries of the world.
- In 2016, she climbed the summit of Everest three times. Leader of successful expeditions to Cho Oyu (8201) and Manaslu (8163)

[Read more](#)

Abramov Alexander

- **Phone:** +7 (495) 642-88-66

- President of the 7 Summits Club.
- Master of Sports of the USSR in mountaineering, 54 years old, professional mountaineer. Mountaineering instructor, mountain guide, high-altitude cameraman. Active member of the Russian Geographical Society.
- Initiator and leader of several well-known projects, such as: “7 Peaks”, “Land Rover on Elbrus”.
- He has been climbing and organizing expeditions and competitions for 28 years.

- The last 25 years – professionally.
- Has made more than 150 ascents of varying difficulty in dozens of countries.
- Organizer and participant of 11 Himalayan expeditions.

[Read more](#)

Good advice

The flight times and dates are not fixed and are dependent on the combined weather in Antarctica, the Drake Passage and in Southern Patagonia. Normally the delay is less than 3 days on either side of the expedition, but rare delays of 10 days have occurred in the past, though the changing of main camp position from Patriot Hills to Union Glacier has limited delays a lot. Any delay will not stop the expedition, but they might start and end later than planned. You should be flexible and should not have vital appointments until at least 2 weeks after the scheduled end of the Vinson Expedition. If you run out of time and cannot join your delayed flight to Antarctica, you will lose your payment and spot and there will be no refund or alternative place on a future climb. On the other hand, if the weather cooperates and the climbers are doing well, then we might be back in Chile several days ahead of schedule. So, in any case, make sure you have flexible international flights that allow rescheduling.

Tips guidelines (important information!)

You entrust your life, health, your time and money to the guides. And the guides take this responsibility for you and for the success of the whole trip. They are doing this 24 hours per day. 10-20 USD per day is expected as the normal amount of tips for the Guides and the staff of the program. If you liked everything about the trip, please don't forget to thank them. You can give the tips directly to the Main Guide and he will distribute it among the staff; additionally, you can thank specific staff members.

Necessary travel papers (documents)

- Passport
- Filled in special forms for visiting Antarctica
- Chilean multi visa

By air and by land

The price includes all flights in Antarctica.
Return flight from Punta Arenas to Antarctica
Luggage allowance for these flights (hand + checked luggage) is 25 kg, excess luggage is \$77/kg
Group equipment is divided equally among the members to carry during the ascent.

Accommodation

We can book for you any hotel in Punta Arenas, from 2 to 4 stars. Just name it and pay in cash (or with your credit card) when there.
In Antarctica we stay in strong double tents, 2-3 members to a tent.

Meals

We buy all the necessary food-stuffs in Punta Arenas and the members cook for themselves in the mess tent in BC and in their tents on the route. The guide gives a competent hand. White gas (4 liters per person) is provided for BC and higher.

Staff

One guide per 3-5 clients

Health and medical insurance

The group will have a first-aid kit.
Each member must have insurance with 150 000USD coverage.

Weather

Antarctic summer: when the sky is cloudless the temperature inside a tent is from 0°C to +10°C. Snow storms are frequent visitors and then the temperature can drop to -35°C (on the tops).

Extra expenses

Hotel in Punta Arenas 30-60USD per day
Meals in Punta Arenas 20-40USD per day
Luggage over 25 kg - 70USD per 1 kg

Internet, phone

At Union Glacier Camp you can buy airtime on shared satellite phones or you can bring your own. The guide will have a satellite phone for emergency only, but you can use it against a per-minute fee.

Possibility of renting personal equipment

Please let us know well in advance if you need to rent any gear. The shops in Punta Arenas have limited choice and stock.

Group equipment for BC (provided by 7 Summits Club)

- Mess tent
- Tents in higher camps (2-3 members to a tent)
- Cooking utensils (gas-stoves, pots and pans)
- Satellite phone (\$5 per 1 minute)
- First-aid kit
- Solar battery charger

Group climbing equipment (provided by 7 Summits Club)

- gas-stoves
- kitchen utensils
- snow shovels
- tents for high camps
- rope (50 m)
- walkie-talkies

Personal equipment for BC (not included in the price)

- Sleeping bag (good for -40°C)
- Sleeping mat 2 pax
- Gas-stove
- Personal items for washing
- Personal notebook (if needed)

Climbing equipment

- Crampons (G12 model recommended)
- Backpack (50-60 liters)
- Harness
- 6mm cord for prussic knots
- Screwgate carabiners - 4
- Collapsible ski poles
- Thermos
- Descender (rappel device)
- Ice-axe
- Camera
- Video camera and accessories
- Accumulators (batteries)
- Personal eating utensils for high camps

Clothes and footwear

- Trekking shoes
- Climbing boots (Millet's "Everest" recommended)
- Down jacket + down trousers (or down overalls)
- Gore Tex jacket with a large hood
- Gore Tex trousers
- Polartec Windblock jacket and trousers
- Jacket "Polartec - 100" - 2 items
- Warm underwear - 2 sets
- Polartec gloves - 2 pairs
- Thinsulate gloves
- Thinsulate mittens - 2 pairs
- Warm woolen socks - 4-5 pairs
- Balaclava
- Warm hat
- Polartec Windblock face mask
- UV glasses
- Ski goggles (preferably)
- Gaiters

Hans Honold | Certified Mountain and Ski Guide

For a trip with a Professional Certified Mountain Guide from abroad with your own language that you speak, please request us to get in touch. We have guides working for our company from all over the world who are members of IVBV/UIAGM/IFMGA Certified Guides.

- **Tel:** [+49\(0\)7344 929144-0](tel:+49073449291440)

[More information](#)

We are a Private Company with a Specialized Peruvian Andean Rescue Team "Socorro Andino Peruano", offering expert High Mountain Rescue Services. Additionally, we provide satellite internet access during treks or expeditions, ensuring the safety and connectivity of our clients at all times. For more information, feel free to contact us via email or phone

- **Tel:** [+1 \(617\) 459-4200](tel:+16174594200)

[More information](#)

Frequently Asked Questions

What our travelers or clients always ask questions before joining our trips, tours & expeditions, read all the information provided here.

Suggested FAQs

[What experience and how fit do I need to be to climb this mountain? Is this program suitable for children or older people?](#)

For our mountain climbing trips: If they are easily accessible mountains: For easy-climb mountains, well, you don't need much experience, but if you already want to climb mountains above 6,000 meters and the conditions become more difficult, we recommend if you already want to go through mountains above 6,000 meters, have a basic or intermediate course for a good preparation. It is very important to be physically, technically and psychologically prepared.

Regarding the preparation of children: Everything will depend on which mountain you want to climb with your children, once you are clear on which of our tours or mountains you want to go with your children, we can give you some advice or see how to prepare them before going with them.

Regarding older people: It all depends on the condition of experience and how well the person is in health, on many occasions older people are the best to walk in the mountains because they have more experience, so it is always good to ask and find out about their experience of older participant. If you have any other questions, please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Will I need to bring any technical equipment of my own? Is it possible to rent equipment, and if so, what would be the approximate cost of that?](#)

In all our trekking or mountaineering trips we do not include personal equipment in our prices, so you have to have your own equipment: Personal equipment (such as boots, ice ax, crampons, harness, sleeping bag, mat, Goretex, etc.) and also within each page of the trips that we sell is a small list so you can see it on our website.

Our company can also rent the materials that you would need for your trip, see the list here on our website: <https://peru-expeditions.org/equipment-rental/> . **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Are there any other special requirements such as permits/insurance/vaccines that I need to consider before the tour?](#)

Safe and effective vaccines are available that provide strong protection against serious illness, hospitalization and death from COVID-19. Billions of people have been vaccinated against COVID-19. Getting vaccinated is one of the most important things you can do to protect yourself against COVID-19, help end the pandemic and stop new variants emerging.

We also recommend having accident insurance, we always recommend. We are **Partners -Global Rescue**. If you have any other questions about the trip we can schedule a date for a calling via WhatsApp.

For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)

[What experience do I need to have? How fit do I need to be? Is this program suitable for children or older people?](#)

To do long-distance hiking you need to at least train or do some tours such as visiting lagoons to get the experience and feel comfortable with what you do, it is always good before doing a long-distance hiking tour to test yourself so as not to be with the problems of altitude sickness during the trekking, and if you travel with children it is good to first train them before taking them, if they are accompanied by an adult of legal age, they must do a good acclimatization before going on the long-distance tour or with high altitude camps. If you want to know or learn more advice, we can schedule a call via WhatsApp to clarify your doubts. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[How far in advance should I start training and what kind of training do you suggest?](#)

The preparation is according to what type and what technical level you want to go and climb a trek or mountain, the preparation will always gain experience little by little.

For this type of demanding or technical climbing sports, it is recommended to do some summits above 5 thousand meters beforehand and have good knowledge of high mountain technical equipment such as the use of technical ice axes, ice screws, correct use of crampons, and of course all the technical material. For more information, we can schedule an appointment to be able to explain in more detail everything about the mountain equipment and the preparations prior to joining our outings. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What is the average distance and altitude gain that we will hike each day?](#)

Every day we have active walks around approximately 4, to 5 sometimes 6 hours of walking, everything is according to your pace and physical condition of each person, in each of our travel programs you will find more detailed information, and if you need more information about each day of the travel program, we can schedule a call via WhatsApp to clarify your doubts or questions, for this please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Will there be porters to help to carry group and personal equipment?](#)

In our trips, either hiking or mountaineering: Depending on the type or destination of the trip that you are going to book, in some parts of the treks you go with mules or donkeys or sometimes with horses, and within the mountain trips, the approach camps are also. They go with mules or donkeys, but there are some stretches where pack animals can no longer reach. In this part, our logistics is fully supported by the porters.

Who are the porters? They are people from the area who were born and live in the heights of the towns, they are very strong and are very acclimatized, the reason is that after the tourist season ends they dedicate themselves to agriculture and livestock for that reason they are people. They are used to the altitude and have lived in nature all their lives and they are happy to be in the mountains together with our expeditions. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[How will accommodation and meals be handled during the trek?](#)

About accommodation or meals during the tour: Well, depending on the type of tour, when the tour is a classic cultural tour or a city tour, we eat during the route in tourist restaurants and sleep in category hotels that the client has requested.

If the tour is with camps and trekking: During the activity, logistics we include the service of Breakfast, Lunch, and Dinner with traditional and typical meals of the region where you are going to travel with us, during the night we stay in tents, and we have a special tent for the kitchen and another for the dining room.

If the trip is at altitude or in the mountains: We bring special high mountain food, It are quicker meals to cook and we provide complete logistics such as Breakfast, Lunch and Dinner, and we sleep in special 4-season high mountain tents, with the best tents. If you have any questions or concerns, we can schedule an appointment via Whatsapp to clarify all your doubts and give you better information so that your trip is an unforgettable tour.

[What is the guide-to-client ratio to climb this mountain?](#)

In mountains above 5000 meters: A local guide takes a maximum of 3 clients = Ratio 3pax = 1 local guide

In technical mountains: In large-big mountains we manage the travel policy, a guide and a maximum of 2 clients = Ratio 3pax = 1 local guide. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[What is the best time of the year to climb this mountain?](#)

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

[Do I have what it takes to succeed on this expedition?](#)

In the interest of the team's enjoyment and success, we work with every single guest to ensure they are properly prepared and ready for this expedition. We pride ourselves on vetting every member to make sure that the team can bond and succeed together. It really sucks to be grouped with members that are much faster, or much slower, than you are. No one wants to be the weakest link on a trip like this. By setting expectations and a solid training plan, we work to insure maximum cohesive success. Use this trip as an exercise motivator, and we will succeed together with style.

[How can I get to the trailhead/meeting point?](#)

For the pick-ups of each trip, depending on the place or the trip that you are going to make with us, the meeting point is always at our office, in one of our trips we pick you up where you are staying or staying, or in some cases a A representative of our company will pick you up and then ship you to your transport to

continue with your destination of the tour or trip you have booked with us. If you wish to request more information, do not hesitate to contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What is the best time of the year for this hike?

For all the trips that we offer within our main tourist destinations such as South America and Central America, also including the ascent of the 7 continents and the 7 highest peaks of each continent, on each page of our website for each trip we indicate that month or what season to travel, then please read the information you find in our travel offers for each tour. If you have any other questions you can contact us by WhatsApp with one of our travel experts. Thank you so much. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

What happens in the event of bad weather?

About the meteorological conditions of the climate, we try to organize the trips of each tour in the best season to have the best views and enjoy the selected trip but sometimes even in good season we can have bad weather, in this case on hiking or treks trips the complications are minimal, but when this happens during high-altitude climbing expeditions, the complications can become very difficult, that is why the bosses or leaders of the local guides must always make the most correct decision for the safety of our passengers, so we always recommend listening to the best advice from the local guide assigned for each tour. If you have any other questions please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Can I join a group?

We as a local company and connoisseurs of tours have departures on different dates. The best thing to do is to join a travel group to take care of your budget, and of course you can join our groups, but on trips like mountaineering we recommend going in small groups. To join a group, ask us for the dates and we will send you the necessary information to be able to join any of our trips.

Why go in a private trip: For trips whether trekking or high mountains, going privately is the most recommended option, but the costs are more expensive. So, if one joins a group, the prices will be more reasonable. In the mountains, the only disadvantage is if you are in a wall with another partner and if one of the participants gets tired or gets sick. In this case, you have to abort or cancel the summit and return together. For more information, contact us. We can schedule a call via WhatsApp to clarify all your questions.

In a mountain, for example, if 3 people go and one of the participants falls ill on the route, for security reasons they have to cancel or abort the summit or return all together. The same in a technical mountain if the climbing partner gets sick they all have to return, for these reasons sometimes it is better to go private only because for a single person the costs are more expensive for the same reason that the trip would already be private .

For more information please contact us. **For calls or inquiries to this number: [+51 943 081 066](tel:+51943081066)**

Additional information

We help in the purchase of air tickets: we set up convenient flight options with each participant of the trip and book tickets such as international flights and domestic flights in each destination city of the

countries that we offer our trips. We recommend you booking international flights tickets well in advance so we can find current flights offer prices from the airlines. In order for us to search for and book your flight, please contact us and we will be happy to help you!. → [More information click here](#)

About a Satellite Phone or inReach® Messenger - GARMIN: On each trip we recommend having a satellite phone at your disposal. The possibility of quick contact from anywhere on the mountain will guarantee your safety on the road. In case of need (for example, contact with the family or the travel company), for this service the participants have to request to rent a satellite phone, of course this service has an additional cost, contact us or ask our office for more information. A practical device is to have an inReach® Messenger - GARMIN also helps for any emergency. → [More information click here](#)

Many of the participants or clients of our adventures, hikes and expeditions in the mountains are people who sign up alone, but in some of our trips you will be able to find a travel partner companion to join a group. We have many options for you from day tours, short treks, long duration tours, and even the most extreme climbing high mountains on each country or South American continent and other destinations, as like the destinations you can see on our website. The mountains are a great place for rapid integration and a very healthy sport. → [More information click here](#)

Our mountain guides or tour leaders: All of our Tour Leaders are multiple conquerors of the peaks they lead the expeditions to. Each of our cultural guides, high mountain guides, mountainbike guides, among others are internationally recognized and certified guides, such as the certifications of **(UIMLA)** Union of International Mountain Leader Associations & **(IFMGA)** International Federation of Mountain Guides Associations. The mountaineering experience, skills and knowledge of your guides are a priority for us. → [More information click here](#)

VISA

CURRENCY

VACCINATIONS

FIRST AID KIT

WHY CHOOSE US?

JOIN A GROUP

VISA

VISA NEEDED

Citizens traveling for tourism purposes are exempt from the **visa requirement for up to 90 days.**

The passport must be valid for at least 6 months from the date of return to the country.

There are some countries that have some restrictions on the visa to be able to **visit some countries in the world**, for this important information request us to be able to give you more exact information, since the information changes every year and then to be able to provide you for more accurate updated information, → [contact us!](#)

CURRENCY

CURRENCY EXCHANGE DEPENDING ON WHERE YOU ARE:

Local money | \$1 = 000 | EUR 1 = 000 = Let us to know which destination would you like to travel to so we can send you the current information of the day to your → [E-mail](#), or by [WhatsApp](#).

Local currency is exchanged on site. You can change both dollars and euros, the two currencies are the most used. We recommend taking bills of different denominations.

ATMs are available in the larger cities. Attention! We avoid dollars from the years 1996-2006 (some series from these years are not accepted at all). It is better to take dollars issued after 2006 to better the most recent of the current year.

VACCINATIONS

VACCINATIONS BEFORE YOU LEAVE

Compulsory vaccinations:

- They are not required

Recommended vaccinations:

- Hepatitis A and B (3 doses: 0/1/6 months, at least 2 doses administered at least 2 weeks before departure)
- Tetanus
- Diphtheria
- Typhoid fever
- Yellow fever (yellow fever)
- Antimalarial prophylaxis is recommended for traveling in the jungle area

In some destinations that you are going to visit, the information that is on our website may not be updated. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

FIRST AID KIT

TRAVEL FIRST AID KIT

Everyone should have a personal first aid kit, and in it: medicines against diarrhea and stomach problems (sometimes appearing when the bacterial flora changes), painkillers and medicines for the throat. In addition, good creams with a UV filter or so-called blockers (sun radiation in the mountains is very high).

ATTENTION! Due to parasites and bacteria for drinking, we recommend using mineral water in the original bottle and boiled. To have more precise information, contact us by → [E-mail](#) or [WhatsApp](#) and we will provide you with more detailed information.

WHY CHOOSE US?

WHO ARE WE AND WHY CHOOSE US?

We are a travel agency that provides authentic and innovative experiences with a respectful relationship with the socio-cultural customs, the environment and the regulations of the countries we promote. We are characterized by the personalization of our tourist services, with empathy, attitude and professionalism; turning customer dreams into reality and exceeding their expectations. We are "Registered Travel and Tourism Agency". To know more about → [US click here please!](#)

The company Peru Expeditions Tours has the most experience in organizing commercial ascents and complex high-altitude expeditions.

We have the most **experienced and qualified guides** for cultural trip, climbing tours, MTB tours, Ski tours, including famous climbers.

We always give away team **jerseys-T-shirts, buffs, or a cap as a gift**

Good own **personal tents to live in height** and special big tents to dine inside the trekking or mountain.

The highest percentage of **successful ascents**.

We provide the best living and eating conditions. We take into account the peculiarities of nutrition (**you can order a vegetarian menu**).

Free conferences in the office with **own videos material and photographs**

JOIN A GROUP

ARE YOU LOOKING FOR A TRAVEL PARTNER?

Join a group with us: Trekking, hiking and expeditions. What is your profile? Are you planning to go on a trek or expedition in South America and you are not yet sure about the most suitable offer? If you are looking for a partner, we have the solution. **Peru Expeditions Tours** has some groups that you can join and share you experience with on an unforgettable journey. (« Upcoming Trips / Upcoming Departures / Open groups / Confirmed / Trips Guaranteed 100% ») **WHERE WOULD YOU LIKE TO CLIMB, WALK, HIKE, AND TREK?** For more information please click here! → [JOIN A TRIP WITH US!](#)

Why Travel with us

Your Safety is Our Priority

Expert Guides

Sustainable Tourism

Andean Chefs

Food on the Trail

Small Groups

- Recommended Tours
-

[Mount Everest 5](#)

[Asia 39 Days/38 Nights](#)

[Mount Kilimanjaro 5](#)

[Africa 09 Days/08 Nights](#)

[Recommended](#)

[Mount Vinson 5](#)

[Antartica 16 Days/15 Nights](#)

[Recommended](#)

[Mount McKinley 5](#)

[USA 23 Days/22 Nights](#)

Reviews

Leave a Reply

YOU ARE AN ADVENTURE LOVER and you want to experience something **extraordinary and extreme?**

You are an adventure lover and you dream of leaving with a thrill. **Peru Expeditions Tours** is also an option for you. Take advantage of our travel offer that we have for you!

“We don’t sell tours, we provide memorable lifetime experiences.”

We are a recognized tour operator **100% peruvian company** that specializes in adventure and traditional tours service.